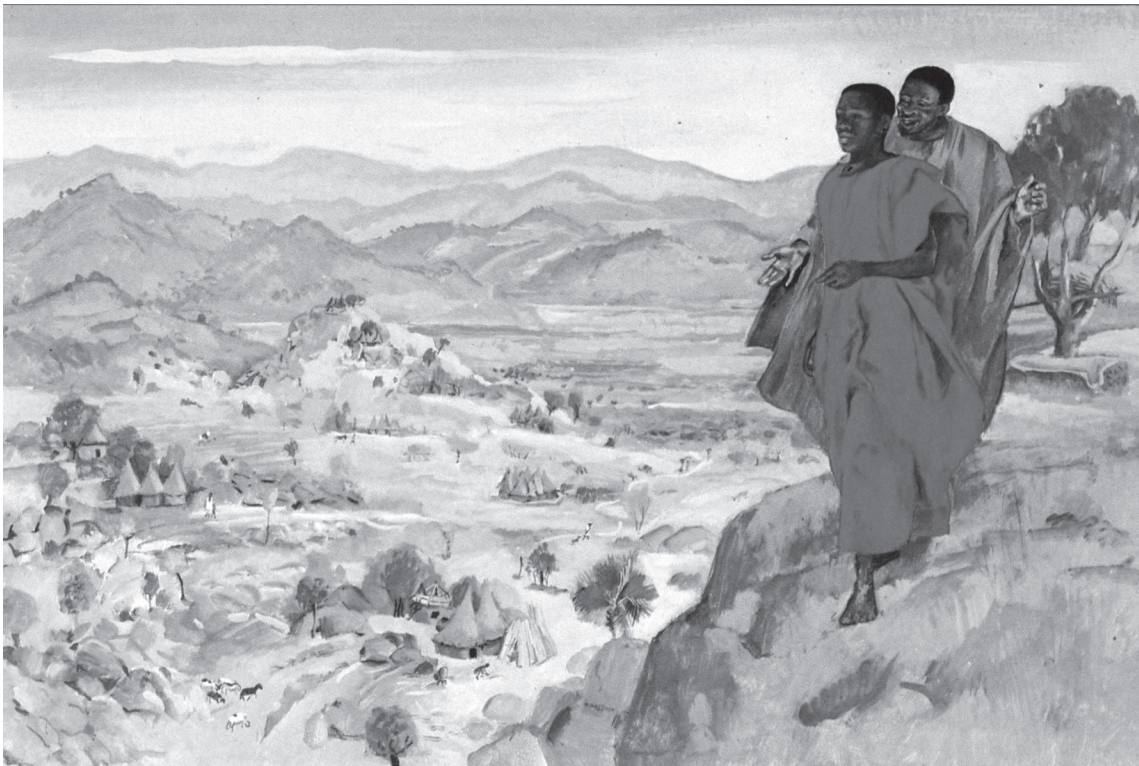


# ST. MICHAEL & ALL ANGELS

11:00 AM HOLY EUCHARIST



Jesus is tempted - Matthew 4:1-11, JESUS MAFA, 1973

THE FIRST SUNDAY IN LENT  
FEBRUARY 18, 2024

# WELCOME TO ST. MICHAEL'S

**We manifest joy** through vibrant worship, beautiful music, and the active participation and nurturing of our children and youth.

**We embrace resilience** by learning each other's stories, proclaiming the Good News of God's unconditional love, and strengthening our capacity to hope.

**We seek justice** by advocating for political change, continuing our work as an Immigrant Welcoming Congregation, and striving to understand our role in social, economic, and racial inequality.

**We live in love** through our Baptismal Promises to welcome and respect the dignity of every human being, care for God's creation, and engage in the ministry of Jesus to bring light, healing, and grace to our world.

We are rooted as an Episcopal Church, honoring our traditions from the creative perspective of our community, learning how to engage the bilingual and multicultural makeup of our congregation, and seeking silence and stillness to glean insight from the Holy Spirit among us.

Episcopal worship gathers the hearts and prayers of everyone present and involves call and response between the leader and the assembly. You'll find the responses of the community here, in bold type, marked "People."

Children are welcome here, voices and wiggles and all! The very young (infants to five years) are invited to play in our childcare room on the lower level, though some children prefer to remain in worship with their families. Early in the service, school-age children (generally, grades K-5) will be invited downstairs for their Liturgy of the Word, and they return to the gathered community before communion. Coloring and reading books for children are located at the back of the church.

We'd love to know more about you. Please sign the guest book by the door or fill out a pew card, and we'll be in touch with you for further conversation. You may also email us using the addresses listed below.

Thank you for coming together!

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St. Michael & All Angels, located in Multnomah County, rests on the traditional homelands of the Multnomah, Kathlamet, Clackamas, Molalla, Tumwater, Watalala bands of the Chinook, the Tualatin Kalapuya, and many other indigenous nations of the Columbia River. We acknowledge the ancestors of this place and understand that we are here because of the sacrifices forced upon them. By recognizing these communities, we honor their legacy, their lives, and their descendants.

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St Michael & All Angels Episcopal Church acknowledges the gifts of sacred music written by African Americans, indigenous peoples and all people of color. This music enriches our liturgies, and we are grateful for these musicians. Music of oppressed cultures has been appropriated by the dominant culture without an appreciation of the pain and suffering experienced by its creators. We repent and commit to the work of racial justice and ending racism.

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Cover: JESUS MAFA. Jesus is tempted - Matthew 4:1-11, from Art in the Christian Tradition, a project of the Vanderbilt Divinity Library, Nashville, TN. <https://diglib.library.vanderbilt.edu/act-imagelink.pl?RC=48312> [retrieved February 12, 2024]. Original source: <http://www.librairie-emmanuel.fr> (contact page: <https://www.librairie-emmanuel.fr/contact>).

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For a web page with today's bulletin scan the image on the right. The bulletin can also be downloaded to your device. You can also use this link: <https://bit.ly/3O13z36>



# THE COMMUNITY GATHERS FOR WORSHIP

PRELUDE

*A little more faith in Jesus* Spiritual arr. John W. Work III (1901-1967)

A WORD OF WELCOME

A PRAYER FOR BIRTHDAYS AND MILESTONES

**O God, our times are in your hand: Look with favor, we pray, on your servants as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their lives; through Jesus Christ our Lord. Amen.**

HYMN 143

*all stand*

The glory of these forty days

Erhalt uns, Herr



1 The glo - ry of these for - ty days we  
2 A - lone and fast - ing Mo - ses saw the  
3 So Dan - iel trained his mys - tic sight, de -  
4 Then grant us, Lord, like them to be full  
\*5 O Fa - ther, Son, and Spi - rit blest, to



1 ce - le - brate with songs of praise; for Christ, through whom all  
2 lov - ing God who gave the law; and to E - li - jah,  
3 liv - ered from the li - ons' might; and John, the Bride - groom's  
4 oft in fast and prayer with thee; our spi - rits strength - en  
5 thee be ev - ery prayer ad - dressed, who art in three - fold



1 things were made, him - self has fast - ed and has prayed.  
2 fast - ing, came the steeds and char - i - ots of flame.  
3 friend, be - came the her - ald of Mes - si - ah's name.  
4 with thy grace, and give us joy to see thy face.  
5 Name a - dored, from age to age, the on - ly Lord.

Words: Latin, 6th cent.; tr. Maurice F. Bell (1862-1947), alt.

Music: *Erhalt uns, Herr*, melody from *Geistliche Leiden*, 1543; harm. Johann Sebastian Bach (1685-1750)

A PENITENTIAL ORDER

*remain standing*

*Presider* Create in us a clean heart, O God.

*People* **And renew a right spirit within us.**

*Presider* Let us confess our sins against God and our neighbor.

Merciful God, you have made this world and us in your image: through Jesus and the prophets you have called us to your generosity, by the power of the Spirit you reform us in your ways.

With your help we strive to resist the evil powers of this world which corrupt and destroy your creation, and yet we are still complicit in the misuse and wasting of what we have.

*People* **Forgive us as we forgive each other.**

*Presider* With your help we strive to respect the dignity of every human being, to seek and serve Christ in all persons, loving you and our neighbor as ourselves, and yet we still fail, causing others to suffer.

*People* **Forgive us as we forgive each other.**

*Presider* With your help we strive to share the good news of your presence with us, in words and in action, and yet we often keep your grace to ourselves.

*People* **Forgive us as we forgive each other.**

*The Presider says*

By the power of the infinite mercy revealed to us in Jesus Christ all your sins are forgiven, and by the power of God's Holy Spirit you are strengthened to be God's people of mercy in the world.

*People* **Amen.**

## KYRIE

Lord, have mer - cy.

Lord, have mer - cy. Lord, have mer - cy. Christ, have mer - cy.

Christ, have mer - cy. Christ, have mer - cy.

Lord, have mer - cy. Lord, have mer - cy. Lord, have mer - cy.

Setting: Jane Emery © 2004 Jane Emery.  
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## COLLECT OF THE DAY

*Presider* God be with you.

*People* **And also with you.**

*Presider* Let us pray together.

Evangelical Lutheran Worship

*People* **God of the wilderness, your Son battled with the powers of darkness and grew closer to you in the desert: help us in these forty days to grow in wisdom and prayer, so that we may witness to your saving love in Jesus Christ. Amen.**

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*School-age children are invited to the Children's Liturgy of the Word  
to hear stories about the Good News of God's love.  
Children return to their families at the Peace.*

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# THE WORD OF GOD

*Please be seated*

## THE READING 1 Peter 3:18-22 (CEB)

A reading from First Peter

Christ himself suffered on account of sins, once for all, the righteous one on behalf of the unrighteous. He did this in order to bring you into the presence of God. Christ was put to death as a human, but made alive by the Spirit. And it was by the Spirit that he went to preach to the spirits in prison. In the past, these spirits were disobedient—when God patiently waited during the time of Noah. Noah built an ark in which a few (that is, eight) lives were rescued through water. Baptism is like that. It saves you now—not because it removes dirt from your body but because it is the mark of a good conscience toward God. Your salvation comes through the resurrection of Jesus Christ, who is at God’s right side. Now that he has gone into heaven, he rules over all angels, authorities, and powers.

*The reader concludes* Hear what the Spirit is saying to God’s people.

*People* **Thanks be to God.**

PSALM 25:1-9

*please stand*

Plainsong Tone II.1

*The choir or cantor will sing the first verse. All join in the following verses.*



- 1 To you, O LORD, I lift up my soul; my God, I put my / **trust in you**; \*  
let me not be humiliated, nor let my enemies triumph / **over me.**
- 2 Let none who look to you be / **put to shame**; \*  
let the treacherous be disappointed / **in their schemes.**
- 3 Show me your ways, O / **LORD**, \*  
and teach / **me your paths.**
- 4 Lead me in your truth and / **teach me**, \*  
for you are the God of my salvation; in you have I trusted all / **the day long.**
- 5 Remember, O LORD, your compassion / **and love**, \*  
for they are from ev-/**-erlasting.**
- 6 Remember not the sins of my youth and my trans-/**-gressions**; \*  
remember me according to your love and for the sake of your good-/**-ness, O LORD.**
- 7 Gracious and upright are you, O / **LORD**; \*  
therefore you teach sin-/**-ners in your way.**
- 8 You guide the humble in / **doing right** \*  
and teach your way to / **the lowly.**
- 9 All your paths, O LORD, are love and / **faithfulness** \*  
to those who keep your covenant and your tes-/**-timonies.**



THE GOSPEL: Mark 1:9-15 (CEB)

*All remain standing*

*The Deacon or Priest says*

The Holy Gospel of our Savior Jesus Christ, according to Mark.

*People* **Glory to you Lord Christ.**

About that time, Jesus came from Nazareth of Galilee, and John baptized him in the Jordan River. While he was coming up out of the water, Jesus saw heaven splitting open and the Spirit, like a dove, coming down on him. And there was a voice from heaven: "You are my Son, whom I dearly love; in you I find happiness."

At once the Spirit forced Jesus out into the wilderness. He was in the wilderness for forty days, tempted by Satan. He was among the wild animals, and the angels took care of him.

After John was arrested, Jesus came into Galilee announcing God's good news, saying, "Now is the time! Here comes God's kingdom! Change your hearts and lives, and trust this good news!"

*The reader concludes* The Gospel of our Savior.

*People* **Praise to you Lord Christ.**

SERMON *please be seated*

*Quiet for reflection*

AN AFFIRMATION OF FAITH *all stand*

Daily Prayers for all Seasons

**We believe that Jesus took the form of a servant, so we commit ourselves to serve others.**

**We believe that God is love, so we commit ourselves to reconciliation.**

**We believe that Jesus gives us his Spirit, so we commit ourselves to his work in the world.**

**We believe that God is the light of life, so we commit ourselves to bearing God's light in our world.**

**We believe that the Spirit speaks through us, so we commit ourselves to proclaim the good news of abundant life in the world God loves.**

THE PRAYERS OF THE PEOPLE *remain standing*

*The Deacon or Priest says*

Let us pray to the God who is always with us, in whom we live and move and have our being, and in whom we place our trust and hope.

*Leader* Ever-present God, you see and speak to each of us. You grieve over our pain and failings and rejoice in our goodness and joy. You guide us to an abundant and generous life. Help us listen and be transformed by your love and counsel.

*Deacon or Cantor*                      *People (unison or harmony)*

God, in your mer - cy    Hear    our prayer.

The musical notation consists of two staves. The top staff is in G-clef (treble clef) with a key signature of one sharp (F#). It contains a melody for the Deacon or Cantor: G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter), B4 (quarter), A4 (quarter), G4 (quarter). The bottom staff is in F-clef (bass clef) with a key signature of one sharp (F#). It contains accompaniment for the People: G3 (half), B3 (quarter), D4 (quarter), E4 (half). The lyrics are placed below the notes.

*Leader* Ever-compassionate God, open our eyes to see the pain, fear or desperation of those in our community who are ill, lonely, addicted, bullied, exploited, oppressed, hungry or homeless. Open our hands and hearts to share the compassion and love of Jesus. Let us name all who need our prayers, silently or aloud.

*Cantor* God, in your mercy  
*All* **Hear our prayer.**

*Leader* Ever-creating God, give us reverence for the earth, your own glorious creation; and grant us hearts to care for its resources rightly, as you have trusted us to do.

*Cantor* God, in your mercy  
*All* **Hear our prayer.**

*Leader* Ever-loving God, we pray for peace, and for the will of governments, politicians and ordinary people to resolve their differences without resorting to violence. We pray especially for those who have suffered injury, loss of homes, life and livelihood as a result of the wars in the Middle East, Ukraine and other places in the world. Comfort those who grieve the loss or harm of friends, family and freedom. We remember all who have died, especially those we name silently or aloud. *(A moment of silence is kept for those offering their prayers)*

*Cantor* God, in your mercy  
*All* **Hear our prayer.**

*Leader* Ever-comforting God, during uncertain and frightening times, calm our fears and restore our trust, as you continue to guide and strengthen us, individually and in our ministries at St. Michael's, in your transformative work in the world.

*Cantor* God, in your mercy  
*All* **Hear our prayer.**

*Presider* Receive these prayers, O God, and transform us through them, that we may have eyes to see, ears to hear, hearts to understand, and wills to courageously do what you call us to do. **Amen**

## THE PEACE

*Presider* The peace of Christ be always with you.

*People* **And also with you.**

*Please be seated*

## THE HOLY COMMUNION

### OFFERTORY ANTHEM

*Set me as a seal*

René Clausen (b. 1953)

Set me as a seal upon your heart, as a seal upon your arm, for love is strong as death.

Many waters cannot quench love; neither can the floods drown it.

– *Song of Solomon 8:6-7*

### THE GREAT THANKSGIVING

*all stand*

Eucharistic Prayers (Sam Wells and Abigail Kocher)

*Presider* The Lord be with you.

*People* **And also with you.**

*Presider* Lift up your hearts.

*People* **We lift them to the Lord.**

*Presider* Let us give thanks to God.

*People* **It is right to give our thanks and praise.**

*The Presider continues*

Blessed are you, God of everlasting covenant, for your promises are steadfast and your provision is sure. Through the forty years of your people's desert wanderings, you were constant in fire and cloud; with manna and mercy you sustained every step. You made Jesus' temptation of forty days a theater of truth where your Word stood strong. In every age you have shaped your people through times of wilderness and wandering, of temptation and trial, and brought them into the land of promise and the life of covenant.

And so with all who have walked the wilderness way in every time and all who walk it this day, with angels and archangels and all the company of heaven, we join in singing the unending hymn.

## SANCTUS

*People*



Sanc - tus, Sanc - tus, Sanc - tus Do-mi - ne De - us

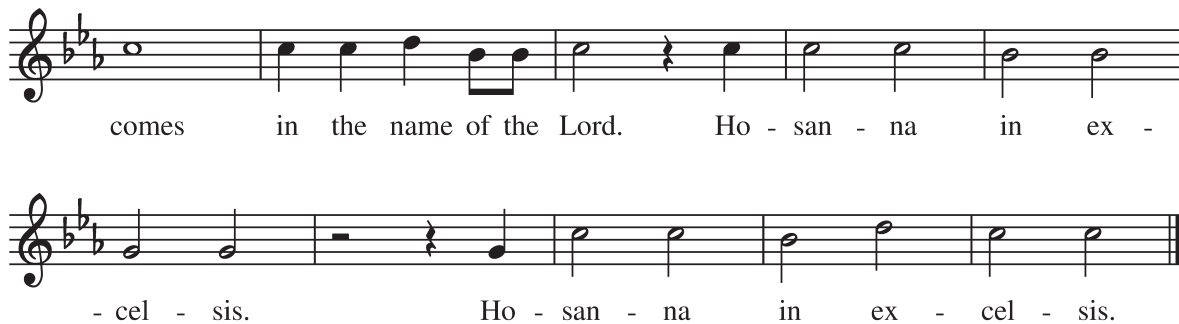
Sab - a - oth, hea - ven and earth are full of your glo - ry.

Glo - ri - a tu - a. Ho - ly, ho - ly, ho - ly, Lord God of Hosts:

Hea - ven and earth are full of your glo - ry. Ho -

- san - na in ex - cel - sis. Bles - sed is he who





Setting: Debra Hinson Bridges, from *Millennium Mass* © 2004 Debra Hinson Bridges.  
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*Presider* Enduring God, as you sustained Jesus in hunger and thirst, through this meal strengthen us to keep our Lenten fast. Send your Holy Spirit upon us as we remember Jesus' saving passion; transform our insatiable desires into hunger for the feast of this table.

Send your Holy Spirit upon this bread and wine that they may be for us the body and blood of Christ; who, at supper with his disciples, took bread, gave you thanks, broke it, and gave it to them, saying, "Take, eat: this is my body which is given for you; do this in remembrance of me."

After supper he took the cup. Again he gave you thanks, and gave it to his disciples, saying, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me."

Great is the mystery of faith.

*Presider and People*

**Christ has died; Christ is risen; Christ will come again.**

*The Presider continues*

Forgiving God, in this season of repentance, make your mercy sufficient for every need. Come to your children who are in their own wilderness and make their wanderings holy paths of learning your truth. Strengthen all who face the threshold of temptation or the tumult of trial. Seek those whose hearts are contrite and meet them with grace.

Come alongside all who suffer from the sin of another and give them power to live as your beloved children. Renew your church from the depths of your heart, where justice and mercy meet.

Bring us with all your saints to the day when all who watch and pray for your kingdom behold your salvation and meet you in resurrection, God most glorious, world without end. **AMEN**

## THE LORD'S PRAYER

*Presider* As Christ teaches us, we pray:

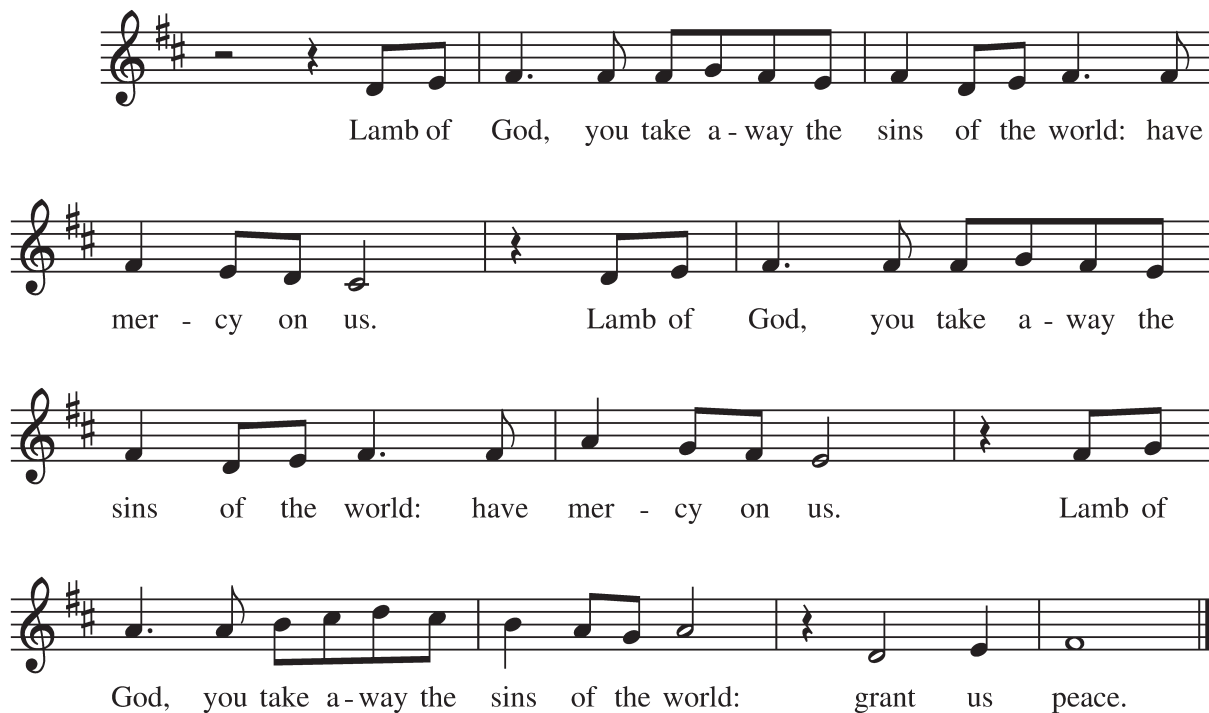
*All* **Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins, as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.**

## THE BREAKING OF THE BREAD

*The Presider breaks the consecrated Bread. A period of silence is kept.*

## FRACTION ANTHEM

## Lamb of God



Lamb of God, you take a - way the sins of the world: have  
mer - cy on us. Lamb of God, you take a - way the  
sins of the world: have mer - cy on us. Lamb of  
God, you take a - way the sins of the world: grant us peace.

Setting: Susan Calvin Fletcher, © 2002 Susan Calvin Fletcher.  
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*Presider* The gifts of God for the people of God.

## THE INVITATION

From the Iona Community

*Presider* Come to this table, all who have much faith and all who would like to have more; all who have been here often and all who have not been for a long time; all who have tried to follow Jesus, and all who have failed; come. It is Christ who invites us to meet him here.

---

*All are welcome to share in Holy Communion. After singing the Fraction Anthem please be seated until invited by the ushers to move forward to stand or kneel at the altar.*

*To receive only a blessing, place arms in an "x" across your chest as the priest approaches.*

*To share the bread, extend hands open, palms up, one on top of the other.*

*To share the cup, take hold of the base and guide it to your mouth. If not desiring to receive the wine, fold arms in an "x" over your chest as the cup passes by.*

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## THE COMMUNION OF GOD'S PEOPLE

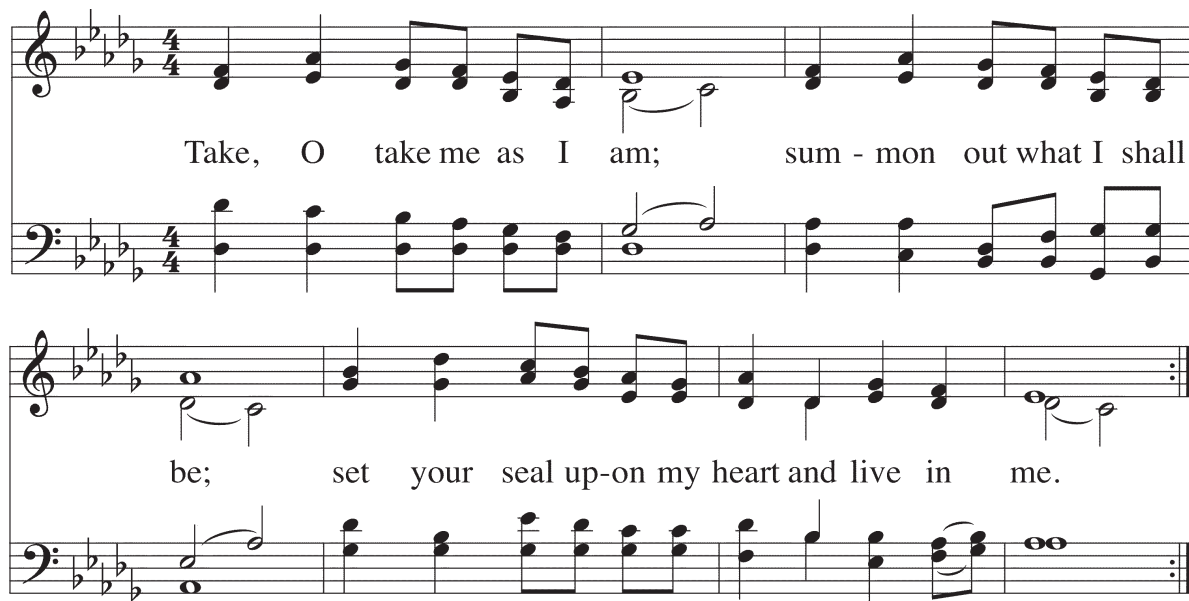
### COMMUNION MOTET:

*Drop, drop, slow tears*

music by Orlando Gibbons (1583-1625),  
text by Phineas Fletcher (1582-1650)

Drop, drop, slow tears, and bathe those beauteous feet  
Which brought from heav'n the news and Prince of Peace:  
Cease not, wet eyes, his mercies to entreat;  
To cry for vengeance sin doth never cease.  
In your deep floods drown all my faults and fears;  
Nor let his eye see sin, but through my tears.

## Take, oh, take me as I am



Take, O take me as I am; sum - mon out what I shall

be; set your seal up-on my heart and live in me.

Text and Music: John L. Bell (b. 1949), Iona Community.



1. When from bond - age
2. When our God names
3. Through all stag - es
4. We must not lose
5. See the prize our



we are sum - moned out of dark - ness in - to light, we must  
 us a peo - ple, Je - sus leads us by the hand through a  
 of the jour - ney Christ is with us, night and day, with com -  
 sight of Je - sus, who ac - cept - ed pain and loss, who, for  
 God has prom - ised: end - less life with Christ our Lord. Now we



go in hope and pa - tience, walk by faith and not by sight.  
 lone - ly, bar - ren de - sert to a great and glo - rious land.  
 pas - sion for our weak - ness ev' - ry step a - long the way. Let us  
 joy of love un - meas - ured, dared em - brace the shame - ful cross.  
 fix our eyes on Je - sus, walk by faith in Je - sus' word.



throw off all that hin - ders; let us run the race to win! Let us



has - ten to our home - land and, re - joic - ing, en - ter in. in.

Words: Delores Dufner, OSB (b. 1939). Music: *Haywood's Home*, Carl Haywood (b. 1949), from *Tunes for Grace*.

## GOING FORTH

### SENDING OUT OF EUCHARISTIC VISITORS

*Presider* In the name of this congregation we send you forth to share this Eucharist with *N*.

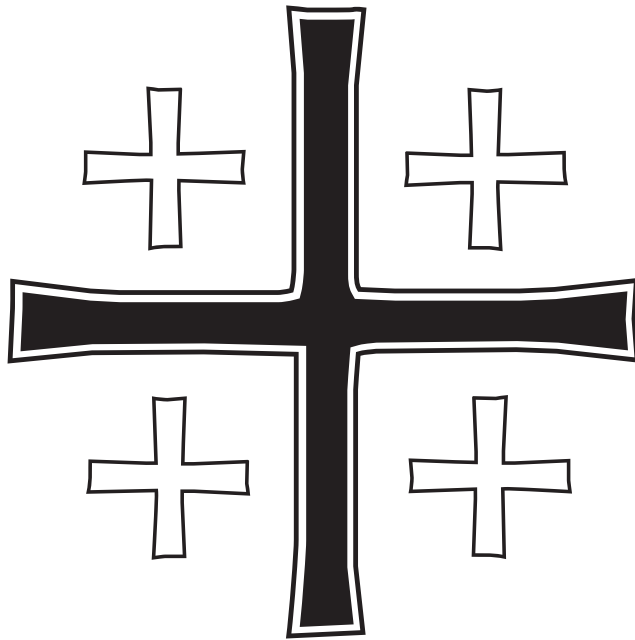
*All* **You carry the prayers of us all as you take this Sacrament of Christ's presence. May those who receive it be strengthened and encouraged in the life we find together in our Lord Jesus Christ. Amen.**

*Presider* Let us pray.

*All* **Faithful God, in this holy meal you increase our faith and hope and love. Lead us in the way of Christ who is your Word of life. We ask this in his name. Amen.**

BLESSING

*The Presider blesses the people*



1. We are of - ten tossed and driv'n on the rest - less sea of time,  
 2. We are of - ten des - ti - tute of the things that life de - mands,  
 3. Tri - als dark on ev - 'ry hand, and we can - not un - der - stand,  
 4. Temp - ta - tions, hid - den snares of - ten take us un - a - wares,

1. Som - ber skies and howl - ing tem - pest oft suc - ceed a bright sun - shine;  
 2. Want of food and want of shel - ter, thirst - y hills and bar - ren lands;  
 3. All the ways that God would lead us to that bless - ed prom - ised land;  
 4. And our hearts are made to bleed for many a thought - less word or deed;

1. In that land of per - fect day, when the mists have rolled a - way,  
 2. We are trust - ing in the Lord, and ac - cord - ing to His word,  
 3. But He guides us with His eye and we'll fol - low till we die.  
 4. And we won - der why the test when we try to do our best.



1. We will  
 2. We will un - der - stand it bet - ter by and by, by and by.  
 3. For we'll  
 4. But we'll

By and by — when the morn - ing comes, When the saints of

God are gath - ered home, We'll tell the sto - ry

how we're o-ver-come; For we'll un-der-stand it bet-ter by and by, by and by.

Words: Charles A. Tindley (1851-1933). Music: Charles A. Tindley; arr. F. A. Clark, c. 1906.

## THE DISMISSAL

*Deacon or priest* Let us bless the Lord.

*People* **Thanks be to God.**

## POSTLUDE

*Down to the river to pray*

arr. Mary McDonald (b. 1956)

## SERVING TODAY

<b>Assisting Priest &amp; Preacher</b>	The Rev. R. Scott Painter
<b>Presider</b>	The Rev. SuEllen Pommier
<b>Music</b>	St. Michael's Singers Hannah Brewer, Music director/Organist Brian Fairbanks, Choir Director
<b>Crucifer</b>	Sheri O'Brien
<b>Eucharistic ministers</b>	Jana Gregory, Henry Welch
<b>Lector</b>	Steve Flagg
<b>Prayer Leader</b>	Becky Tooley
<b>Ushers</b>	John Davis, Paula Raines
<b>Altar Guild</b>	Carolyn Eaton, Sigrid Huston Georg Ann Flagg, Carol Gordon, Sally Harrison
<b>Bread</b>	Dave Reilly
<b>Coffee Hosts</b>	Bev Hoeffler and Lynn Baker

## VESTRY

<b>Senior Warden</b>	Thrina Parent
<b>Junior Warden for the People</b>	Sheri O'Brien
<b>Junior Warden for Facilities</b>	Carl Braginsky
<b>Parish Clerk</b>	Becky Tooley
<b>Treasurer</b>	Dave Reilly
<b>First Year</b>	Joe de Luna, Elizabeth Rouffy Kevin Warren, Ann Wetherall
<b>Second Year</b>	Lindsay Gutierrez, Ann Hargraves Patrick McLaughlin, Susie Silva-Strommer
<b>Third Year</b>	Carl Braginsky, Beth Ilem Sheri O'Brien, Thrina Parent
<b>Diocesan Convention Delegates</b>	Sherri Afryl Cheryl Braginsky, Gillian Butler, Barbara Mason

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## STAFF

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