

ST. MICHAEL & ALL ANGELS

9:00 & 11:00 AM HOLY EUCHARIST



Sermon on the Mount, Laura James, 2010

THE FOURTH SUNDAY AFTER THE EPIPHANY
JANUARY 29, 2023

A PRAYER FOR TRANSITION

Compassionate Creator,

You have journeyed with your people since ancient times, once with pillars of cloud and fire, and later through prophetic visions and promises of a future. Finally, you sent your Holy Spirit to reveal the truth that leads to abundant life.

Give us wisdom and discernment as we listen to the Christ in one another and as we imagine the spiritual leadership we will need to guide the community of St. Michael & All Angels to the future you have in mind for us.

Through Christ our Savior. Amen

SERVING TODAY

Presider & Preacher	The Rev. Sherman Hesselgrave
Music	St. Michael's Singers Brian Fairbanks, Choir Director Hannah Brewer, Music Director & Organist
Lectors	9:00: Elizabeth Rouffy, Marie Bagwell 11:00: Jan Clark
Crucifer	9:00: Gayle Morris 11:00: Sheri O'Brien
Acolytes	9:00: Benji Lighthart-Faletra, Joplin Henry
Ushers	9:00: Elizabeth Rouffy, Dan Bagwell 11:00: Paula Raines, Sheryl Fullerton
Eucharistic ministers	9:00: John Lidstrom 11:00: Tim Sackett, Jerry Myers
Altar Guild	Jennie Street, Julie Grandfield Kirk Lambert, Lindsey Ramsey
Communion Bread	Emily Smith
Coffee Host	Tonie Esteban

Cover: James, Laura. Sermon on the Mount, from Art in the Christian Tradition, a project of the Vanderbilt Divinity Library, Nashville, TN. <https://diglib.library.vanderbilt.edu/act-imagelink.pl?RC=57891> [retrieved January 25, 2023]. Original source: Laura James, <https://www.laurajamesart.com/collections/religious/>.

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St. Michael & All Angels, located in Multnomah County, rests on the traditional homelands of the Multnomah, Kathlamet, Clackamas, Molalla, Tumwater, Watlala bands of the Chinook, the Tualatin Kalapuya, and many other indigenous nations of the Columbia River. We acknowledge the ancestors of this place and understand that we are here because of the sacrifices forced upon them. By recognizing these communities, we honor their legacy, their lives, and their descendants.

St Michael & All Angels Episcopal Church acknowledges the gifts of sacred music written by African Americans, indigenous peoples and all people of color. This music enriches our liturgies, and we are grateful for these musicians. Music of oppressed cultures has been appropriated by the dominant culture without an appreciation of the pain and suffering experienced by its creators. We repent and commit to the work of racial justice and ending racism.

THE COMMUNITY GATHERS FOR WORSHIP

PRELUDE

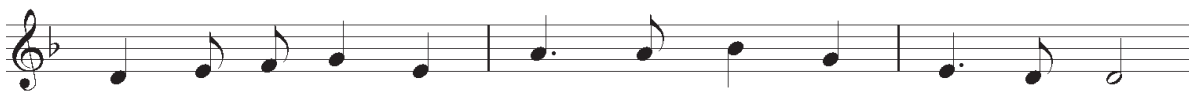
Intermezzo

Josef Rheinberger (1839-1901)

HYMN 605

What does the Lord require

Sharpthorne



1 What does the Lord re - quire for praise and of - fer - ing?
2 Ru - lers of earth, give ear! Should you not jus - tice show?
3 Still down the a - ges ring the pro - phet's stern com-mands.
4 How shall my soul ful - fill God's law so hard and high?



What sac - ri - fice de - sire, or trib - ute bid you bring?
Will God your plead - ing hear, while crime and cruel - ty grow?
To mer - chant, work - er, king he brings God's high de - mands.
Let Christ en - due our will with grace to for - ti - fy.



Do just - ly; love mer - cy; walk hum - bly with your God.
Do just - ly; love mer - cy; walk hum - bly with your God.
Do just - ly; love mer - cy; walk hum - bly with your God.
Then just - ly; in mer - cy we'll (hum-bly walk with God.)



hum - bly walk with God.

Words: Albert F. Bayly (1901-1984), alt.
Music: *Sharpthorne*, Erik Routley (1917-1982)

ACCLAMATION

Presider Blessed be the one, holy, and living God.

People **Glory to God for ever and ever.**

COLLECT FOR PURITY

Presider Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Savior. **Amen.**

1 O God be-yond all prais - ing, we wor-ship you to - day
 and sing the love a - maz - ing that songs can-not re - pay;
 for we can on - ly won - der at ev - 'ry gift you send,
 at bless-ings with - out num - ber and mer-cies with - out end:
 we lift our hearts be - fore you and wait up - on your word,
 we hon - or and a - dore you, our great and might - y Lord.

Words: Michael Perry, (b. 1942); Music: Thaxted, Gustav Holst (1874-1934)

COLLECT OF THE DAY

REVISED COMMON LECTIONARY PRAYERS

Presider God be with you.

People **And also with you.**

Presider Let us pray.

People **God our deliverer, you walk with the meek and the poor, the compassionate and those who mourn, and you call us to walk humbly with you. When we are foolish, be our wisdom; when we are weak, be our strength; that, as we learn to do justice and to love mercy, your rule may come as blessing. Amen.**

*School-age children are invited to the Children's Liturgy of the Word
 to hear stories about the Good News of God's love.
 Children return to their families at the Peace.*

THE WORD OF GOD

FIRST READING Micah 6:1-8

God contends with the people of God, reminding them of the saving acts done for them and instructing them in the good that God expects.

The reader concludes Hear what the Spirit is saying to God's people.

People **Thanks be to God.**

The Psalm and Second Reading will be sung and read at the 9:00 am service only so there will be time for the Annual Meeting that follows the 11:00 am service.

PSALM 15

Please stand, sung by all

Simplified Anglican chant setting



- 1 Lord, who may dwell in your | **tabernacle?** *
who may abide upon your holy | **hill?**
- 2 Whoever leads a blameless life and does what is | **right,** *
who speaks the truth from their | **heart.**
- 3 There is no guile upon their tongue; they do no evil to their | **friend;** *
they do not heap contempt upon their | **neighbor.**
- 4 In their sight the wicked is re-| **-jected,** *
but they honor those who fear the | **Lord.**
- 5 They have sworn to do no | **wrong** *
and do not take back their | **word.**
- 6 They do not give money in hope of | **gain,** *
nor take a bribe against the | **innocent.**
- †7 Whoever does these | **things** *
shall never be over-| **-thrown.**

SECOND READING 1 Corinthians 1:18-31

Paul directs the Corinthian's attention to God's way of using what is weak and lowly—even what the world regards as foolish—to accomplish the divine purposes.

The reader concludes Hear what the Spirit is saying to God's people.

People **Thanks be to God.**

1 Lord, make us ser - vants of your peace: where there is
 2 Where all is doubt, may we sow faith; where all is
 3 Je - sus, our Lord, may we not seek to be con -
 4 May we not look for love's re - turn, but seek to
 5 Dy - ing, we live, and are re - born through death's dark

1 hate, may we sow love; where there is hurt, may we for -
 2 gloom, may we sow hope; where all is night, may we sow
 3 soled, but to con - sole, nor look to un - der - stand - ing
 4 love un - self - ish - ly, for in our giv - ing we re -
 5 night to end - less day: Lord, make us ser - vants of your

1 give; where there is strife, may we make one.
 2 light; where all is tears, may we sow joy.
 3 hearts, but look for hearts to un - der - stand.
 4 ceive, and in for - giv - ing are for - given.
 5 peace, to wake at last in hea - ven's light.

Words: James Quinn (b. 1919), based on a prayer att. to St. Francis of Assisi (1182-1226)
 Music: Dickinson College, Lee Hastings Bristol, Jr. (1923-1979)

GOSPEL: Matthew 5:1-12

The opening sayings of the Sermon on the Mount, words of both comfort and challenge.

At the announcement of the Gospel, the People respond **Glory to you, Lord Christ.**

The reader concludes The Gospel of the Lord.

People **Praise to you, Lord Christ.**

SERMON *Walk humbly. Love kindness. Do justice.*

The Rev. Sherman Hesselgrave

SUNG FORM OF THE CREED *all stand*

1. I be - lieve in God al - might - y, Au - thor of all
2. I be - lieve that Je - sus suf - fered, scourged and scorned and
3. I be - lieve in God's own Spir - it, bond - ing all the

things that be, Mak - er of the earth and heav - ens,
cru - ci - fied; tak - en from the cross, was bur - ied—
saints with - in one church, cath - o - lic and ho - ly,

Keep - er of the sky and sea. I be - lieve in
True Life there had tru - ly died. I be - lieve that
where for - give - ness frees from sin; in the bod - y's

God's son, Je - sus, now for us both Lord and Christ, of the Spir - it
on the third day Christ was raised up from the grave, then as - cend - ed
res - ur - rec - tion, for the break - ing of death's chain gives the life that's

Continued on next page



Text: Sylvia G. Dunstan (1955-1993); Music: *Arfon (Major)*, Welsh hymn melody, harm. Carlton R. Young

THE PRAYERS OF THE PEOPLE *remain standing*

The Presider introduces the prayers and concludes:

Sisters and brothers, let us lift our hearts in faith to the one who hears all prayers and holds close all those in need, saying::

Creating and Re-creating God, **guide us to your perfect light.**

Leader I ask your prayers for the Church around the world:

For the Church of Pakistan in the Anglican Communion; and in our own diocese we pray for the Chaplains to the Retired Clergy: John Scannell, Frank and Betsy Moss, Morgan and Charlotte Silbaugh, Dick and Marilyn Loop, Tina Shippey, Steve Norcross; and for those in the Ordination Process: Emily Boring, Claire Wykert; and all those in discernment or preparation for Holy Orders.

Pray for the Church.

Silence, during which petitions may be added

Creating and Re-creating God, **guide us to your perfect light.**

Leader I ask your prayers for all nations of the world and for those in positions of authority.

For countries whose habitability has been compromised by climate change; for those with mental illnesses who are also unhoused, that they may be connected to services and health care; for vaccines for the flu and Covid available to all; for NGOs facilitating food aid to countries experiencing famine or flooding.

Pray for the nations.

Silence

Creating and Re-creating God, **guide us to your perfect light.**

Leader I ask your prayers for the welfare of our community:

For the the calling of St Michael's next rector; for those who will be elected to parish leadership positions today; for anyone alienated from a family member or friend; and for those considering becoming members of St Michael's.

Pray for our community.

Silence

Creating and Re-creating God, **guide us to your perfect light.**

Leader I ask your prayers for those who are sick:
For those in hospital or rehab, and anyone undergoing chemo or radiation; for those awaiting test results; for loved ones transitioning to new levels of care; and for those in hospice or palliative care.
Pray for those who suffer.

Silence
Creating and Re-creating God, **guide us to your perfect light.**

Leader I ask your prayers for those who have died, especially those whom we name before you, silently or aloud.
And pray for those who are grieving.

Silence
Creating and Re-creating God, **guide us to your perfect light.**

The Presider concludes with a collect:

Holy God, you gather the whole universe into your radiant presence and continually reveal your Son as our Savior. Bring healing to all wounds, make whole all that is broken, speak truth to all illusion, and shed light in every darkness, that all creation will see your glory and know your Christ.

All **Amen.**

THE PEACE

Presider The peace of Christ be always with you.

People **And also with you.**

A WORD OF WELCOME, BIRTHDAYS AND ANNIVERSARIES

A PRAYER FOR BIRTHDAYS

O God, our times are in your hand: Look with favor, we pray, on your servants as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their lives; through Jesus Christ our Lord. Amen.

INVITATION TO COMMUNION

Wherever you are on your spiritual journey, you are welcome to receive communion at this table. If you'd like to receive the bread, please extend your hands out. If you need a gluten free wafer, please let us know as you receive. If you'd like to come forward, but prefer a blessing in place of the bread or the wine, please cross your arms across your chest. If you wish to use intinction please ask for a wafer.

THE HOLY COMMUNION

AT THE OFFERTORY ANTHEM

The Beatitudes

Nancy Wertsch

Palmer Haffner, soloist

Now when he saw the crowds, he went up on a mountain side and sat down.
His disciples came to him, and he began to teach them, saying:

Blessed are the poor in spirit, for theirs is the kingdom of heaven.

Blessed are those who mourn, for they will be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst for righteousness, for they will be filled.

Blessed are the merciful, for they will be shown mercy.

Blessed are the pure in heart, for they will see God.

Blessed are the peace-makers, for they will be called children of God.

Blessed are those who are persecuted because of righteousness, for theirs is the kingdom of heaven.

Rejoice and be glad, for great is your reward in heaven.

—*Matthew 5:1-10, 12*

HOLY COMMUNION

The image shows four lines of musical notation for a Holy Communion anthem. Each line is on a single staff with a treble clef and a key signature of one flat (B-flat). The lyrics are written below the notes. The first line is for the Presider and the People. The second line is for the Presider and the People. The third line is for the Presider. The fourth line is for the People. The lyrics are: 'The Lord be with you. And al - so with you.', 'Lift up your hearts. We lift them to the Lord.', 'Let us give thanks to the Lord our God.', and 'It is right to give our thanks and praise.'

Presider *People*
The Lord be with you. And al - so with you.

Presider *People*
Lift up your hearts. We lift them to the Lord.

Presider
Let us give thanks to the Lord our God.

People
It is right to give our thanks and praise.

The Presider continues:

God of all power, Ruler of the Universe, you are worthy of glory and praise. At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

SANCTUS

Ho - ly, ho - ly, ho - ly Lord,

God of pow-er and might, Heav'n and

earth are full of your glo - ry. Ho - san - na in the

high - est. Blessed is the one who comes in the

name of the Lord. Ho - san-na in the high - est.

Setting: William Bradley Roberts (b. 1947) from *Mass for St. Phillip's*

Presider And so, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the New Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this, for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

All **We celebrate his death and resurrection,
as we await the day of Christ's coming.**

Lord God of our Ancestors; God of Abraham and Sarah and their progeny; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one Spirit in Christ, that we may worthily serve the world in his name.

All **Risen One, be known to us in the breaking of the Bread.**

Presider Accept these prayers and praises, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation
AMEN.

THE LORD'S PRAYER

Presider As our Savior Christ has taught us, we are bold to say,

All **Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

THE BREAKING OF THE BREAD

The Presider breaks the consecrated Bread. A period of silence is kept.

AT THE FRACTION

Be - hold, be - hold the Lamb of God. All who eat,
all who drink shall live; and all, all who dwell in
God, shall come to know God's glo-ry!

Setting: Martin Willert (b. 1960)

Presider The gifts of God for the People of God.

THE COMMUNION OF GOD'S PEOPLE

AT THE COMMUNION

COMMUNION MOTET

Ave verum corpus

Edward Elgar (1857-1934)

Ave verum corpus, natum ex Maria Virgine,
Vere passum, immolatum in cruce pro homine.
Cujus latus perforatum vero fluxit sanguine;
Esto nobis praegustatum, mortis in examine.
O clemens, O pie, O dulcis Jesu, Fili Mariae.

*Hail the true body, born of the Virgin Mary:
You who truly suffered and were sacrificed on the cross for the sake of all.
From whose pierced flank flowed water and blood:
Be a foretaste for us in the trial of death.
O sweet, O merciful, O Jesus, Son of Mary.*

HYMN 554

'Tis the gift to be simple

Simple Gifts

'Tis the gift to be sim - ple, 'tis the gift to be free,
'tis the gift to come down where we ought to be,
and when we find our - selves in the place just right,
'twill be in the val - ley of love and de - light.
When true sim - pli - ci - ty is gained to
bow and to bend we shan't be a-shamed, to turn, turn, will
be our de-light till by turn - ing, turn - ing we come round right.

Words: Shaker song, 18th cent.
Music: *Simple Gifts*, Joseph Brackett (1797-1822); acc. Margaret W. Mealy (b. 1922)

GOING FORTH

SENDING OUT OF EUCHARISTIC VISITORS

Presider In the name of this congregation we send you forth to share this Eucharist with *N*.

All **You carry the prayers of us all as you take this Sacrament of Christ's presence. May those who receive it be strengthened and encouraged in the life we find together in our Lord Jesus Christ. Amen.**

PRAYER FOR MISSION AND MINISTRY

Presider Let us pray.

All **God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world, and continue for ever in the risen life of Christ our Savior. Amen.**

BLESSING

HYMN 542

Christ is the world's true Light

St. Joan

1 Christ is the world's true Light, its Cap-tain of sal - va - tion,
2 In Christ all rac - es meet, their an-cient feuds for - get - ting,
3 One Lord, in one great Name u - nite us all who own thee;

the Day - star clear and bright of ev - ery race and na - tion;
the whole round world com - plete, from sun-rise to its set - ting;
cast out our pride and shame that hin - der to en - throne thee;

new life, new hope a - wakes, for all who own his sway:
when Christ is throned as Lord all shall for - sake their fear,
the world has wait - ed long, has tra - vailed long in pain;

free - dom her bond - age breaks, and night is turned to day.
to plough-share beat the sword, to prun - ing - hook the spear.
to heal its an - cient wrong, come, Prince of Peace, and reign.

Words: George Wallace Briggs (1875-1959), alt.
Music: *St. Joan*, Percy E. B. Collier (1895-?)

THE DISMISSAL

Priest Let us go forth into the world, rejoicing in the power of the Spirit.

People **Thanks be to God.**

POSTLUDE

Gigue on "Stuttgart"

David Schelat (b. 1955)

ANNOUNCEMENTS

Annual Meeting on January 29

Our Annual Meeting takes place today, January 29, at 12:15 pm in the Nave (following the 11:00 am service). We hope you will attend! The meeting will be livestreamed and you'll be able to vote online, but it's wonderful to be in-person for this communal event if possible.

At the meeting, all members of St. Michael's will be able to vote for five of our outstanding candidates for vestry – four for three-year terms and one for a one-year term. There will also be an election to choose Endowment Fund Committee members and convention delegates. Members will vote to approve the 2022 Annual Meeting minutes and the Annual Report. Treasurer Dave Reilly will discuss the church finances and present the budget as approved by the vestry. Senior Warden Helen Crandell will facilitate the meeting with help from Interim Rector Sherman Hesselgrave. A further highlight will be the awarding of this year's "Unsung Heroes of Hope." Check your Thursday eblast for the Zoom link and a way to vote at the meeting.

Choral Evensong on February 1

Plan on coming to Choral Evensong for the feast of Candlemas (also known as the Presentation or the Purification) this coming Wednesday, February 1, at 7:00 pm. The St. Michael's Singers and Choristers are preparing works by Thomas Tallis (1505-1585) and others. They will open with the Service of Light, starting in near darkness with candles for choir and congregation as symbols of Christ as the Light of the World.

Upcoming forums

Our history forum series continues next Sunday, February 5, and on February 12 and 19. On the 5th, the forum topic will be the history of the Misa and Spanish-speaking community at St. Michael's. It will be led by Rector Emeritus John Scannell and Deacon Marla McGarry-Lawrence, who together established this service over 25 years ago.

On February 12, the forum topic will be the history of women at St. Michael's, and it will be presented by

parishioner Shawna Gandy, director of the Research Library at the Oregon Historical Society and volunteer archivist. The forum on the 19th will cover the history of the music program at St. Michael's and will be presented by the Rev. Dr. Caroline Litzenger. Watch your eblast for the Zoom links to these forums. The first two forums offered by Caroline are now available to watch on the website – check the post on the home page.

Forward Day by Day booklets

The Day by Day booklets for February through April have arrived and are available in the Narthex, in the courtyard entryway and in the Gallery on the wood-slat board.

Advent Giving Tree follow-up

In December, St. Michael's parishioners demonstrated great generosity towards the three recipients of the Advent Giving Tree. Lynn Baker and Susan Barnett, co-convenors of the Outreach & Justice Council, reported that their vehicles were simply stuffed with all the items that were delivered to Outside In and Community Transitional School. In addition, over \$1,700 in gift cards was delivered by Julie Rowett and family to the 16-member Abdo family, recent refugees from Syria. All of these recipients were very surprised and appreciative. Check your eblast for photos.

Upcoming Events

- Feb. 1, 7:00 pm** Choral Evensong (Nave)
- Feb. 5-19, 10:15 am** History of St. Michael's forum series continues (Nativity Hall)
- Feb. 5, 1:00 pm** Presentación del Señor (Nave) Special convivio to follow (Parish Hall)
- Feb. 8, 6:00 pm** Open Table gathering (offsite)
- Feb. 12, 9:00 & 11:00 am** Souper Bowl Sunday (Nave)
- Feb. 21, 5:30 pm** Shrove Tuesday Pancake Supper (Parish Hall)
- Feb. 22, noon & 7:00 pm** Ash Wednesday services



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