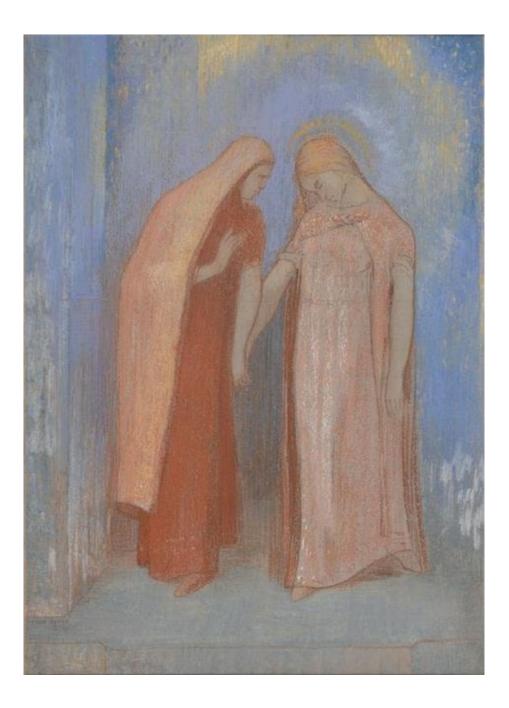
THE FOURTH SUNDAY OF ADVENT DECEMBER 22, 2024 9:00 AM





WELCOME TO ST. MICHAEL'S!

WE MANIFEST JOY through vibrant worship, beautiful music, and the active participation and nurturing of our children and youth.

WE EMBRACE RESILIENCE by learning each other's stories, proclaiming the Good News of God's unconditional love, and strengthening our capacity to hope.

WE SEEK JUSTICE by advocating for political change, continuing our work as an Immigrant Welcoming Congregation, and striving to understand our role in social, economic, and racial inequality.

WE LIVE IN LOVE through our Baptismal Promises to welcome and respect the dignity of every human being, care for God's creation, and engage in the ministry of Jesus to bring light, healing, and grace to our world.

We are grounded in the Episcopal Church tradition, expressed from the creative perspective of our community. We are learning how to live into the bilingual and multicultural diversity of our congregation, and seeking silence and stillness to glean insight from the Holy Spirit among us.

St. Michael & All Angels, located in Multnomah County, rests on the traditional homelands of the Multnomah, Kathlamet, Clackamas, Molalla, Tumwater, Watlala bands of the Chinook, the Tualatin Kalapuya, and many other indigenous nations of the Columbia River. We acknowledge the ancestors of this place and understand that we are here because of the sacrifices forced upon them. By recognizing these communities, we honor their legacy, their lives, and their descendants. Episcopal worship gathers the hearts and prayers of everyone present and involves call and response between the leader and the assembly. You'll find the responses of the community here, in bold type, marked "People."

Children are welcome here, voices and wiggles and all! While the very young (infants to five years) are invited to play in our childcare room on the lower level, children may prefer to remain in worship with their families. Early in the service, school-age children (generally, grades K-5) will be invited downstairs for their Liturgy of the Word, and they return to the gathered community before Communion. Also, coloring and reading books for children are located at the back of the church.

We'd love to know more about you! Please fill out a welcome card from the pew, place it in the offering plate when it comes by, and we'll be in touch to get to know you. You may also email us using the addresses listed on the back cover.

Thank you for coming together!

St Michael & All Angels Episcopal Church acknowledges the gifts of sacred music written by African Americans, indigenous peoples and all people of color. This music enriches our liturgies, and we are grateful for these musicians. Music of oppressed cultures has been appropriated by the dominant culture without an appreciation of the pain and suffering experienced by its creators. We repent and commit to the work of racial justice and ending racism.

Cover: Redon, Odilon, 1840-1916. The Visitation, from Art in the Christian Tradition, a project of the Vanderbilt Divinity Library, Nashville, TN. https://diglib.library.vanderbilt.edu/act-imagelink.pl?RC=58653 [retrieved December 15, 2024]. Original source: https://collections.louvre.fr/en/ark:/53355/cl020036766.

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THE COMMUNITY GATHERS FOR WORSHIP

PRELUDE

Magnificat V, Op. 18, No. 14

Marcel Dupré (1886-1971)

"He remembering his mercy hath holpen his servant Israel; as he promised to our forefathers, Abraham and his seed forever."

Please stand as able



^{...} continued on the next page



Words: Basque carol; para. Sabine Baring-Gould (1834-1924). Music: *Gabriel's Message*, Basque carol; harm. Edgar Pettman (1865-1943). Copyright © 1961 B. Feldman and Co Ltd., trading as H. Freeman & Co. Reproduced by permission of EMI Music Publishing Ltd. 138-140 Charing Cross Road, London WC2H OLD, England.

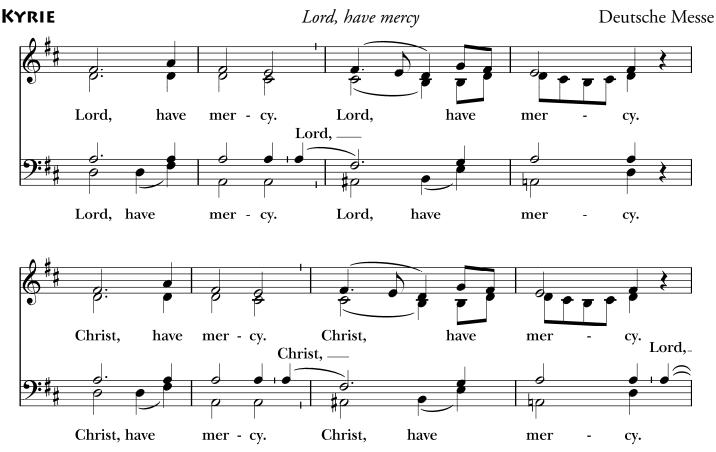
THE GREETING

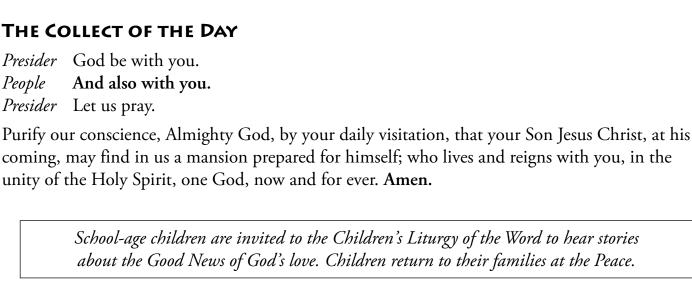
Presider	Blessed are you, holy and living One.
People	You come to your people and set them free.

THE COLLECT FOR PURITY

Please say together

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.





Please be seated

THE FIRST READING

Lector A reading from the prophet Micah.

The prophet foretells that a ruler will come from Bethlehem, bringing peace and shepherding God's people with strength and authority, whose greatness will extend to the ends of the earth.

Hear what the Spirit is saying to God's people.

Thanks be to God. People

Micah 5:2-5a

mer Lord, have Lord, have cy. mer - cy. Lord, have mer - cy, have mer cy. Ø Lord, have mer - cy, have mer cy.

Lord,

cy.

have

mer - cy.

Lord,_

Music: From Deutsche Messe; Franz Peter Schubert (1797-1828); arr. Richard Proulx (b. 1937). Copyright © 1985 GIA Publications. Inc.

THE COLLECT OF THE DAY

Lord,

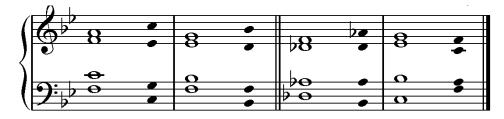
have

mer

d0

Presider God be with you. People And also with you. Presider Let us pray.

THE CANTICLE



My soul proclaims the greatness of the Lord,

my spirit rejoices in God my / Savior; *

for he has looked with favor on his lowly / servant.

From this day all generations will call me / blessed: *

the Almighty has done great things for me, and holy is his / Name.

He has mercy on those who / fear him *

in every gene-/-ration.

He has shown the strength of his / arm, *

he has scattered the proud in their con-/-ceit.

He has cast down the mighty from their / thrones, * and has lifted up the / lowly.

He has filled the hungry with / good things, * and the rich he has sent away / empty.

He has come to the help of his servant / Israel, * for he has remembered his promise of / mercy,

The promise he made to our / fathers, *

to Abraham and his children for / ever.

Please remain seated

THE SECOND READING

Hebrews 10:5-10

Lector A reading from Hebrews.

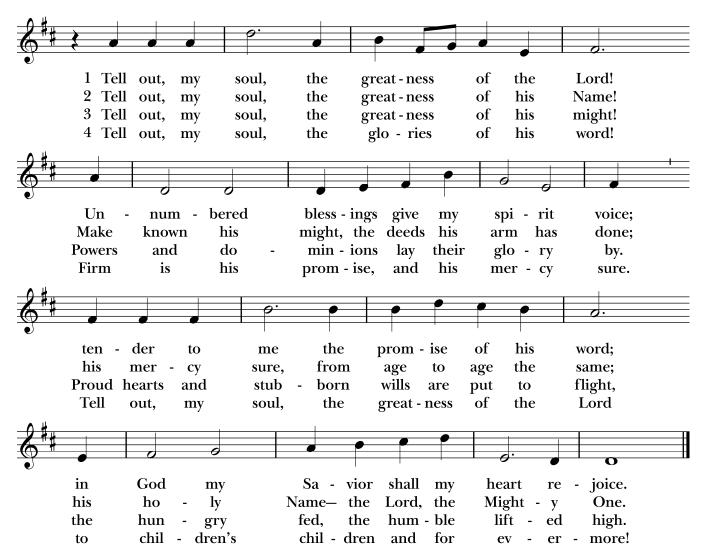
Christ, in coming into the world, fulfills God's will by offering His body as the perfect sacrifice, replacing the old system of animal sacrifices and sanctifying believers once and for all.

Hear what the Spirit is saying to God's people.*People* Thanks be to God.

SEQUENCE HYMN 438

Tell out my soul

Woodlands



Words: Timothy Dudley-Smith (b. 1926); based on *The Song of Mary*. Copyright © 1962 by Hope Publishing Company Carol Stream, IL 60188. All Rights Reserved. Used by permission. Music: *Woodlands*, Walter Greatorex (1877-1949), alt. By permission of Oxford University Press.

Please remain standing as able

THE GOSPEL

The Deacon or Priest says

The Holy Gospel of our Savior Jesus Christ, according to Luke.

People Glory to you, Lord Christ.

Mary visits Elizabeth in the hill country of Judea, where Elizabeth, filled with the Holy Spirit, joyfully blesses Mary and the child in her womb. Mary responds with praise to God.

The Gospel of the Lord.PeoplePraise to you, Lord Christ.

Luke 1:39-45

Please be seated

THE SERMON

Please observe a moment of quiet reflection

Please stand as able

THE NICENE CREED

Please say together

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate of the Holy Spirit and the Virgin Mary and became truly human. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father, who with the Father and the Son is worshiped and glorified,

who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

Please remain standing as able

THE PRAYERS OF THE PEOPLE

The Deacon or Priest says

Let us pray for the Church and the world.

The Leader and People pray responsively

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world. In your mercy, **Hear our prayer.**

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good. In your mercy,

Hear our prayer.

Give us all a reverence for the earth as your own creation, that we may work to renew all life and share the abundance of the earth in service to one another, and to your honor and glory. In your mercy,

Hear our prayer.

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us. In your mercy,

Hear our prayer.

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation. We especially pray for all on our prayer list and those we name in our hearts or with our voices.

Pause for the offering of additional prayers.

In your mercy,

Hear our prayer.

We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

Pause for the offering of additional prayers.

In your mercy,

Hear our prayer.

The Presider says

O God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all in need of help; for you are gracious, lover of souls, and to you we give thanks, now and for ever. Amen.

THE CONFESSION

Presider Let us confess our sins to God.

- All God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.
- *Presider* Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

THE PEACE

The Presider saysThe peace of Christ be always with you.PeopleAnd also with you.

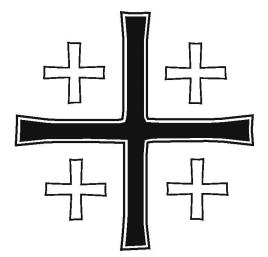
Please greet each other with a sign of peace

Please be seated

A WORD OF WELCOME

A PRAYER FOR BIRTHDAYS AND MILESTONES

O God, our times are in your hand: Look with favor, we pray, on your servants as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their lives; through Jesus Christ our Lord. Amen.



THE HOLY COMMUNION

THE OFFERTORY

The Presider says the Offertory Bidding

Let us with gladness present the offerings and oblations of our life and labor to God.

OFFERTORY ANTHEM

Bogoroditse Dyevo

Sergei Rachmaninoff (1873-1943)

Bogoróditse Dyévo, ráduisya, Blagodátnaya Maríye, <u>G</u>ospód s tobóyu. Blagoslovyéna ty vzhená<u>kh</u>, i blagoslovyén plod chryéva tvoyevó, yáko Spása rodilá yesí dush náshi<u>kh</u>.

Rejoice, O Virgin Theotokos, Mary full of grace, the Lord is with Thee. Blessed art Thou among women, and blessed is the fruit of Thy womb.

Please stand as able

THE GREAT THANKSGIVING

Enriching our Worship, Prayer 2

PresiderThe Lord be with you.PeopleAnd also with you.PresiderLift up your hearts.PeopleWe lift them up to the Lord.

Presider Let us give thanks to God.

People It is right to give our thanks and praise.

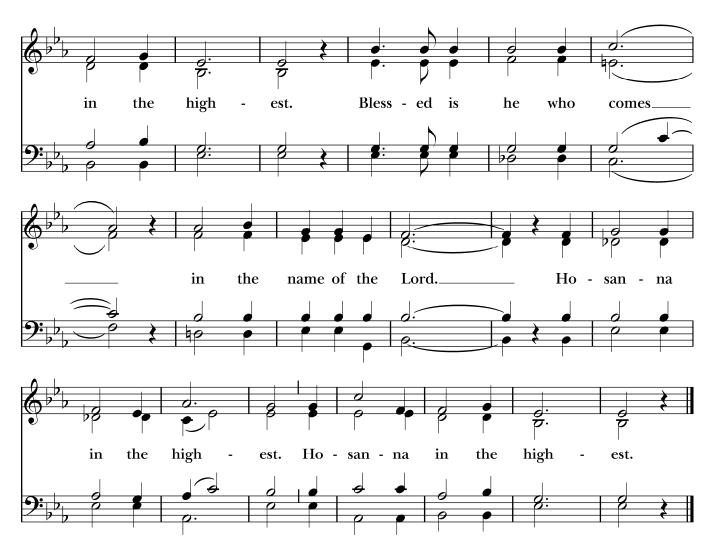
The Presider continues

We praise you and we bless you, holy and gracious God, source of life abundant. From before time you made ready the creation. Your Spirit moved over the deep and brought all things into being: sun, moon, and stars; earth, winds, and waters; and every living thing. You made us in your image, and taught us to walk in your ways. But we rebelled against you, and wandered far away; and yet, as a mother cares for children, you would not forget us. Time and again you called us to live in the fullness of your love.

And so this day we join with Saints and Angels in the chorus of praise that rings through eternity, lifting our voices to magnify you as we sing:

SANCTUS





Music: From *Deutsche Messe*, Franz Peter Schubert (1797-1828); arr. Richard Proulx (b. 1937). Copyright © 1985 GIA Publications, Inc.

The Presider continues

Glory and honor and praise to you, holy and living God. To deliver us from the power of sin and death and to reveal the riches of your grace, you looked with favor upon Mary, your willing servant, that she might conceive and bear a son, Jesus the holy child of God.

Living among us, Jesus loved us. He broke bread with outcasts and sinners, healed the sick, and proclaimed good news to the poor. He yearned to draw all the world to himself yet we were heedless of his call to walk in love. Then, the time came for him to complete upon the cross the sacrifice of his life, and to be glorified by you.

On the night before he died for us, Jesus was at table with his friends. He took bread, gave thanks to you, broke it, and gave it to them, and said: "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine. Again, he gave thanks to you, gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Now gathered at your table, O God of all creation, and remembering Christ, crucified and risen, who was and is and is to come, we offer to you our gifts of bread and wine, and ourselves, a living sacrifice. Pour out your Spirit upon these gifts that they may be the Body and Blood of Christ. Breathe your Spirit over the whole earth and make us your new creation, the Body of Christ given for the world you have made.

In the fullness of time bring us, with Blessed Mary and all your saints, from every tribe and language and people and nation, to feast at the banquet prepared from the foundation of the world.

By Christ, and with Christ, and in Christ, in the unity of the Holy Spirit all honor and glory is yours, Almighty God, now and for ever. **AMEN**.

THE LORD'S PRAYER

The Presider says

And now, as our Savior Christ has taught us, we are bold to say

All Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE BREAKING OF THE BREAD

The Presider breaks the consecrated Bread. A period of silence is kept.

FRACTION ANTHEM



Music: From *Deutsche Messe*; Franz Peter Schubert (1797-1828); arr. Richard Proulx (b. 1937). Adaptation: Copyright © 1985 GIA Publications, Inc.

THE INVITATION

Presider: The gifts of God for the People of God.

All are welcome to share in Holy Communion.

Please be seated until invited by the Ushers to move forward to stand or kneel at the altar. To receive only a blessing, place arms in an "x" across your chest as the priest approaches. To share the bread, extend hands open, palms up, one on top of the other. To share the cup, take hold of the base and guide it to your mouth. If not desiring to receive the wine, fold arms in an "x" over your chest as the cup passes by.

ORGAN VOLUNTARY

COMMUNION MOTET *Magnificat*" from *The "Short" Service*

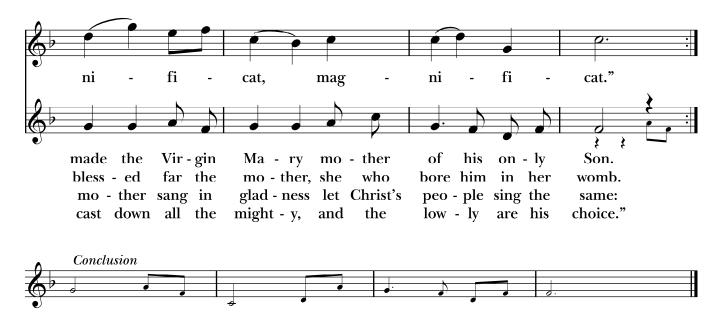
Orlando Gibbons (1583-1625)

My soul doth magnify the Lord, * and my spirit hath rejoiced in God my Savior. For he hath regarded * the lowliness of his handmaiden. For behold from henceforth * all generations shall call me blessed. For he that is mighty hath magnified me, * and holy is his Name. And his mercy is on them that fear him * throughout all generations. He hath showed strength with his arm; * he hath scattered the proud in the imagination of their hearts. He hath put down the mighty from their seat, * and hath exalted the humble and meek. He hath filled the hungry with good things, * and the rich he hath sent empty away. He remembering his mercy hath holpen his servant Israel, * as he promised to our forefathers, Abraham and his seed for ever.

Glory to the Father, and to the Son, and to the Holy Spirit: * as it was in the beginning, is now, and will be for ever. Amen.



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Words: Sts. 1-3, Vincent Stuckey Stratton Coles (1845-1929), alt.; st. 4, F. Bland Tucker (1895-1984) metrical *Magnificat*. Copyright © Church Pension Fund, Music: *Julion*, David Hurd (b. 1950). Copyright © 1983, G.I.A. Publications, Inc.

Please stand as able

SENDING OUT OF EUCHARISTIC VISITORS

Presider In the name of this congregation we send you forth to share this Eucharist with N.

All You carry the prayers of us all as you take this Sacrament of Christ's presence. May those who receive it be strengthened and encouraged in the life we find together in our Lord Jesus Christ. Amen.

PRAYER AFTER COMMUNION

Presider Let us pray.

All God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen.

THE BLESSING

The presider blesses the people, saying

Please remain standing

HYMN 56, V. 1-2, 6-8 O come, O come, Emmanuel

Veni, veni, Emmanuel



The stanzas may be used as antiphons with "The Song of Mary" on the dates given.

Words: Latin, ca. 9th cent.; ver. *Hymnal 1940*, alt. Copyright © The Church Pension Fund. Music: *Veni, veni, Emmanuel*, plainsong, Mode 1, Processionale, 15th cent.; adapt. Thomas Helmore (1811-1890); acc. Richard Proulx (b. 1937).

THE DISMISSAL

The Deacon or Priest dismisses the people, saying Let us bless the Lord.

People Thanks be to God.

POSTLUDE

Dance: Gabriel's Message

Michael Bedford (b. 1949)

Assisting in the Service Today

VESTRY

Presider & Preacher	The Rev. Charlie Foss
Organist	Hannah Brewer
Choir	St. Michael's Singers
Choir Director	Brian Fairbanks
Crucifer	Sam Harkins
Acolyte	Charlie LeBaron, George LeBaron
First Lector	Marili Reilly
Second Lector	Julie Romberg
Prayer Leader	Elizabeth Rouffy
Eucharistic Ministers	Jim Robbins, Becky Tooley
Livestream Tech	Joplin Henry, Sundance Henry
Ushers	Joe Afryl
Bread Baker	Marie Bagwell
Altar Guild	Stephanie English, Richard Hartman,
	Josh English, Jeanne Pace
Coffee Hosts	Christine Lentz and David Lentz
Eucharistic Visitors	Charlene Sabin to Kate Skelton, Jan Plog
	Sue Harper to June Gravengaard

Senior Warden	Thrina Parent
Junior Warden-Facilities	Carl Braginsky
Junior Warden-People	Sheri O'Brien
Parish Clerk	Becky Tooley
Treasurer	Dave Reilly
First Year	Joe de Luna, Elizabeth Rouffy
	Kevin Warren, Ann Wetherell
Second Year	Lindsay Gutiérrez, Ann Hargraves
Patrick	McLaughlin, Susie Silva-Strommer
Third Year	Carl Braginsky, Beth llem
	Sheri O'Brien, Thrina Parent
Diocesan Convention De	elegates Sherri Afryl
(Cheryl Braginsky, Barbara Mason,
Karen	Oglesby, Lynda Moses (Alternate)

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