

# THE FOURTH SUNDAY OF ADVENT

DECEMBER 22, 2024

11:00 AM



ST. MICHAEL & ALL ANGELS

EPISCOPAL CHURCH



SAN MIGUEL Y TODOS LOS ÁNGELES

IGLESIA EPISCOPAL

# WELCOME TO ST. MICHAEL'S!

**WE MANIFEST JOY** through vibrant worship, beautiful music, and the active participation and nurturing of our children and youth.

**WE EMBRACE RESILIENCE** by learning each other's stories, proclaiming the Good News of God's unconditional love, and strengthening our capacity to hope.

**WE SEEK JUSTICE** by advocating for political change, continuing our work as an Immigrant Welcoming Congregation, and striving to understand our role in social, economic, and racial inequality.

**WE LIVE IN LOVE** through our Baptismal Promises to welcome and respect the dignity of every human being, care for God's creation, and engage in the ministry of Jesus to bring light, healing, and grace to our world.

We are grounded in the Episcopal Church tradition, expressed from the creative perspective of our community. We are learning how to live into the bilingual and multicultural diversity of our congregation, and seeking silence and stillness to glean insight from the Holy Spirit among us.

Episcopal worship gathers the hearts and prayers of everyone present and involves call and response between the leader and the assembly. You'll find the responses of the community here, in bold type, marked "People."

Children are welcome here, voices and wiggles and all! The very young (infants to five years) are invited to play in our childcare room on the lower level, though some children prefer to remain in worship with their families. Early in the service, school-age children (generally, grades K-5) will be invited downstairs for their Liturgy of the Word, and they return to the gathered community before Communion. Also, coloring and reading books for children are located at the back of the church.

We'd love to know more about you! Please fill out a welcome card from the pew, place it in the offering plate when it comes by, and we'll be in touch to get to know you. You may also email us using the addresses listed below.

Thank you for coming together!

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St. Michael & All Angels, located in Multnomah County, rests on the traditional homelands of the Multnomah, Kathlamet, Clackamas, Molalla, Tumwater, Watlala bands of the Chinook, the Tualatin Kalapuya, and many other indigenous nations of the Columbia River. We acknowledge the ancestors of this place and understand that we are here because of the sacrifices forced upon them. By recognizing these communities, we honor their legacy, their lives, and their descendants.

St Michael & All Angels Episcopal Church acknowledges the gifts of sacred music written by African Americans, indigenous peoples and all people of color. This music enriches our liturgies, and we are grateful for these musicians. Music of oppressed cultures has been appropriated by the dominant culture without an appreciation of the pain and suffering experienced by its creators. We repent and commit to the work of racial justice and ending racism.

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Cover: Wesley, Frank, 1923-2002. Visitation, from *Art in the Christian Tradition*, a project of the Vanderbilt Divinity Library, Nashville, TN. <https://diglib.library.vanderbilt.edu/act-imagelink.pl?RC=59162> [retrieved December 15, 2024]. Original source: Estate of Frank Wesley, [http://www.frankwesleyart.com/main\\_page.htm](http://www.frankwesleyart.com/main_page.htm).

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# THE COMMUNITY GATHERS FOR WORSHIP

## PRELUDE

*Magnificat V, Op. 18, No. 14*

Marcel Dupré  
(1886-1971)

"He remembering his mercy hath holpen his servant Israel;  
as he promised to our forefathers, Abraham and his seed forever."

## A WORD OF WELCOME

## PRAYER FOR BIRTHDAYS AND MILESTONES

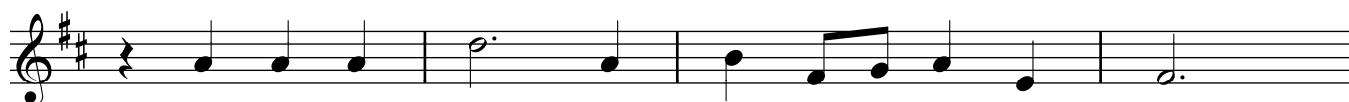
O God, our times are in your hand: Look with favor, we pray, on your servants as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their lives; through Jesus Christ our Lord. Amen.

*Please stand as able*

## HYMN 438

*Tell out, my soul*

Woodlands



1 Tell out, my soul, the great-ness of the Lord!  
2 Tell out, my soul, the great-ness of his Name!  
3 Tell out, my soul, the great-ness of his might!  
4 Tell out, my soul, the glo-ries of his word!



Un - num - bered bless - ings give my spi - rit voice;  
Make known his might, the deeds his arm has done;  
Powers and do - min - ions lay their glo - ry by.  
Firm is his prom - ise, and his mer - cy sure.



ten - der to me the prom - ise of his word;  
his mer - cy sure, from age to age the same;  
Proud hearts and stub - born wills are put to flight,  
Tell out, my soul, the great - ness of the Lord



in God my Sa - vior shall my heart re - joice.  
his ho - ly Name— the Lord, the Might - y One.  
the hun - gry fed, the hum - ble lift - ed high.  
to chil - dren's chil - dren and for ev - er - more!

Words: Timothy Dudley-Smith (b. 1926); based on *The Song of Mary*. Copyright © 1962 by Hope Publishing Company Carol Stream, IL 60188. All Rights Reserved. Used by permission. Music: *Woodlands*, Walter Greatorex (1877-1949), alt. By permission of Oxford University Press.

## GREETING

*Presider* Blessed are you, holy and living One.

*People* You come to your people and set them free.

## KYRIE

Heritage Mass



Lord, — have mer- — cy. Lord, — have mer- — cy. Christ, — have mer- cy.

Christ, — have mer-cy. Lord, — have mer- — cy. Lord, — have mer- — cy.

Music: Owen Alstott, © 1978, CTSO, 2816 E. Burnside St., Portland, OR, 97214.

## COLLECT

Common Worship: Additional Collects, 2004

*Presider* God be with you.

*People* And also with you.

*Presider* Let us pray together.

**O God of Elizabeth and Mary, you visited your servants with news of the world's redemption in the coming of the Lord. May our hearts leap with joy and our mouths be filled with songs of praise to welcome the Christ in our midst. Amen.**

*School-age children are invited to the Children's Liturgy of the Word to hear stories about the Good News of God's love. Children return to their families at the Peace.*

*Please be seated*

**SCRIPTURE** Hebrews 10:5-10 (Common English Bible)

*Lector* A reading from Hebrews.

Therefore, when he comes into the world he says,

You didn't want a sacrifice or an offering,

but you prepared a body for me;

you weren't pleased with entirely burned offerings or a sin offering.

So then I said,

"Look, I've come to do your will, God.

This has been written about me in the scroll."

He says above, You didn't want and you weren't pleased with a sacrifice or an offering or with entirely burned offerings or a purification offering, which are offered because the Law requires them. Then he said, Look, I've come to do your will. He puts an end to the first to establish the second. We have been made holy by God's will through the offering of Jesus Christ's body once for all.

Hear what the Spirit is saying to God's people.

*People*    **Thanks be to God.**

*Please stand as able*

## **THE CANTICLE**

*The Song of Mary*

Luke 1:46-55

Simplified Anglican chant by Sherman Hesselgrave



My soul proclaims the greatness of the Lord,  
my spirit rejoices in God my / **Savior**; \*

for he has looked with favor on his lowly / **servant**.

From this day all generations will call me / **blessed**: \*

the Almighty has done great things for me, and holy is his / **Name**.

He has mercy on those who / **fear him** \*

in every gene-/-ration.

He has shown the strength of his / **arm**, \*

he has scattered the proud in their con-/-ceit.

He has cast down the mighty from their / **thrones**, \*

and has lifted up the / **lowly**.

He has filled the hungry with / **good things**, \*

and the rich he has sent away / **empty**.

He has come to the help of his servant / **Israel**, \*

for he has remembered his promise of / **mercy**,

The promise he made to our / **fathers**, \*

to Abraham and his children for / **ever**.

## GOSPEL

Luke 1:39-45 (Common English Bible)

*The Deacon or Priest says*

The Holy Gospel of our Savior Jesus Christ, according to Luke.

*People* **Glory to you, Lord Christ.**

Mary got up and hurried to a city in the Judean highlands. She entered Zechariah's home and greeted Elizabeth. When Elizabeth heard Mary's greeting, the child leaped in her womb, and Elizabeth was filled with the Holy Spirit. With a loud voice she blurted out, "God has blessed you above all women, and he has blessed the child you carry. Why do I have this honor, that the mother of my Lord should come to me? As soon as I heard your greeting, the baby in my womb jumped for joy. Happy is she who believed that the Lord would fulfill the promises he made to her."

The Gospel of the Lord.

*People* **Praise to you, Lord Christ.**

*Please be seated*

## SERMON

*Please observe a moment of quiet reflection*

*Please stand as able*

## THE CREED

Arfon

*Please sing together*

1. I be - lieve in God al - might - y, Au - thor of all  
2. I be - lieve that Je - sus suf - fered, scourged and scorned and  
3. I be - lieve in God's own Spir - it, bond - ing all the

things that be, Mak - er of the earth and heav - ens,  
 cru - ci - fied; tak - en from the cross, was bur - ied—  
 saints with - in one church, cath - o - lic and ho - ly,

Keep - er of the sky and sea. I be - lieve in  
 True Life there had tru - ly died. I be - lieve that  
 where for - give - ness frees from sin; in the bod - y's

God's son, Je - sus, now for us both Lord and Christ, of the Spir - it  
 on the third day Christ was raised up from the grave, then as - cend - ed  
 res - ur - rec - tion, for the break - ing of death's chain gives the life that's

and of Mar - y born to bring a - bun - dant life.  
 to God's right hand. He will come to judge and save.  
 ev - er - last - ing. This the faith that I have claimed.

Words: Sylvia G. Dunstan (1955-1993). Music: *Arfon* (Major), Welsh hymn melody, harm. Carlton R. Young.

*Please remain standing as able*

## **THE PRAYERS OF THE PEOPLE**

*The Deacon or Priest says*

Let us pray for the Church and the world.

*The Leader and People pray responsively*

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world. In your mercy,

**Hear our prayer.**

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good. In your mercy,

**Hear our prayer.**

Give us all a reverence for the earth as your own creation, that we may work to renew all life and share the abundance of the earth in service to one another, and to your honor and glory. In your mercy,

**Hear our prayer.**

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us. In your mercy,

**Hear our prayer.**

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation. We especially pray for all on our prayer list and those we name in our hearts or with our voices.

*Pause for the offering of additional prayers.*

*Leader* In your mercy,

*All* **Hear our prayer.**

We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom. We pray for those we now name in our hearts or with our voices

*Pause for the offering of additional prayers.*

*Leader* In your mercy,

*All* **Hear our prayer.**

*The Presider says*

O God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all in need of help; for you are gracious, lover of souls, and to you we give thanks, now and for ever. **Amen.**



## CONFESSIO

*The Presider says*

In the midst of this new season of waiting, we confess to God:

*People* We have resisted the light of your love; we have not fully shared the gifts entrusted to us; and we have not treasured the gifts of others around us. We stand in need of your love.

Holy Parent, make us holy.

Holy Child, make us holy.

Holy Spirit, make us holy.

Holy God, make us whole. Amen.

*Presider* God forgives you and loves you, and invites you to continue freely on your way.

## THE PEACE

*The Presider says*

The peace of Christ be always with you.

*People* And also with you.

*Please greet each other with a sign of peace*

## THE HOLY COMMUNION

### OFFERTORY

*The Presider says the Offertory Bidding*

Let us with gladness present the offerings and oblations of our life and labor to God.

### OFFERTORY ANTHEM

*Bogoroditse Dyevo*

Sergei Rachmaninoff  
(1873-1943)

Bogoróditse Dyévo, ráduisya, Blagodátnaya Mariye, Gospód s tobóyu. Blagoslovyéna ty vzhenákh, i blagoslovyén plod chryéva tvoyevó, yáko Spása rodilá yesí dush náshikh.

*Rejoice, O Virgin Theotokos, Mary full of grace, the Lord is with Thee. Blessed art Thou among women, and blessed is the fruit of Thy womb.*

*Please stand as able*

## THE GREAT THANKSGIVING

From the Church in South India

*Presider* The Lord be with you.

*People* **And also with you.**

*Presider* Lift up your hearts.

*People* **We lift them up to God.**

*Presider* Let us give thanks to our Creator.

*People* **It is right to offer thanks and praise.**

*The Presider continues*

Truly it is right and good to glorify you at all times and in all places, by offering you our thanksgiving, O God, holy Parent. You spoke and the light shattered darkness, order arose from confusion. You breathed into the dust of the earth and we were formed in your image. Through your Son Jesus you came to us while we yet wandered. He met us as a refugee, a threatened child. He called us to leave what is comfortable to be disciples, friends and partners.

With outstretched arms on the cross, Jesus bore our sins; and by his resurrection we are saved. Through your Holy Spirit you brood over the chaos we often create, mothering us and shaping a new creation. You enlighten everyone coming into the world. You inspired the prophets and the apostles to find the right word at the right time. You liberate, equip and commission your people to continue your mission to make everything new. Therefore, with angels and archangels and with all the company of heaven we proclaim and sing your glory:

## SANCTUS

Heritage Mass

Ho - ly, ho - ly, — ho - ly, Lord, God of pow - er and might.

Heav'n and earth are full of your glo - ry. Ho - san - na, Ho -

san - na in the high - est. Bless'd is the One who comes in the

name of the Lord. Ho - san - na, Ho - san - na in the high - est.

Music: Owen Alstott, © 1978, CTSO, 2816 E. Burnside St., Portland, OR, 97214.

*The Presider continues*

On the night in which he was betrayed, Jesus took bread, and when he had given thanks to you, broke it and gave it to his disciples, saying: Take, eat; this is my body, which is given for you. Do this in remembrance of me.

The same way after supper, he took the cup, and when he had given thanks, he gave it to them saying: Drink this, all of you; this is my blood of the new covenant, which is shed for you and for all for the forgiveness of sins. Do this, whenever you drink it, in remembrance of me.

And now together we proclaim:

*All*        **We remember your death on the cross, we celebrate your resurrection,  
and we await your coming.**

Eternal God, let your Holy Spirit move in power over us and over these earthly gifts of bread and wine, that they may be the communion of the body and blood of Christ, and that we may become one in him. May his coming in glory find us ever watchful in prayer, strong in truth and love, and faithful in the breaking of the bread. Then, at last, all peoples will be free, all divisions healed, and with your whole creation, we will sing your praise for ever.

Through Christ, with Christ, in Christ, in the unity of the Holy Spirit, all glory and honor are yours, almighty Creator, for ever and ever. **AMEN.**

## **THE LORD'S PRAYER**

*Presider* As Christ teaches us, we pray.

*All*        **Our Father in heaven, hallowed be your Name, your kingdom come, your will be done,  
on earth as in heaven. Give us today our daily bread.  
Forgive us our sins as we forgive those who sin against us.  
Save us from the time of trial, and deliver us from evil.  
For the kingdom, the power, and the glory are yours, now and for ever. Amen.**

## **BREAKING OF THE BREAD**

*The Presider breaks the consecrated Bread. A period of silence is kept.*

### **FRACTION ANTHEM**

*Lamb of God*

Heritage Mass



Lamb — of God, you take away the sins of the world: have mer-cy on us.



Lamb - of God, you take away the sins of the world: have mer-cy on us.



Lamb — of God, you take away the sins of the world: grant — us peace.

## INVITATION

from The Iona Community

*The Presider says*

Come to this table, all who have much faith and all who would like to have more; all who have been here often and all who have not been for a long time; all who have tried to follow Jesus, and all who have failed; come. It is Christ who invites us to meet him here.

*All are welcome to share in Holy Communion.*

*Please be seated until invited by the Ushers to move forward to stand or kneel at the altar.*

*To receive only a blessing, place arms in an "x" across your chest as the priest approaches.*

*To share the bread, extend hands open, palms up, one on top of the other.*

*To share the cup, take hold of the base and guide it to your mouth.*

*If not desiring to receive the wine, fold arms in an "x" over your chest as the cup passes by.*

## ORGAN VOLUNTARY

**COMMUNION MOTET**     *"Magnificat" from The "Short" Service*

Orlando Gibbons  
(1583-1625)

My soul doth magnify the Lord, \*  
and my spirit hath rejoiced in God my Savior.  
For he hath regarded \*  
the lowliness of his handmaiden.  
For behold from henceforth \*  
all generations shall call me blessed.  
For he that is mighty hath magnified me, \*  
and holy is his Name.  
And his mercy is on them that fear him \*  
throughout all generations.  
He hath showed strength with his arm; \*  
he hath scattered the proud in the imagination of their hearts.  
He hath put down the mighty from their seat, \*  
and hath exalted the humble and meek.  
He hath filled the hungry with good things, \*  
and the rich he hath sent empty away.  
He remembering his mercy hath holpen his servant Israel, \*  
as he promised to our forefathers,  
Abraham and his seed for ever.

Glory to the Father, and to the Son, and to the Holy Spirit: \*  
as it was in the beginning, is now, and will be for ever. Amen.

*Introduction/Interlude*

*Descant*

4 "Mag - ni - fi - cat

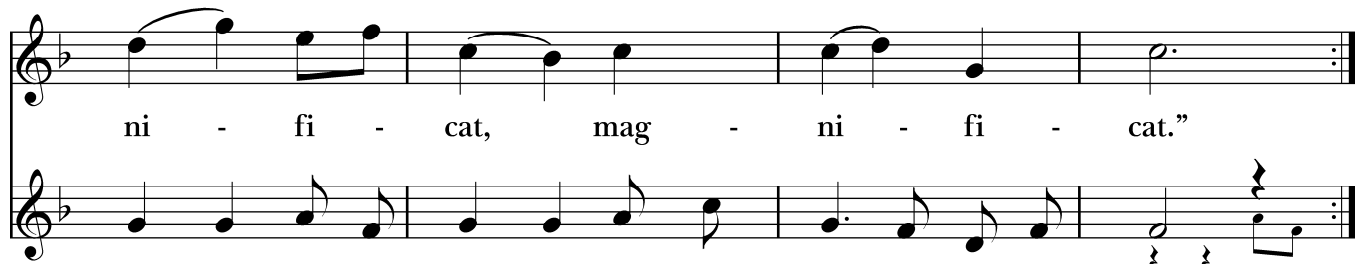
1 Ye who claim the faith of Je - sus, sing the  
 2 Bless - ed were the cho - sen peo - ple out of  
 3 There - fore let all faith - ful peo - ple sing the  
 4 "Mag - ni - fy, my soul, God's great - ness; in my

an - i - ma me - a

won - ders that were done when the love of God the  
 whom the Lord did come; bless - ed was the land of  
 hon - or of her name; let the Church, in her fore -  
 Sa - vior I re - jice; all the a - ges call me

Do - mi - num. Mag -

Fa - ther o - ver sin the vic - tory won, when he  
 prom - ise fa - shioned for his earth - ly home; but more  
 shad - owed, part in her thanks - giv - ing claim; what Christ's  
 bless - ed, in his praise I lift my voice; he has



ni - fi - cat, mag - ni - fi - cat.”  
 made the Vir - gin Ma - ry mo - ther of his on - ly Son.  
 bless - ed far the mo - ther, she who bore him in her womb.  
 mo - ther sang in glad - ness let Christ's peo - ple sing the same:  
 cast down all the might - y, and the low - ly are his choice.”



Words: Sts. 1-3, Vincent Stuckey Stratton Coles (1845-1929), alt.; st. 4, F. Bland Tucker (1895-1984) metrical *Magnificat*.  
 Copyright © Church Pension Fund,. Music: *Julion*, David Hurd (b. 1950). Copyright © 1983, G.I.A. Publications, Inc.

*Please stand as able*

## **SENDING OUT OF EUCHARISTIC VISITORS**

*Presider* In the name of this congregation we send you forth to share this Eucharist with *N*.

*All* You carry the prayers of us all as you take this Sacrament of Christ's presence. May those who receive it be strengthened and encouraged in the life we find together in our Lord Jesus Christ. Amen.

## **PRAYER AFTER COMMUNION**

*Presider* Let us pray. Blessed be God who calls us together.

*People* Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food in the Sacrament of Christ's Body and Blood. Now send us forth, a people forgiven, healed, and renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior. Amen.

## **BLESSING**

*The presider blesses the people*

*Please remain standing*

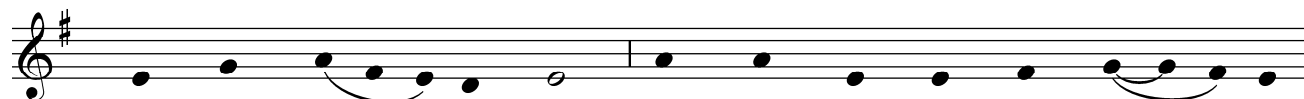
**HYMN 56, V. 1-2, 6-8**

*O come, O come, Emmanuel*

*Veni, veni, Emmanuel*



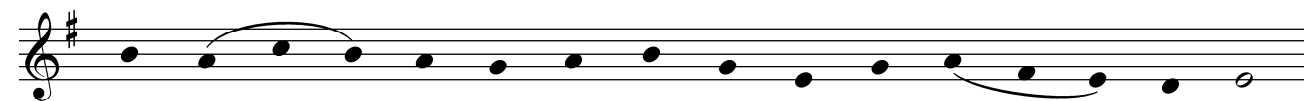
1 O come, O come, Em - man - u - el, and ran - som  
2 O come, thou Wis - dom from on high, who or - derest  
6 O come, thou Day - spring from on high, and cheer us  
7 O come, De - sire of na - tions, bind in one the  
8 O come, O come, Em - man - u - el, and ran - som



1 cap - tive Is - ra - el, that mourns in lone - ly ex - ile  
2 all things might - i - ly; to us the path of know - ledge  
6 by thy draw - ing nigh; dis - perse the gloom - y clouds of  
7 hearts of all man - kind; bid thou our sad di - vi - sions  
8 cap - tive Is - ra - el, that mourns in lone - ly ex - ile



1 here un - til the Son of God ap - pear.  
2 show, and teach us in her ways to go. Re - joice! Re - joice!  
6 night, and death's dark shad - ow put to flight.  
7 cease, and be thy - self our King of Peace.  
8 here un - til the Son of God ap - pear.



Em - man - u - el shall come to thee, O Is - ra - el!

*The stanzas may be used as antiphons with "The Song of Mary" on the dates given.*

Words: Latin, ca. 9th cent.; ver. *Hymnal 1940*, alt. Copyright © The Church Pension Fund. Music: *Veni, veni, Emmanuel*, plainsong, Mode 1, Processionale, 15th cent.; adapt. Thomas Helmore (1811-1890); acc. Richard Proulx (b. 1937).

**DISMISSAL**

*The Deacon or Priest dismisses the people, saying*

Let us bless the Lord.

*People* Thanks be to God.

**POSTLUDE**

*Dance: Gabriel's Message*

Michael Bedford  
(b. 1949)

## ASSISTING IN THE SERVICE TODAY

Presider & Preacher	The Rev. R. Scott Painter
Organist	Hannah Brewer
Choir	St. Michael's Singers
Choir Director	Brian Fairbanks
Crucifer	Sheri O'Brien
Lector	Jana Gregory
Prayer Leader	Tami Painter
Eucharistic Ministers	Lenia Salas, Sam Harkins
Livestream Tech	Sundance Henry
Ushers	Paula Raines, John Davis
Bread Baker	Marie Bagwell
Altar Guild	Stephanie English, Richard Hartman, Josh English, Jeanne Pace
Vestry Greeter	Ann Wetherell

## VESTRY

Senior Warden	Thrina Parent
Junior Warden-Facilities	Carl Braginsky
Junior Warden-People	Sheri O'Brien
Parish Clerk	Becky Tooley
Treasurer	Dave Reilly
First Year	Joe de Luna, Elizabeth Rouffy Kevin Warren, Ann Wetherell
Second Year	Lindsay Gutiérrez, Ann Hargraves Patrick McLaughlin, Susie Silva-Strommer
Third Year	Carl Braginsky, Beth Ilem Sheri O'Brien, Thrina Parent
Diocesan Convention Delegates	Sherri Afryl Cheryl Braginsky, Barbara Mason, Karen Oglesby, Lynda Moses (Alternate)

## STAFF

The Rev. R. Scott Painter, Rector	scottp@stmaa.org	x312
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Manuel Luna, Sunday Sexton	



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& ALL  
ANGELS  
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