

# ST. MICHAEL & ALL ANGELS

9:00 AM HOLY EUCHARIST



Light bathes the interior of Saint-Julien in Brioude, France., 1075-1125

THE FOURTH SUNDAY IN LENT  
MARCH 10, 2024



# THE COMMUNITY GATHERS FOR WORSHIP

PRELUDE

*Contemplation on "Wondrous Love"*

Rebecca Groom te Velde (b. 1956)

HYMN 620

*stand as able*

Jerusalem, my happy home

Land of Rest

1 Je - ru - sa - lem, my hap - py home, when  
2 Thy saints are crowned with glo - ry great; they  
3 There Da - vid stands with harp in hand as  
4 Our La - dy sings Mag - ni - fi - cat with  
5 Je - ru - sa - lem, Je - ru - sa - lem, God

1 shall I come to thee? When shall my sor - rows  
2 see God face to face; they tri - umph still, they  
3 mas - ter of the choir: ten thou - sand times would  
4 tune sur - pass - ing sweet, and bless - ed mar - tyr's  
5 grant that I may see thine end - less joy, and

1 have an end? Thy joys when shall I see?  
2 still re - joice in that most hap - py place.  
3 one be blest who might this mu - sic hear.  
4 har - mo - ny doth ring in ev - ery street.  
5 of the same par - ta - ker ev - er be!

Words: F. B. P. (ca. 16th cent.), alt.: Music: *Land of Rest*, American folk hymn, adapt. and harm. Annabel Morris Buchanan (1889-1983)

## A PENITENTIAL ORDER

THE GREETING *remain standing*

*Presider* Blessed be the God of our salvation:

*People* **Who bears our burdens and forgives our sins.**

THE CONFESSION

*Presider* Let us confess our sin against God and our neighbor.

All

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of our Savior Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Presider

Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

### KYRIE

Lord, have mer - cy. Lord, have mer - cy.

Lord, have mer - cy. Lord, have mer - cy.

Christ, have mer - cy. Christ, have mer - cy. Lord,

Christ, have mer - cy. Lord,

Lord, have mer - cy. Lord, have mer - cy. Lord,

Lord,

Lord, have mer - cy, have mer - cy.

Lord, have mer - cy, have mer - cy.

Setting: From *Deutsche Messe*; Franz Peter Schubert (1797-1828); arr. Richard Proulx (b. 1937)

## COLLECT OF THE DAY

*Presider* God be with you.

*People* **And also with you.**

*Presider* Let us pray together.

**Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which gives life to the world: Evermore give us this bread, that he may live in us, and we in him; who lives and reigns with you and the Holy Spirit, one God, now and for ev Amen.**

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*School-age children are invited to the Children's Liturgy of the Word  
to hear stories about the Good News of God's love.  
Children return to their families at the Peace.*

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*Please be seated*

### THE FIRST READING Numbers 21:4-9

The impatient Israelites set out from Mount Hor, where Aaron was buried, to detour around the hostile country of Edom.

*Reader concludes* Hear what the Spirit is saying to God's people.

*People* **Thanks be to God.**

### PSALM 107:1-3, 17-22

*please stand*

Plainsong Tone II.1

*The choir or cantor will sing the first verse. All join in the following verses.*



1. Give thanks to the Lord, / **who is good,** \*  
whose mercy endures / **for ever.**
2. Let all those whom the Lord has redeemed / **proclaim** \*  
that God redeemed them from the hand / **of the foe.**
3. God gathered them out of the / **lands;** \*  
from the east and from the west, from the north and / **from the south.**
17. Some were fools and took to re-/-**bellious ways;** \*  
they were afflicted because / **of their sins.**
18. They abhorred all manner / **of food** \*  
and drew near / **to death's door.**
19. Then they cried to the Lord in their / **trouble,** \*  
and God delivered them / **from their distress.**
20. God sent forth the word and / **healed them** \*  
and saved them / **from the grave.**
21. Let them give thanks for the mercy of / **God** \*  
and the wonders the Lord does for / **God's children.**
22. Let them offer a sacrifice of thanks-/-**giving** \*  
and recount the deeds of God / **with shouts of joy.**

THE SECOND READING      **Ephesians 2:1-10**

Christians have been saved by God's free gift.

*Reader concludes*      Hear what the Spirit is saying to God's people.

*People*      **Thanks be to God.**

SEQUENCE HYMN      *all stand*      Lord, teach us how to pray aright

Song 67

1. Lord, teach us how to pray a - right, with rev - 'rence and with fear.  
2. We per - ish if we cease from prayer; O, grant us pow'r to pray.  
3. Give deep hu - mil - i - ty; the sense of god - ly sor - row give;  
4. Faith in the on - ly sac - ri - fice that can for sin a - tone;  
5. Give these, and then Your will be done; thus strength-ened with all might,

Tho' dust and ash - es in Your sight, we may, we must draw near.  
And when to meet You we pre - pare, Lord, meet us on our way.  
a strong de - sire with con - fi - dence, to hear Your voice and live;  
to cast our hopes, to fix our eyes on Christ, on Christ a - lone.  
we, thro' Your Spir - it and Your Son, shall pray, and pray a - right.

Text: James Montgomery; Music: St. Agnes, John B. Dykes

THE GOSPEL:      **John 3:14-21**

The image of Moses lifting up the bronze serpent in the wilderness is metaphorically related to Jesus' lifting up on the cross.

*All remain standing*

*The Deacon or Priest says*

The Holy Gospel of our Savior Jesus Christ, according to John.

*People*      **Glory to you Lord Christ.**

*The reader concludes*      The Gospel of our Savior.

*People*      **Praise to you Lord Christ.**

SERMON      *please be seated*

*Quiet for reflection*

NICENE CREED      *all stand as able*

**We believe in one God, the Father, the Almighty, maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate of the Holy Spirit and the Virgin Mary and became truly human. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

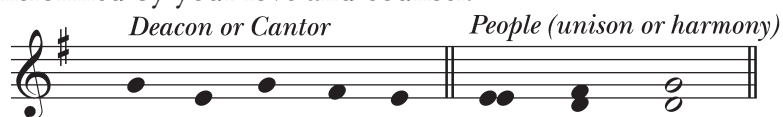
**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father, who with the Father and the Son is worshiped and glorified, who has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

**THE PRAYERS OF THE PEOPLE**     *remain standing*

*The Deacon or Priest says*

Let us pray to the God who is always with us, in whom we live and move and have our being, and in whom we place our trust and hope.

*Leader* Ever-present God, you see and speak to each of us. You grieve over our pain and failings and rejoice in our goodness and joy. You guide us to an abundant and generous life. Help us listen and be transformed by your love and counsel.



God, in your mer - cy    Hear   our   prayer.



*Leader* Ever-compassionate God, open our eyes to see the pain, fear or desperation of those in our community who are ill, lonely, addicted, bullied, exploited, oppressed, hungry or homeless. Open our hands and hearts to share the compassion and love of Jesus. Let us name all who need our prayers, silently or aloud.

*Cantor* God, in your mercy

*All*     **Hear our prayer.**

*Leader* Ever-creating God, give us reverence for the earth, your own glorious creation; and grant us hearts to care for its resources rightly, as you have trusted us to do.

*Cantor* God, in your mercy

*All*     **Hear our prayer.**

*Leader* Ever-loving God, we pray for peace, and for the will of governments, politicians and ordinary people to resolve their differences without resorting to violence. We pray especially for those who have suffered injury, loss of homes, life and livelihood as a result of the wars in the Middle East, Ukraine and other places in the world. Comfort those who grieve the loss or harm of friends, family and freedom. We remember all who have died, especially those we name silently or aloud. *(A moment of silence is kept for those offering their prayers)*

*Cantor* God, in your mercy

*All*     **Hear our prayer.**

*Leader* Ever-comforting God, during uncertain and frightening times, calm our fears and restore our trust, as you continue to guide and strengthen us, individually and in our ministries at St. Michael's, in your transformative work in the world.

*Cantor* God, in your mercy

*All* **Hear our prayer.**

*Presider* Receive these prayers, O God, and transform us through them, that we may have eyes to see, ears to hear, hearts to understand, and wills to courageously do what you call us to do. **Amen**

## THE PEACE

*Presider* The peace of Christ be always with you.

*People* **And also with you.**

A WORD OF WELCOME *Please be seated*

## A PRAYER FOR BIRTHDAYS AND MILESTONES

**O God, our times are in your hand: Look with favor, we pray, on your servants as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their lives; through Jesus Christ our Lord. Amen.**

## THE HOLY COMMUNION

OFFERTORY ANTHEM *Also hat Gott die Welt geliebt (For God so loved the world)* Heinrich Schütz  
(1585-1672)

Also hat Gott die Welt geliebt, dass er seinen eingebornen Sohn gab, auf dass alle, die an ihn glauben, nicht verloren werden, sondern das ewige Leben haben.

*For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.*

– *John 3:16*

THE GREAT THANKSGIVING *all stand* Prayer B (Expansive Language)

*Presider* God be with you.

*People* **And also with you.**

*Presider* Lift up your hearts.

*People* **We lift them to the Lord.**

*Presider* Let us give thanks to the Lord our God.

*People* **It is right to give our thanks and praise.**

*The Presider continues*

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Almighty God,



Creator of heaven and earth. You bid your faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by your Word and Sacraments, they may come to the fullness of grace which you have prepared for those who love you. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

## SANCTUS

Ho - ly, ho - ly, ho - ly Lord, God of pow'r and might.

Heav'n and earth are full of your glo - ry. Ho - san - na in the

high - est. Bless-ed is the one who comes in the name of the Lord.

Ho-san - na in the high - est, ho-san-na in the high - est.

Missa Oecumenica, arr. Richard Proulx, after Alexander Archangelsky (1846-1924)

### *The Presider continues*

We give thanks to you, O God, for the goodness and love which you have made known to us in

creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in Jesus Christ, the Word made flesh. For in these last days you sent Jesus to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In Christ, you have delivered us from evil, and made us worthy to stand before you. In Christ, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Savior Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper Jesus took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

**We remember Christ's death,  
We proclaim Christ's resurrection,  
We await Christ's coming in glory;**

And we offer our sacrifice of praise and thanksgiving to you, O Savior of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us in the sacrifice of Jesus Christ, through whom we are acceptable to you, being sanctified by the Holy Spirit. In the fullness of time, renew all things in perfection by your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your children; through Jesus Christ our Savior, the firstborn of all creation, the head of the Church, and the author of our salvation.

By Christ, and with Christ, and in Christ, in the unity of the Holy Spirit all honor and glory is yours, Almighty God, now and for ever.

**AMEN.**

## THE LORD'S PRAYER

*Presider* As our Savior Christ has taught us, we are bold to sing:

Our Fa - ther, who art in hea - ven, hal - low - ed  
be thy Name, thy king - dom come, thy will be done,  
on earth as it is in hea - ven. Give us this day our  
dai - ly bread. And for - give us our tres - pas - ses,

as we for - give those who tres - pass a - gainst us. And lead  
 us not in - to temp - ta - tion, but de - liv - er us  
 from e - vil. For thine is the king - dom, and the power,  
 and the glo - ry, for ev - er and ev - er. A - men.

Music: Plainsong; adapt. Charles Winfred Douglas (1867-1944)

## THE BREAKING OF THE BREAD

*A Period of Silence is kept*

### FRACTION ANTHEM

### Lamb of God

Lamb of God, you take a - way the  
 sins of the world: have mer - cy on us.  
 World: grant us peace.

Missa Oecumenica, arr. Richard Proulx, after Alexander Archangelsky (1846-1924)

*Presider* The gifts of God for the people of God.

*All are welcome to share in Holy Communion. After singing the Fraction Anthem please be seated until invited by the ushers to move forward to stand or kneel at the altar. To receive only a blessing, place arms in an "x" across your chest as the priest approaches. To share the bread, extend hands open, palms up, one on top of the other. To share the cup, take hold of the base and guide it to your mouth. If not desiring to receive the wine, fold arms in an "x" over your chest as the cup passes by.*

## THE COMMUNION OF GOD'S PEOPLE

### COMMUNION MOTET:

### *Ave verum corpus*

Stephanie Martin (b. 1962)

Ave verum corpus, natum de Maria Virgine,  
 Vere passum immolatum in cruce pro homine;  
 Cujus latus perforatum unda fluxit sanguine,  
 Esto nobis praegustatum in mortis examine.  
 O dulcis, O pie, O Jesu, Fili Mariae,  
 Miserere nobis. Amen.

*Hail the true body, born of the Virgin Mary,  
 You who truly suffered and were sacrificed on the cross for humankind;  
 From whose pierced flank flowed water and blood:  
 Be a foretaste for us in the trial of death.  
 O sweet, O merciful, O Jesus, Son of Mary.  
 Have mercy on me. Amen.*

### TAIZÉ

### Remember me

Re - mem - ber me, Re - mem - ber me,  
 me, O Lord, re - mem - ber me.

Words: Traditional. Music: Negro Spiritual; harm. J. Jefferson Cleveland (1937-1988). Harm. Copyright © 1981 Abingdon. Reprinted from *Songs of Zion* by permission.

1 Deck thy - self, my soul, with glad - ness, leave the  
 2 Sun, who all my life dost bright - en; Light, who  
 3 Je - sus, Bread of Life, I pray thee, let me

gloom - y haunts of sad - ness, come in - to the day - light's  
 dost my soul en - light - en; Joy, the best that an - y  
 glad - ly here o - bey thee; nev - er to my hurt in -

splen - dor, there with joy thy prais - es ren - der  
 know - eth; Fount, whence all my be - ing flow - eth:  
 vit - ed, be thy love with love re - quit - ed;

un - to him whose grace un - bound - ed hath this  
 at thy feet I cry, my Ma - ker, let me  
 from this ban - quet let me mea - sure, Lord, how

won - drous ban - quet found - ed - high o'er all the heavens he  
 be a fit par - ta - ker of this bless - ed food from  
 vast and deep its trea - sure; through the gifts thou here dost

*Continued on next page*

reign - eth, yet to dwell with thee he deign - eth.  
 hea - ven, for our good, thy glo - ry, giv - en.  
 give me, as thy guest in heaven re - ceive me.

Words: Johann Franck (1618-1677); tr. Catherine Winkworth (1827-1878), alt.  
 Music: *Schmücke dich*, melody Johann Cruger (1598-1662); harm. *The English Hymnal*, 1906

SENDING OUT OF EUCHARISTIC VISITORS

*all standing*

*Presider* In the name of this congregation we send you forth to share this Eucharist with N.

*All* **You carry the prayers of us all as you take this Sacrament of Christ's presence. May those who receive it be strengthened and encouraged in the life we find together in our Lord Jesus Christ. Amen.**

BLESSING OF PRAYER SHAWLS

PRESIDER *Let us pray.*

*All* **May God's grace be upon these shawls, created with prayers for comfort, healing and well-being. May each mantle be a safe haven, a sacred place. May those embraced by these shawls feel upheld by unseen hands, be strengthened on their way and encircled with God's love in all things. Amen.**

PRAYER AFTER COMMUNION

*Presider* Let us pray.

*All* **Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of Christ, and heirs of your eternal kingdom. And now, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Savior. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.**

BLESSING

*The Presider blesses the people*

PROCESSION HYMN 690

Guide me, O thou great Jehovah

Cwm Rhondda

1 Guide me, O thou great Je - ho - vah, pil - grim through this  
 2 O - pen now the crys - tal foun-tain, whence the heal - ing  
 3 When I tread the verge of Jor - dan, bid my anx - ious

bar - ren land; I am weak, but thou art might - y;  
 stream doth flow; let the fire and cloud - y pil - lar  
 fears sub - side; death of death, and hell's de - struc - tion,

hold me with thy power - ful hand; bread of hea - ven,  
 lead me all my jour - ney through; strong de - liv - erer,  
 land me safe on Ca - naan's side; songs of prais - es,

bread of hea - ven, feed me now and ev - er -  
 strong de - liv - erer, be thou still my strength and  
 songs of prais - es, I will ev - er give to

more, feed me now and ev - er - more.  
 shield, be thou still my strength and shield.  
 thee, I will ev - er give to thee.

Words: William Williams (1717-1791); tr. Peter Williams (1722-1796), alt.; Music: *Cwm Rhondda*, John Hughes (1873-1932)

## THE DISMISSAL

*Deacon* Let us go forth in the name of Christ.

*People* **Thanks be to God.**

## POSTLUDE

*Introduction and Fugue*

Adela Douglas-Pennant (1858-1955)

## SERVING TODAY

<b>Presider</b>	The Rev. R. Scott Painter
<b>Assisting Priest &amp; Preacher</b>	The Rev. Sara Fischer
<b>Music</b>	St. Michael's Singers Hannah Brewer, Music director/Organist Brian Fairbanks, Choir Director
<b>Crucifer</b>	Lucy Shields
<b>Acolytes</b>	Charlie & George LeBaron
<b>Eucharistic ministers</b>	Jim Robbins, Tim Shields
<b>Lectors</b>	Nick Page, Marili Reilly
<b>Prayer Leader</b>	Tim Shields
<b>Ushers</b>	Barbara Mason, Joe Afryl
<b>Altar Guild</b>	Jennie Street, Julie Grandfield Kirk Lambert, Lindsay Ramsey
<b>Bread</b>	Brian Fairbanks
<b>Coffee Hosts</b>	Sally Harrison, Lynn Baker
<b>Eucharistic Visitor</b>	Terrie Ingram to Marlana Stoddard-Hayes
<b>Vestry Greeter</b>	Elizabeth Rouffy

## VESTRY

<b>Senior Warden</b>	Thrina Parent
<b>Junior Warden for the People</b>	Sheri O'Brien
<b>Junior Warden for Facilities</b>	Carl Braginsky
<b>Parish Clerk</b>	Becky Tooley
<b>Treasurer</b>	Dave Reilly
<b>First Year</b>	Joe de Luna, Elizabeth Rouffy Kevin Warren, Ann Wetherell
<b>Second Year</b>	Lindsay Gutierrez, Ann Hargraves Patrick McLaughlin, Susie Silva-Strommer
<b>Third Year</b>	Carl Braginsky, Beth Ilem Sheri O'Brien, Thrina Parent
<b>Student Rep</b>	Lucy Shields
<b>Diocesan Convention Delegates</b>	Sherri Afryl Cheryl Braginsky, Gillian Butler, Barbara Mason

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## STAFF

<b>The Rev. R. Scott Painter, Rector</b> scottp@stmaa.org ext. 312	<b>Hannah Brewer, Music Director/Organist</b> hannahb@stmaa.org ext. 315
<b>The Rev. Beto Arciniega, Associate Rector</b> pbetoa@stmaa.org ext. 316	<b>Brian Fairbanks, Choir Director</b> brianf@stmaa.org ext. 315
<b>The Rev. SuEllen Pommier, Curate</b> suellenp@stmaa.org	<b>Leslie Sackett, Associate for Children and Families</b> leslies@stmaa.org ext. 318
<b>Gloria Orellana, Associate for Administration</b> gloriao@stmaa.org ext. 317	<b>JT Quanbeck, Communications</b> jtq@stmaa.org
	<b>Manuel Luna, Facilities Assistant</b>



1704 NE 43rd Ave  
Portland, OR 97213

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