

# ST. MICHAEL & ALL ANGELS

11:00 AM HOLY EUCHARIST



Interior of the Church of the Light, Tadao Andō, 1999

THE FOURTH SUNDAY IN LENT  
MARCH 10, 2024

# WELCOME TO ST. MICHAEL'S

**We manifest joy** through vibrant worship, beautiful music, and the active participation and nurturing of our children and youth.

**We embrace resilience** by learning each other's stories, proclaiming the Good News of God's unconditional love, and strengthening our capacity to hope.

**We seek justice** by advocating for political change, continuing our work as an Immigrant Welcoming Congregation, and striving to understand our role in social, economic, and racial inequality.

**We live in love** through our Baptismal Promises to welcome and respect the dignity of every human being, care for God's creation, and engage in the ministry of Jesus to bring light, healing, and grace to our world.

We are rooted as an Episcopal Church, honoring our traditions from the creative perspective of our community, learning how to engage the bilingual and multicultural makeup of our congregation, and seeking silence and stillness to glean insight from the Holy Spirit among us.

Episcopal worship gathers the hearts and prayers of everyone present and involves call and response between the leader and the assembly. You'll find the responses of the community here, in bold type, marked "People."

Children are welcome here, voices and wiggles and all! The very young (infants to five years) are invited to play in our childcare room on the lower level, though some children prefer to remain in worship with their families. Early in the service, school-age children (generally, grades K-5) will be invited downstairs for their Liturgy of the Word, and they return to the gathered community before communion. Coloring and reading books for children are located at the back of the church.

We'd love to know more about you. Please sign the guest book by the door or fill out a pew card, and we'll be in touch with you for further conversation. You may also email us using the addresses listed below.

Thank you for coming together!

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St. Michael & All Angels, located in Multnomah County, rests on the traditional homelands of the Multnomah, Kathlamet, Clackamas, Molalla, Tumwater, Watalala bands of the Chinook, the Tualatin Kalapuya, and many other indigenous nations of the Columbia River. We acknowledge the ancestors of this place and understand that we are here because of the sacrifices forced upon them. By recognizing these communities, we honor their legacy, their lives, and their descendants.

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St Michael & All Angels Episcopal Church acknowledges the gifts of sacred music written by African Americans, indigenous peoples and all people of color. This music enriches our liturgies, and we are grateful for these musicians. Music of oppressed cultures has been appropriated by the dominant culture without an appreciation of the pain and suffering experienced by its creators. We repent and commit to the work of racial justice and ending racism.

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Cover: JAndō, Tadao, 1941-. Interior of the Church of the Light, from Art in the Christian Tradition, a project of the Vanderbilt Divinity Library, Nashville, TN. <https://diglib.library.vanderbilt.edu/act-imagelink.pl?RC=58956> [retrieved March 5, 2024]. Original source: [http://commons.wikimedia.org/wiki/File:Church\\_of\\_Light.JPG](http://commons.wikimedia.org/wiki/File:Church_of_Light.JPG).

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For a web page with today's bulletin scan the image on the right. The bulletin can also be downloaded to your device. You can also use this link: <https://bit.ly/3O13z36>



# THE COMMUNITY GATHERS FOR WORSHIP

PRELUDE

*Contemplation on "Wondrous Love"*

Rebecca Groom te Velde (b. 1956)

A WORD OF WELCOME

A PRAYER FOR BIRTHDAYS AND MILESTONES

**O God, our times are in your hand: Look with favor, we pray, on your servants as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their lives; through Jesus Christ our Lord. Amen.**

HYMN

*all stand*

Christ, be our light!



1 Long - ing for light, we wait in dark - ness. Long - ing for  
2 Long - ing for peace, our world is trou - bled. Long - ing for  
3 Long - ing for food, man - y are hun - gry. Long - ing for  
4 Long - ing for shel - ter, man - y are home - less. Long - ing for  
5 Man - y the gifts, man - y the peo - ple, man - y the



truth, we turn to you. Make us your own,  
hope, man - y de - spair. Your word a - lone  
wa - ter, man - y still thirst. Make us your bread,  
warmth, man - y are cold. Make us your build - ing,  
hearts that yearn to be - long. Let us be ser - vants



your ho - ly peo - ple, light for the world to see.  
has pow'r to save us. Make us your liv - ing voice.  
bro - ken for oth - ers, shared un - til all are fed.  
shel - ter - ing oth - ers, walls made of liv - ing stone.  
to one an - oth - er, signs of your king - dom come.



Christ, be our light! Shine in our hearts. Shine through the



dark - ness. Christ, be our light! Shine in your



church gath - ered to - day.

A PENITENTIAL ORDER

*remain standing*

*Presider* Create in us a clean heart, O God.

*People* **And renew a right spirit within us.**

*Presider* Let us confess our sins against God and our neighbor.

Merciful God, you have made this world and us in your image: through Jesus and the prophets you have called us to your generosity, by the power of the Spirit you reform us in your ways.

With your help we strive to resist the evil powers of this world which corrupt and destroy your creation, and yet we are still complicit in the misuse and wasting of what we have.

*People* **Forgive us as we forgive each other.**

*Presider* With your help we strive to respect the dignity of every human being, to seek and serve Christ in all persons, loving you and our neighbor as ourselves, and yet we still fail, causing others to suffer.

*People* **Forgive us as we forgive each other.**

*Presider* With your help we strive to share the good news of your presence with us, in words and in action, and yet we often keep your grace to ourselves.

*People* **Forgive us as we forgive each other.**

*The Presider says*

By the power of the infinite mercy revealed to us in Jesus Christ all your sins are forgiven, and by the power of God's Holy Spirit you are strengthened to be God's people of mercy in the world.

*People* **Amen.**

KYRIE

Lord, have mer - cy.

Lord, have mer - cy. Lord, have mer - cy. Christ, have mer - cy.

Christ, have mer - cy. Christ, have mer - cy.

Lord, have mer - cy. Lord, have mer - cy. Lord, have mer - cy.

Setting: Jane Emery © 2004 Jane Emery.  
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## COLLECT OF THE DAY

*Presider* God be with you.

*People* **And also with you.**

*Presider* Let us pray together.

Revised Common Lectionary Prayers, 2002 alt.

*People* **Steadfast God, you reach out to us in mercy. When we resist your holy call and walk in disobedience, soften our hearts with the warmth of your love, so that we may know your Son alive within us, redeeming us, and raising us up into your eternal presence. Amen.**

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*School-age children are invited to the Children's Liturgy of the Word  
to hear stories about the Good News of God's love.  
Children return to their families at the Peace.*

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## THE WORD OF GOD

*Please be seated*

THE READING **Ephesians 2:1-10 (CEB)**

A reading from Paul's letter to the Ephesians.

At one time you were like a dead person because of the things you did wrong and your offenses against God. You used to live like people of this world. You followed the rule of a destructive spiritual power. This is the spirit of disobedience to God's will that is now at work in persons whose lives are characterized by disobedience. At one time you were like those persons. All of you used to do whatever felt good and whatever you thought you wanted so that you were children headed for punishment just like everyone else.

However, God is rich in mercy. He brought us to life with Christ while we were dead as a result of those things that we did wrong. He did this because of the great love that he has for us. You are saved by God's grace! And God raised us up and seated us in the heavens with Christ Jesus. God did this to show future generations the greatness of his grace by the goodness that God has shown us in Christ Jesus.

You are saved by God's grace because of your faith. This salvation is God's gift. It's not something you possessed. It's not something you did that you can be proud of. Instead, we are God's accomplishment, created in Christ Jesus to do good things. God planned for these good things to be the way that we live our lives.

*The reader concludes* Hear what the Spirit is saying to God's people.

*People* **Thanks be to God.**

The choir or cantor will sing the first verse. All join in the following verses.



1. Give thanks to the Lord, / **who is good,** \*  
whose mercy endures / **for ever.**
2. Let all those whom the Lord has redeemed / **proclaim** \*  
that God redeemed them from the hand / **of the foe.**
3. God gathered them out of the / **lands;** \*  
from the east and from the west, from the north and / **from the south.**
17. Some were fools and took to re-/-**bellious ways;** \*  
they were afflicted because / **of their sins.**
18. They abhorred all manner / **of food** \*  
and drew near / **to death's door.**
19. Then they cried to the Lord in their / **trouble,** \*  
and God delivered them / **from their distress.**
20. God sent forth the word and / **healed them** \*  
and saved them / **from the grave.**
21. Let them give thanks for the mercy of / **God** \*  
and the wonders the Lord does for / **God's children.**
22. Let them offer a sacrifice of thanks-/-**giving** \*  
and recount the deeds of God / **with shouts of joy.**

THE GOSPEL      **John 3:14-21 (CEB)**

*All remain standing*

*The Deacon or Priest says*

The Holy Gospel of our Savior Jesus Christ, according to John.

*People*      **Glory to you Lord Christ.**

Just as Moses lifted up the snake in the wilderness, so must the Human One be lifted up so that everyone who believes in him will have eternal life. God so loved the world that he gave his only Son, so that everyone who believes in him won't perish but will have eternal life. God didn't send his Son into the world to judge the world, but that the world might be saved through him. Whoever believes in him isn't judged; whoever doesn't believe in him is already judged, because they don't believe in the name of God's only Son.

"This is the basis for judgment: The light came into the world, and people loved darkness more than the light, for their actions are evil. All who do wicked things hate the light and don't come to the light for fear that their actions will be exposed to the light. Whoever does the truth comes to the light so that it can be seen that their actions were done in God."

*The reader concludes*      The Gospel of our Savior.

*People*      **Praise to you Lord Christ.**

SERMON *please be seated*

*Quiet for reflection*

AN AFFIRMATION OF FAITH *all stand*

Daily Prayers for all Seasons

**We believe that Jesus took the form of a servant, so we commit ourselves to serve others.**

**We believe that God is love, so we commit ourselves to reconciliation.**

**We believe that Jesus gives us his Spirit, so we commit ourselves to his work in the world.**

**We believe that God is the light of life, so we commit ourselves to bearing God's light in our world.**

**We believe that the Spirit speaks through us, so we commit ourselves to proclaim the good news of abundant life in the world God loves.**

THE PRAYERS OF THE PEOPLE *remain standing*

*The Deacon or Priest says*

Let us pray to the God who is always with us, in whom we live and move and have our being, and in whom we place our trust and hope.

*Leader* Ever-present God, you see and speak to each of us. You grieve over our pain and failings and rejoice in our goodness and joy. You guide us to an abundant and generous life. Help us listen and be transformed by your love and counsel.

The musical notation is written on two staves. The top staff is in treble clef with a key signature of one sharp (F#) and a common time signature. It is divided into two parts: 'Deacon or Cantor' and 'People (unison or harmony)'. The 'Deacon or Cantor' part consists of a single melodic line with six quarter notes: G4, A4, B4, C5, B4, A4. The 'People' part consists of a chordal accompaniment with two lines of notes: the bottom line has G4, A4, B4, and the top line has C5, B4, A4. The bottom staff is in bass clef with the same key signature and time signature, providing a harmonic accompaniment with notes G3, A3, B3, C4, B3, A3.

*Leader* Ever-compassionate God, open our eyes to see the pain, fear or desperation of those in our community who are ill, lonely, addicted, bullied, exploited, oppressed, hungry or homeless. Open our hands and hearts to share the compassion and love of Jesus. Let us name all who need our prayers, silently or aloud.

*Cantor* God, in your mercy

*All* **Hear our prayer.**

*Leader* Ever-creating God, give us reverence for the earth, your own glorious creation; and grant us hearts to care for its resources rightly, as you have trusted us to do.

*Cantor* God, in your mercy

*All* **Hear our prayer.**

*Leader* Ever-loving God, we pray for peace, and for the will of governments, politicians and ordinary people to resolve their differences without resorting to violence. We pray especially for those who have suffered injury, loss of homes, life and livelihood as a result of the wars in the Middle East, Ukraine and other places in the world. Comfort those who grieve the loss or harm of friends, family and freedom. We remember all who have died, especially those we name silently or aloud. *(A moment of silence is kept for those offering their prayers)*

*Cantor* God, in your mercy

*All* **Hear our prayer.**

*Leader* Ever-comforting God, during uncertain and frightening times, calm our fears and restore our trust, as you continue to guide and strengthen us, individually and in our ministries at St. Michael's, in your transformative work in the world.

*Cantor* God, in your mercy

*All* **Hear our prayer.**

*Presider* Receive these prayers, O God, and transform us through them, that we may have eyes to see, ears to hear, hearts to understand, and wills to courageously do what you call us to do. **Amen**

## THE PEACE

*Presider* The peace of Christ be always with you.

*People* **And also with you.**

*Please be seated*

## THE HOLY COMMUNION

OFFERTORY ANTHEM *Also hat Gott die Welt geliebt (For God so loved the world)*

Heinrich Schütz  
(1585-1672)

Also hat Gott die Welt geliebt, dass er seinen eingebornen Sohn gab, auf dass alle, die an ihn glauben, nicht verloren werden, sondern das ewige Leben haben.

*For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.*

– *John 3:16*

THE GREAT THANKSGIVING *all stand* Eucharistic Prayers (Sam Wells and Abigail Kocher)

*Presider* The Lord be with you.

*People* **And also with you.**

*Presider* Lift up your hearts.

*People* **We lift them to the Lord.**

*Presider* Let us give thanks to God.

*People* **It is right to give our thanks and praise.**

*The Presider continues*

It is right, and a good and joyful thing, to give our thanks to you, Holy One on high, for you shaped all living beings and every wonder of creation to bear fruit that glorifies you. In the soil of covenant you planted a life with your chosen people and nourished a family to bless all the earth. When through human faithlessness that life was grieved and barren, you sent your Son to be the soil of our redemption.

Through his resurrection you brought us out of the deadness of sin into the fullness of your fruit-bearing, fruit-sharing life. And so we rejoice with angels and archangels and all the company of heaven as we join the unending hymn:



# SANCTUS

*People*



Sanc - tus, Sanc - tus, Sanc - tus Do - mi - ne De - us

Sab - a - oth, hea - ven and earth are full of your glo - ry.

Glo - ri - a tu - a. Ho - ly, ho - ly, ho - ly, Lord God of Hosts:

Hea - ven and earth are full of your glo - ry. Ho -

- san - na in ex - cel - sis. Bles - sed is he who

comes in the name of the Lord. Ho - san - na in ex -

- cel - sis. Ho - san - na in ex - cel - sis.

Setting: Debra Hinson Bridges, from *Millennium Mass* © 2004 Debra Hinson Bridges.  
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*Presider* God who summons everyone who thirsts to come, may all who drink from this cup thirst for the wine of your kingdom. As we remember through this fruit of the vine your Son's saving passion, send your Holy Spirit to lead us into life. By your same Spirit, bless this bread and cup that they may be for us the body and blood of our Lord Jesus Christ; who, at supper with his disciples, took bread, gave you thanks, broke it, and gave it to them, saying, "Take, eat: this is my body which is given for you; do this in remembrance of me."

After supper he took the cup. Again he gave you thanks, and gave it to his disciples, saying, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me."

Great is the mystery of faith.

*Presider and People*

**Christ has died; Christ is risen; Christ will come again.**

*The Presider continues*

God of all flourishing, through the fast of Lent nourish in your church a life that is whole. Give patience to all who abide through long seasons of barrenness and long for new life. Tend and care for any who hunger for mercy and thirst for the day when there is one shared flourishing for all, one feasting with you in glory, when with the saints, apostles, and martyrs, your creation shall be, at last, wholly fruitful in you, one holy God, world without end. **AMEN**

**THE LORD'S PRAYER**

*Presider* As Christ teaches us, we pray:

*All* **Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins, as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.**

**THE BREAKING OF THE BREAD**

*The Presider breaks the consecrated Bread. A period of silence is kept.*

**FRACTION ANTHEM**

**Lamb of God**

Lamb of God, you take a - way the sins of the world: have  
mer - cy on us. Lamb of God, you take a - way the  
sins of the world: have mer - cy on us. Lamb of  
God, you take a-way the sins of the world: grant us peace.

Setting: Susan Calvin Fletcher, © 2002 Susan Calvin Fletcher.  
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*Presider* The gifts of God for the people of God.

# THE INVITATION

From the Iona Community

*Presider* Come to this table, all who have much faith and all who would like to have more; all who have been here often and all who have not been for a long time; all who have tried to follow Jesus, and all who have failed; come. It is Christ who invites us to meet him here.

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*All are welcome to share in Holy Communion. After singing the Fraction Anthem please be seated until invited by the ushers to move forward to stand or kneel at the altar.*

*To receive only a blessing, place arms in an "x" across your chest as the priest approaches.*

*To share the bread, extend hands open, palms up, one on top of the other.*

*To share the cup, take hold of the base and guide it to your mouth. If not desiring to receive the wine, fold arms in an "x" over your chest as the cup passes by.*

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# THE COMMUNION OF GOD'S PEOPLE

COMMUNION MOTET:

*Ave verum corpus*

Stephanie Martin (b. 1962)

Ave verum corpus, natum de Maria Virgine,  
Vere passum immolatum in cruce pro homine;  
Cujus latus perforatum unda fluxit sanguine,  
Esto nobis praegustatum in mortis examine.  
O dulcis, O pie, O Jesu, Fili Mariae,  
Miserere nobis. Amen.

*Hail the true body, born of the Virgin Mary,  
You who truly suffered and were sacrificed on the cross for humankind;  
From whose pierced flank flowed water and blood:  
Be a foretaste for us in the trial of death.  
O sweet, O merciful, O Jesus, Son of Mary.  
Have mercy on me. Amen.*

TAIZÉ

## Remember me

Re - mem - ber me, Re - mem - ber -  
me, O Lord, re - mem - ber me.

Words: Traditional. Music: Negro Spiritual; harm. J. Jefferson Cleveland (1937-1988). Harm. Copyright © 1981 Abingdon. Reprinted from *Songs of Zion* by permission.

1 My God, thy ta - ble now is spread, thy cup with  
 2 O let thy ta - ble hon - ored be, and fur - nished  
 3 Drawn by thy quick - ening grace, O Lord, in coun - tless  
 4 Nor let thy spread - ing Gos - pel rest till through the

love doth o - ver - flow; be all thy chil - dren  
 well with joy - ful guests; and may each soul sal -  
 num - bers let them come and gath - er from their  
 world thy truth has run, till with this Bread shall

thith - er led, and let them thy sweet mer - cies know.  
 va - tion see, that here its sa - cred pledg - es tastes.  
 Fa - ther's board the Bread that lives be - yond the tomb.  
 all be blessed who see the light or feel the sun.

Words: Sts. 1-3, Philip Doddridge (1702-1751), alt.; st. 4, Isaac Watts (1674-1748), alt.

Music: *Rockingham*, melody from Second Supplement to Psalmody in Miniature, ca. 1780; adapt. Edward Miller (1731-1807); harm. Samuel Webbe (1740-1816)

## GOING FORTH

### SENDING OUT OF EUCHARISTIC VISITORS

*Presider* In the name of this congregation we send you forth to share this Eucharist with *N*.

*All* **You carry the prayers of us all as you take this Sacrament of Christ's presence . May those who receive it be strengthened and encouraged in the life we find together in our Lord Jesus Christ. Amen.**

## BLESSING OF PRAYER SHAWLS

PRESIDER *Let us pray.*

*All* **May God's grace be upon these shawls, created with prayers for comfort, healing and well-being. May each mantle be a safe haven, a sacred place. May those embraced by these shawls feel upheld by unseen hands, be strengthened on their way and encircled with God's love in all things. Amen.**

## PRAYER AFTER COMMUNION

Anglican Church of Canada

*Presider* Let us pray.

*All* **Giver of life, you enlighten all who come into the world. Fill our hearts with the splendor of your grace, that we may perfectly love you and worthily praise your holy name, through Jesus Christ the Lord. Amen.**

## BLESSING

*The Presider blesses the people*

1 Guide me, O thou great Je - ho - vah, pil - grim through this  
 2 O - pen now the crys - tal foun-tain, whence the heal - ing  
 3 When I tread the verge of Jor - dan, bid my anx - ious

bar - ren land; I am weak, but thou art might - y;  
 stream doth flow; let the fire and cloud - y pil - lar  
 fears sub - side; death of death, and hell's de - struc - tion,

hold me with thy power - ful hand; bread of hea - ven,  
 lead me all my jour - ney through; strong de - liv - erer,  
 land me safe on Ca - naan's side; songs of prais - es,

bread of hea - ven, feed me now and ev - er -  
 strong de - liv - erer, be thou still my strength and  
 songs of prais - es, I will ev - er give to

more, shield, feed me now and ev - er - more.  
 thee, be thou still my strength and shield.  
 I will ev - er give to thee.

THE DISMISSAL

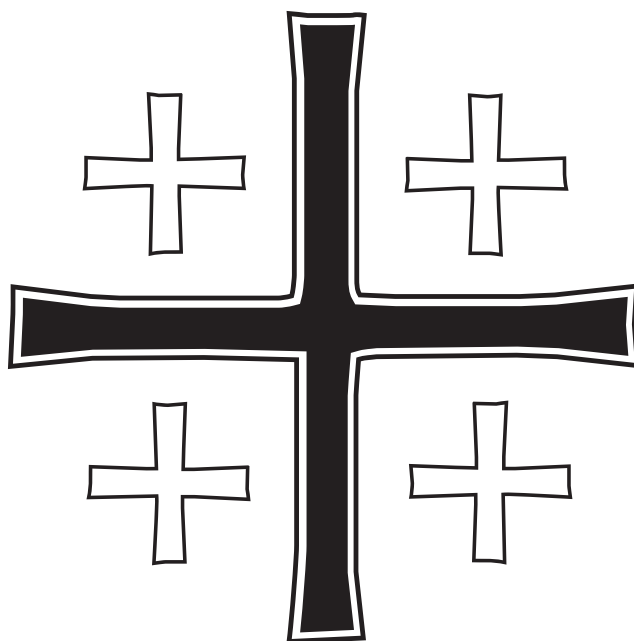
*Deacon or priest* Let us go forth in the name of Christ

*People* **Thanks be to God.**

POSTLUDE

*Introduction and Fugue*

Adela Douglas-Pennant (1858-1955)



## SERVING TODAY

<b>Presider</b>	The Rev. R. Scott Painter
<b>Assisting Priest &amp; Preacher</b>	The Rev. Sara Fischer
<b>Music</b>	St. Michael's Singers Hannah Brewer, Music director/Organist Brian Fairbanks, Choir Director
<b>Crucifer</b>	Sheri O'Brien
<b>Eucharistic ministers</b>	Jana Gregory, Lynda Moses
<b>Lector</b>	Jeanne Pace
<b>Prayer Leader</b>	Kenya Cruz
<b>Ushers</b>	Alice Hardesty, John Davis
<b>Altar Guild</b>	Jennie Street, Julie Grandfield Kirk Lambert, Lindsay Ramsey
<b>Bread</b>	Brian Fairbanks
<b>Coffee Hosts</b>	Sally Harrison, Lynn Baker

## VESTRY

<b>Senior Warden</b>	Thrina Parent
<b>Junior Warden for the People</b>	Sheri O'Brien
<b>Junior Warden for Facilities</b>	Carl Braginsky
<b>Parish Clerk</b>	Becky Tooley
<b>Treasurer</b>	Dave Reilly
<b>First Year</b>	Joe de Luna, Elizabeth Rouffy Kevin Warren, Ann Wetherell
<b>Second Year</b>	Lindsay Gutierrez, Ann Hargraves Patrick McLaughlin, Susie Silva-Strommer
<b>Third Year</b>	Carl Braginsky, Beth Ilem Sheri O'Brien, Thrina Parent
<b>Student Rep</b>	Lucy Shields
<b>Diocesan Convention Delegates</b>	Sherri Afryl Cheryl Braginsky, Gillian Butler, Barbara Mason

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## STAFF

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