

# ST. MICHAEL & ALL ANGELS

9:00 AM HOLY EUCHARIST



The Possessed, Jesus Mafa, 1973

THE FOURTH SUNDAY AFTER THE EPIPHANY  
JANUARY 28, 2024

# WELCOME TO ST. MICHAEL'S

**We manifest joy** through vibrant worship, beautiful music, and the active participation and nurturing of our children and youth.

**We embrace resilience** by learning each other's stories, proclaiming the Good News of God's unconditional love, and strengthening our capacity to hope.

**We seek justice** by advocating for political change, continuing our work as an Immigrant Welcoming Congregation, and striving to understand our role in social, economic, and racial inequality.

**We live in love** through our Baptismal Promises to welcome and respect the dignity of every human being, care for God's creation, and engage in the ministry of Jesus to bring light, healing, and grace to our world.

We are rooted as an Episcopal Church, honoring our traditions from the creative perspective of our community, learning how to engage the bilingual and multicultural makeup of our congregation, and seeking silence and stillness to glean insight from the Holy Spirit among us.

Episcopal worship gathers the hearts and prayers of everyone present and involves call and response between the leader and the assembly. You'll find the responses of the community here, in bold type, marked "People."

Children are welcome here, voices and wiggles and all! The very young (infants to five years) are invited to play in our childcare room on the lower level, though some children prefer to remain in worship with their families. Early in the service, school-age children (generally, grades K-5) will be invited downstairs for their Liturgy of the Word, and they return to the gathered community before communion. Coloring and reading books for children are located at the back of the church.

We'd love to know more about you. Please sign the guest book by the door or fill out a pew card, and we'll be in touch with you for further conversation. You may also email us using the addresses listed below.

Thank you for coming together!

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St. Michael & All Angels, located in Multnomah County, rests on the traditional homelands of the Multnomah, Kathlamet, Clackamas, Molalla, Tumwater, Watlala bands of the Chinook, the Tualatin Kalapuya, and many other indigenous nations of the Columbia River. We acknowledge the ancestors of this place and understand that we are here because of the sacrifices forced upon them. By recognizing these communities, we honor their legacy, their lives, and their descendants.

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St Michael & All Angels Episcopal Church acknowledges the gifts of sacred music written by African Americans, indigenous peoples and all people of color. This music enriches our liturgies, and we are grateful for these musicians. Music of oppressed cultures has been appropriated by the dominant culture without an appreciation of the pain and suffering experienced by its creators. We repent and commit to the work of racial justice and ending racism.

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Cover: JESUS MAFA. The Possessed, from Art in the Christian Tradition, a project of the Vanderbilt Divinity Library, Nashville, TN. <https://diglib.library.vanderbilt.edu/act-imagelink.pl?RC=48382> [retrieved January 23, 2024]. Original source: <http://www.librairie-emmanuel.fr> (contact page: <https://www.librairie-emmanuel.fr/contact>).

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For a web page with today's bulletin scan the image on the right. The bulletin can also be downloaded to your device. You can also use this link: <https://bit.ly/3OI3z36>



# THE COMMUNITY GATHERS FOR WORSHIP

PRELUDE

*A Meditative Improvisation*

Stanley Vann (1910-2010)

HYMN 518

*all stand*

Christ is made the sure foundation

Westminster Abbey

*Descant*

4 Here vouch - safe to all thy serv - ants what they ask of

1 Christ is made the sure foun - da - tion, Christ the head and  
2 All that ded - i - cat - ed ci - ty, dear - ly loved of  
3 To this tem - ple, where we call thee, come, O Lord of  
4 Here vouch - safe to all thy serv - ants what they ask of

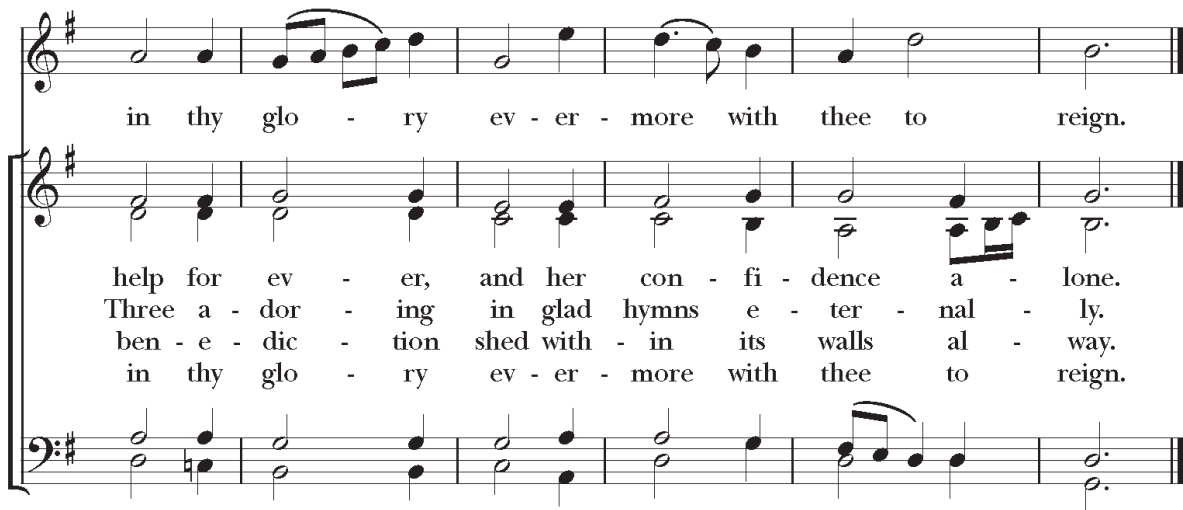
thee to gain; what they gain from thee, for ev - er

cor - ner - stone, cho - sen of the Lord, and pre - cious,  
God on high, in ex - ult - ant ju - bi - la - tion  
Hosts, to - day; with thy wont - ed lov - ing - kind - ness  
thee to gain; what they gain from thee, for ev - er

with the bless - ed to re - tain, and here - af - ter

bind - ing all the Church in one; ho - ly Zi - on's  
pours per - pet - ual mel - o - dy; God the One in  
hear thy serv - ants as they pray, and thy full - est  
with the bless - ed to re - tain, and here - af - ter

*Continued on next page*



in thy glo - ry ev - er - more with thee to reign.  
 help for ev - er, and her con - fi - dence a - lone.  
 Three a - dor - ing in glad hymns e - ter - nal - ly.  
 ben - e - dic - tion shed with - in its walls al - way.  
 in thy glo - ry ev - er - more with thee to reign.

Words: Latin, ca. 7th cent.; tr. *Hymns Ancient and Modern*, 1861, after John Mason Neale (1818-1856), alt.  
 Music: *Westminster Abbey*, Henry Purcell (1659-1695), adapt; desc. James Gillespie (b. 1929)

**ACCLIMATION** *remain standing*

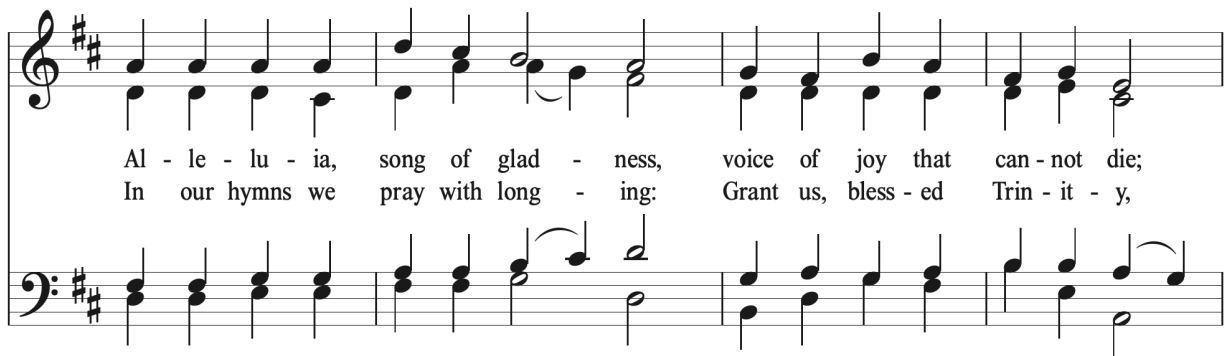
*Presider* Blessed be the one, holy, and living God.

*People* **Glory to God for ever and ever. Amen.**

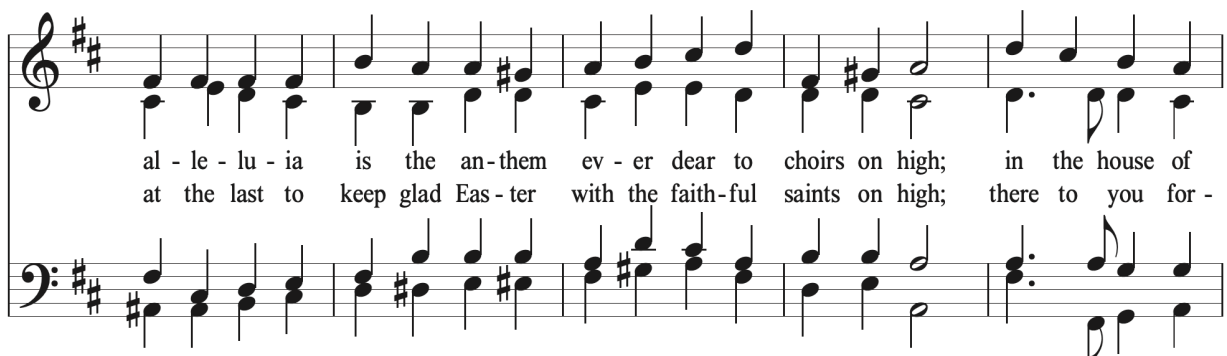
**COLLECT FOR PURITY**

*All* **Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.**

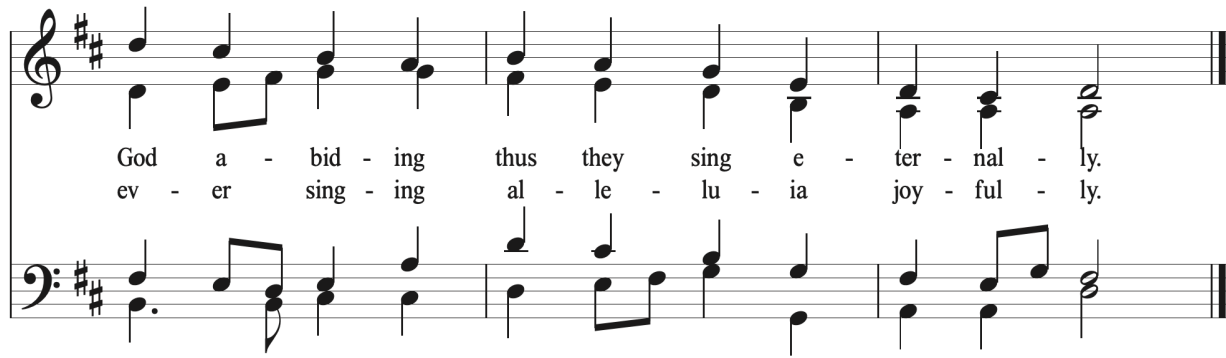
**SONG OF PRAISE VS 1&4**



Al - le - lu - ia, song of glad - ness, voice of joy that can - not die;  
 In our hymns we pray with long - ing: Grant us, bless - ed Trin - it - y,



al - le - lu - ia is the an - them ev - er dear to choirs on high; in the house of  
 at the last to keep glad Eas - ter with the faith - ful saints on high; there to you for -



Text: Latin Hymn, 11th Cen.; tra. John Mason Neale; Music: John Goss, 1800-1880

## COLLECT OF THE DAY

*Presider* God be with you.

*People* **And also with you.**

*Presider* Let us pray.

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

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*School-age children are invited to the Children's Liturgy of the Word  
to hear stories about the Good News of God's love.  
Children return to their families at the Peace.*

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*Please be seated*

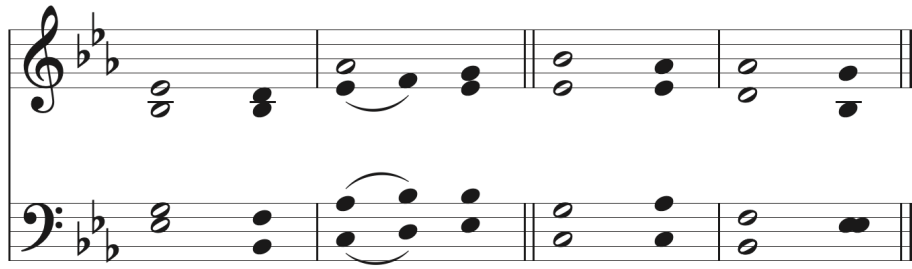
## THE FIRST READING Deuteronomy 18:15-20

Moses promises the people that, after his death, God will raise up another prophet for them.

*Reader concludes* Hear what the Spirit is saying to God's people.

*People* **Thanks be to God.**





©1979, Robert Knox Kennedy

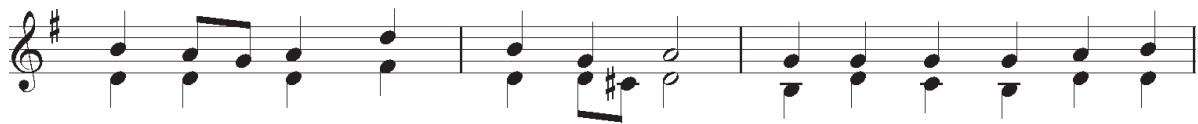
1. Hallelujah! I will give thanks to the Lord with my whole / **heart**, \*  
in the assembly of the upright, in the congre-/-**gation**.
2. Great are the deeds of the / **Lord!** \*  
they are studied by all who de-/-**light** in them.
3. The Lord's work is full of majesty and / **splendor**, \*  
and God's righteousness endures for / **ever**.
4. Whose marvelous works are to be re-/-**membered**; \*  
the Lord is gracious and full of com-/-**passion**.
5. The Lord gives food to the / **God-fearing**; \*  
God is ever mindful of the / **covenant**.
6. The Lord has shown God's people the power of God's / **works** \*  
in giving them the lands of the / **nations**.
7. The works of the Lord's hands are faithfulness and / **justice**; \*  
all God's commandments are / **sure**.
8. They stand fast for ever and / **ever**, \*  
because they are done in truth and / **equity**.
9. The Lord sent redemption to God's people; and commanded God's covenant for / **ever**; \*  
holy and awesome is God's / **Name**.
10. The fear of the Lord is the beginning of / **wisdom**; \*  
those who act accordingly have a good understanding; the Lord's praise endures for / **ever**.

THE SECOND READING      **1 Corinthians 8:1-13**

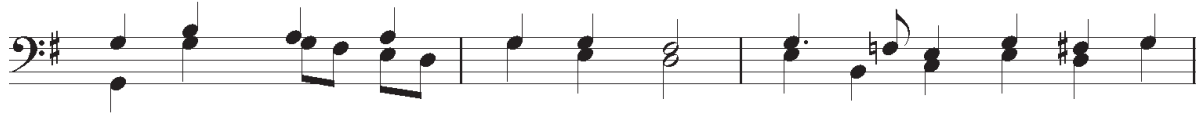
Paul gives council to the Corinthians who are unsure whether it is permissible to eat the meat of animals that have been sacrificed in pagan temples.

*Reader concludes*      Hear what the Spirit is saying to God's people.

*People*      **Thanks be to God.**



1 Bless - ed Je - sus, at thy word we are gath - ered all to  
 2 All our know - ledge, sense, and sight lie in deep - est dark - ness  
 3 Gra - cious Lord, thy - self im - part! Light of Light, from God pro -



hear thee; let our hearts and souls be stirred  
 shroud - ed, till thy Spi - rit, breaks our night  
 ceed - ing, o - pen thou our ears and heart,



now to seek and love and fear thee; by thy teach - ings  
 with the beams of truth un - cloud - ed; thou a - lone to  
 help us by thy Spi - rit's plead - ing. Hear the cry thy



pure and ho - ly, drawn from earth to love thee sole - ly.  
 God canst win us; thou must work all good with - in us.  
 Church up - rais - es; hear, and bless our prayers and prais - es.



Words: Tobias Clausnitzer (1619-1684); tr. Catherine Winkworth (1829-1878); alt.

Music: *Liebster Jesu*, melody Johann Rudolph Ahle (1625-1673); alt. *Das grosse Cantional: oder Kirchen-Gesangbuch*, 1687;  
 harm. George Herbert Palmer (1846-1926)

GOSPEL: Mark 1:21-28

Jesus both teaches and acts with authority.

*All remain standing*

*The Deacon or Priest says*

The Holy Gospel of our Savior Jesus Christ, according to Mark.

*People* **Glory to you Lord Christ.**

*The reader concludes* The Gospel of our Savior.

*People* **Praise to you Lord Christ.**

SERMON *please be seated*

*Quiet for reflection*

NICENE CREED *all stand as able*

**We believe in one God, the Father, the Almighty, maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father,  
God from God, Light from Light, true God from true God, begotten, not made, of one Being with the  
Father; through him all things were made. For us and for our salvation he came down from heaven,  
was incarnate of the Holy Spirit and the Virgin Mary and became truly human. For our sake he was  
crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in  
accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father, who with the  
Father and the Son is worshiped and glorified, who has spoken through the prophets. We believe in  
one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We  
look for the resurrection of the dead, and the life of the world to come. Amen.**

THE PRAYERS OF THE PEOPLE *remain standing*

*The Deacon or Priest says*

God of heaven and earth, you promise to hear us when we come to you in faith; and so we pray to  
you with thankful hearts.

*Leader* We lift up one another, through whom we learn to love and to be loved. Thank you for all who care  
for others in body, mind and spirit. Give grace to serve Christ by serving our neighbors and our  
community, loving others as we love ourselves.

God of grace,

*People* **Hear our prayer.**

*Leader* We thank you for the unbounded love you offer everyone in Jesus Christ. Comfort and heal all in  
sorrow, need, sickness or any other trouble; encourage and strengthen all in the midst of trouble.  
Bless those who minister to the hurting.

We pray for those on our prayer list and those we name silently or aloud.

*(A moment of silence is kept for those offering their prayers)*

God of grace,

*People* **Hear our prayer.**



*Leader* We honor with gratitude the many gifts of creation. Help us and people everywhere to care for the earth and share resources with justice and peace. Give wisdom to those in authority among us and to all leaders of the nations.

God of grace,

*People* **Hear our prayer.**

*Leader* We pray for the Church, as we hold before you those who serve Christ and bring forth God's good in the world. By your Spirit, support your people in their work and witness. Unite us in truth and love, that we who confess your name may also reflect your glory.

God of grace,

*People* **Hear our prayer.**

*Leader* We remember with thanksgiving all who have died, especially those we name silently or aloud.

*A moment of silence is kept for those offering their prayers.*

We rejoice at the faithful witness of your saints in every age,

**that we may enter with them into the unending joy of your eternal reign.**

*The Presider says*

Holy God, in you we live and move and have our being: We humbly pray you so to guide and govern us by your Holy Spirit, that in all the cares and occupations of this life we may not forget you, but may remember that we are ever walking in your sight; through Jesus Christ our Lord. **Amen.**

## THE PEACE

*Presider* The peace of Christ be always with you.

*People* **And also with you.**

A WORD OF WELCOME *Please be seated*

## A PRAYER FOR BIRTHDAYS AND MILESTONES

**O God, our times are in your hand: Look with favor, we pray, on your servants as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their lives; through Jesus Christ our Lord. Amen.**

## THE HOLY COMMUNION

### OFFERTORY ANTHEM

O lux beatissima,  
Reple cordis intima  
Tuorum fidelium.  
Sine tuo numine,  
Nihil est in homine,  
Nihil est innoxium.

### *O Lux Beatissima*

*O Light most blessed,  
Fill the inmost heart  
Of all thy faithful.  
Without your grace,  
There is nothing in us,  
Nothing that is not harmful.*

Howard Helvey (b. 1968)

*—Attri. Stephan Langton (d. 1228), Archbishop of Canterbury*



*The Presider continues*

Glory and honor are yours, Creator of all. Your Word continues to speak. You called a people to yourself, as a light to the nations. You delivered them from bondage and led them to a land of promise.

Of your grace, you became fully human in Jesus Christ, who liberates the captive, proclaims your reign, and gives his whole life, a fragrant offering.

Through Christ you free us from sin, bring us into your life, reconcile all creation with you, and restore us to the glory you intend for us.

We thank you that on the night before he died for us Jesus took bread, and when he had given thanks to you, he broke it and gave it to his friends, saying: "Take, eat, this is my Body, given for you. Do this for the remembrance of me."

After supper Jesus took the cup of wine, blessed it, and gave it to his friends, saying: "Drink this, all of you: this is the new Covenant in my Blood, poured out for you and for all for the forgiveness of sin. Do this for the remembrance of me."

Remembering all that has been done for us—Jesus' incarnation, life, death on the cross, tomb, resurrection, and ascension—we long for Christ's coming in glory, and present to you these gifts your earth has formed and human hands have made. We acclaim you, O Christ:

*Presider and People*

**Dying, you destroy our death. Rising, you restore our life. Christ Jesus, come in glory!**

*The Presider continues*

Send your Holy Spirit upon these gifts of bread and wine that they may be to us the Body and Blood of your Christ.

Send your Holy Spirit upon us and grant that we, burning with your Spirit's power, may be a people of hope, justice and love.

Giver of Life, draw us together in the Body of Christ, and in the fullness of time gather us with all your people into the joy of our eternal home.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, we worship you, God of steadfast love, in voices of unending praise.

*Presider and People*

**Blessed are you now and for ever. AMEN.**

THE LORD'S PRAYER

*Presider* As our Savior Christ has taught us, we are bold to say:

*All* **Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

THE BREAKING OF THE BREAD

*A Period of Silence is kept*

FRACTION ANTHEM

Christ our Passover

Al - le - lu - ia. Christ our Pass - o - ver is sac - ri - ficed for us;  
there - fore let us keep the feast. Al - le - lu - ia.

Music: Thaddeus P. Cavuoti (b. 1955) from *Mass of St. Columbia*. Copyright © 1995 Thaddeus P. Cavuoti.

*Presider* The gifts of God for the people of God.

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*All are welcome to share in Holy Communion. After singing the Fraction Anthem please be seated until invited by the ushers to move forward to stand or kneel at the altar. To receive only a blessing, place arms in an "x" across your chest as the priest approaches. To share the bread, extend hands open, palms up, one on top of the other. To share the cup, take hold of the base and guide it to your mouth. If not desiring to receive the wine, fold arms in an "x" over your chest as the cup passes by.*

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THE COMMUNION OF GOD'S PEOPLE

COMMUNION MOTET:

*Ave verum corpus*

Edward Elgar (1857-1934)

Ave verum corpus, natum ex Maria Virgine,  
Vere passum, immolatum in cruce pro homine.  
Cujus latus perforatum vero fluxit sanguine;  
Esto nobis praegustatum, mortis in examine.  
O clemens, O pie, O dulcis Jesu, Fili Mariae.

*Hail, true body, born of the Virgin Mary,  
Truly suffered, sacrificed on the cross for humankind.  
From whose pierced side flowed water and blood.  
Be for us a foretaste of the Heavenly Banquet in the trial of death.  
O sweet, O holy, O Jesus, Son of Mary.*

TAIZÉ

Lord Jesus Christ, your light shines within us

Lord Je - sus Christ, your light shines with - in us.  
Let not my doubts nor my dark - ness speak to me.



Lord Je - sus Christ, your light shines with - in us.



Let my heart al - ways wel - come your love.

Words and Music: Taizé Community.

HYMN

As we gather at your table

Raquel



1. As we gath - er at your
2. Turn our wor - ship in - to
3. Gra - cious Spi - rit, help us



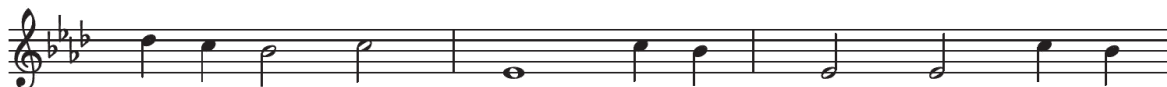
Ta - ble, as we lis - ten to your Word, help us  
wit - ness in the sac - ra - ment of life; send us  
sum - mon oth - er guests to share that Feast where tri -



know, O God, your pres - ence; let our hearts and minds be  
forth to love and serve you, bring - ing peace where there is  
um - phant Love will wel - come those who had been last and



stirred. Nour - ish us with sa - cred sto - ry till we  
strife. Give us, Christ, your great com - pas - sion to for -  
least. There no more will en - vy blind us, nor will



claim it as our own; teach us through this ho - ly  
give as you for - gave; may we still be - hold your  
pride our peace des - troy, as we join with saints and



ban - quet how to make Love's vic - t'ry known.  
im - age in the world you died to save.  
an - gels to re - peat the sound - ing joy.

Carl P. Daw, Jr. (B. 1944)

# SENDING OUT OF EUCHARISTIC VISITORS

*all standing*

*Presider* In the name of this congregation we send you forth to share this Eucharist with N.

*All* **You carry the prayers of us all as you take this Sacrament of Christ's presence. May those who receive it be strengthened and encouraged in the life we find together in our Lord Jesus Christ. Amen.**

## PRAYER AFTER COMMUNION

*Presider* Let us pray.

*All* **God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen.**

## BLESSING

### PROCESSION HYMN

God, creator, source of healing

Abbot's Leigh

1 God, cre - a - tor, source of heal - ing here we  
2 Je - sus, known to friend and seek - er ex - er -  
3 Ho - ly Spi - rit, bring us whole-ness, come with  
4 Tri - ni - ty of awe and won - der yours the

pray for whole-ness and health. Guide our work, our  
cis - ing heal - er's art, may the strong sup -  
your trans - form - ing love; give us free - dom,  
glo - ry, yours the praise. Strike our bind - ing

thoughts, and feel - ing, guide the shar - ing of our wealth.  
port the weak-er show - ing love with head and heart;  
hope and bold-ness, raise our eyes to see from a - bove;  
chains a - sun - der, lib - er - ate our cramp - ing ways.



Give dis - cern - ment in our de - ci - sions give com -  
 give fresh en - er - gy and pur - pose when un -  
 shape our sys - tems, in - sti - tu - tions, clar - i -  
 May our lives re - flect your splend-our, in a -

pas - sion in our care; rec - on - cile our  
 rea - son - ing blocks your grace, spare us harm, in  
 fy our blind - ed sight, as we seek God -  
 bun - dance Lord we ask. God, our guide and

strife and di - vi - sions as we search for means to share.  
 dan - ger a - lert us, show the ra - diance of your face.  
 giv - en so - lu - tions, help us greet the just and right.  
 our be - friend-er, give new mean - ing to our task.

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 Music: *Abbot's Leigh*, Cyril Vincent Taylor © 1942, ren. 1970 Hope Publishing Company, Carol Stream, IL 60188.  
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## THE DISMISSAL

*Deacon* Go in peace to love and serve the Lord.

*People* **Thanks be to God.**

## POSTLUDE

*Processional from Suite "Laudate Dominum"*

Peter Hurford (1930-2019)

## SERVING TODAY

<b>Presider &amp; Preacher</b>	The Rev. R. Scott Painter
<b>Deacon</b>	The Rev. SuEllen Pommier
<b>Music</b>	St. Michael's Singers Hannah Brewer, Music director/Organist Brian Fairbanks, Choir Director
<b>Crucifer</b>	Benji Lighthart-Faletta
<b>Eucharistic ministers</b>	Jim Robbins
<b>Prayer Leader</b>	Karen Oglesby
<b>Lectors</b>	Leslie Tuomi, Elizabeth Rouffy
<b>Ushers</b>	Karen Oglesby, Margaret Weir
<b>Altar Guild</b>	Stephanie English, Richard Hartman Josh English, Jeanne Pace
<b>Bread</b>	Emily Smith
<b>Coffee Hosts</b>	Paula Raines, Barb Mason
<b>Eucharistic visitor</b>	Charlene Sabin to Caroline Litzenberger

## VESTRY

<b>Senior Warden</b>	Helen Crandell
<b>Junior Warden for the People</b>	Sheri O'Brien
<b>Junior Warden for Facilities</b>	Carl Braginsky
<b>Parish Clerk</b>	Becky Tooley
<b>Treasurer</b>	Dave Reilly
<b>First Year</b>	Lindsay Gutierrez, Ann Hargraves Patrick McLaughlin, Susie Silva-Strommer
<b>Second Year</b>	Carl Braginsky, Beth Ilem Sheri O'Brien, Thrina Parent
<b>Third Year</b>	Helen Crandell Sundance Henry (one-year term) Nicolas Meneses, Ruby Welch
<b>Diocesan Convention Delegates</b>	Cheryl Braginsky Gillian Butler, Barbara Mason Karen Oglesby, Lynda Moses (Alternate)

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## STAFF

<b>The Rev. R. Scott Painter, Rector</b> scottp@stmaa.org ext. 312	<b>Hannah Brewer, Music Director/Organist</b> hannahb@stmaa.org ext. 315
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