

MAILED NOVEMBER 3, 2022

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*For everything there is a season, and a time for every matter under heaven:
 a time to be born, and a time to die; a time to plant, and a time to pluck up what is planted;
 a time to kill, and a time to heal; a time to break down, and a time to build up;
 a time to weep, and a time to laugh; a time to mourn, and a time to dance.
 — Ecclesiastes 3:1-4*

There is no doubt that the season has turned. The temperature has dropped, the air has turned blustery, and the rains have begun. During the fall, I always feel a tension in myself. I look forward to the coming of the rainy season but simultaneously dread the shortness of daylight. Even as we accelerate our involvement in the fall following the lazier days of summer, my body begins to desire cozy hibernation. Even now, as my own time as your Transition Minister turns towards our final two months together, and my ministry among you comes to its natural end, I still feel there is so much to do.

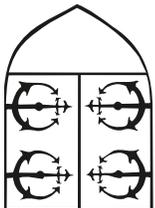
And then these words from the Teacher in Ecclesiastes arise: For everything there is a season, and a time for every matter under heaven. Everything is not possible all at once. We must take this life day by day, moment by moment, and breath by breath.

A time to inhale, a time to exhale.
 A time to work, and a time to rest.
 A time for expansiveness, and a time for contraction.

It is so tempting to try to stop (or ignore) the circular movements of time. We struggle, saying, 'No! I want this to last!' or - even more painfully - 'No! I want this to stop, right now! Let us move to the next season now and not wait.' But that is not the way it works. To everything, a season. The Spirit gently reminds us that there is goodness and necessity in every moment. Even for breaking down, weeping, mourning. Even dying.

As these many seasons of your lives turn, beloved, I pray that in this time, you will find peace amidst the tension. Your tensions may not reflect mine, but I know you experience them. I invite you to look around, when those tensions arise and you want the moment to be different and ask the question, 'How can I honor this season? How might this be a moment when heaven is in-breaking?' And then give thanks.

In peace,
 Jules+



Julia Nielsen, Transition Minister	Ext. 312	Jackie Van Anda, Bookkeeper	Ext. 320
Sherman Hesselgrave, Interim Rector for Worship/Pastoral Care	Ext. 313	Brian Fairbanks, Choir Director	Ext. 315
Roberto Arciniega, Associate Rector	Ext. 316	Hannah Brewer, Music Director/Organist	Ext. 315
Gloria Orellana, Office Administrator	Ext. 317	Leslie Sackett, Associate for Children & Families	Ext. 318
JT Quanbeck, Website & Livestreaming		Manuel Luna, Facilities Assistant	

YOUR PRAYERS ARE ASKED . . .

- + for healing and comfort for **Joe Afryl, Mark Allen, Jan Clark, Barack Holt Newton, Mark Jones, Caroline Litzenberger, Joan Meyerhoff, Mitch Oglesby, the Rev. David Pace, Bob Pyle, Melissa Reeves, Lin Robertson, Marlana Stoddard Hayes & Pat Wilson**



- + for the repose of the souls of **Louella Johnson**, who died on Oct. 16, and for her sister-in-law **Helen Crandell; Steven Lee Evans**, who died on October 15, and for his wife **Patti**;
- + for the repose of the souls of **Emily Ann Bowles Frost**, who died on August 22, and for her sister **Caroline Bleckmann**; for **Maurice Bye**, who died on August 18; for **Liddy Curtin**, who died on August 14, and for her husband **Bill**; for **Bill Dolph**, who died on August 10, and for his son **Scott Dolph**; for **Priscilla Hall**, who died on August 3, and for her family;
- + for the repose of the souls of **Joan Wetherell**, who died on July 28, and for her daughter **Ann Wetherell**; for **Eric Walton**, and for his brother **Steve Walton**; for **Davis Fisher**, who died on July 16, and for his wife **Linda**; for **Chuck Mason**, who died on July 6, and for his wife **Lynn**;

Pour out your spirit of love upon all whom we love, especially those whom we cannot be with or see no longer, that we may find comfort and strength in our trust of your goodness, through Jesus Christ our Lord, Amen.

- + in thanksgiving for the baptisms on September 17 of **Jadiel Carmona Nájera**; on August 27 of **Leonardo Mael Barrios Alvarado**; and on August 6 of **Arnulfo Joseph, Jr. Arredondo Garrido, Aarón Elí Arredondo Garrido** and **Ariadna Elizabeth Tena-Rojas**;
And in thanksgiving for the baptism this coming Sunday, November 6, at the 11:00 am service of **Benson Anthony Bernatz**;
- + in thanksgiving for the XV Años on November 5 of **Sandra Marely Flores Arteaga**; on October 23 of **Mía Itzel Peña Parra**; on October 8 of **Dulce Hernández Espinal**; and on September 17 of **Jazlín Carmona Nájera**;
- + in thanksgiving for the wedding of **Julio Solís and Juanita Andrade** on July 31 at the parish picnic in Wilshire Park.



PRAYERS OF THE PEOPLE

Every Sunday, we offer the prayers of the people in the Eucharist. There are some fixed forms in the prayer book, but congregations are encouraged to take the skeletal structure (BCP, page 383: The Church, the nation, the welfare of the world, local concerns, those who suffer or who are in trouble, and the departed) and add flesh to the bones.

At a catechumenate conference a few years ago, I heard Mark Stamm discuss creative ways to freshen up, or reinvigorate, the Prayers of the People in the Sunday liturgy. I bought his book, *Devoting Ourselves to the Prayers* and, more recently, *Shaping the Prayers of the People: the Art of Intercession*, by Samuel Wells and Abigail Kocher, to have as resources. A couple months ago, I decided to write new intercessions each week based on what was going on in the world and what was happening pastorally in our community.

If there is anyone who would like to learn more about what is involved in creating intercessions, email me at wshesselgrave@gmail.com, and we can explore this adventure together or plan a forum for the future.

— Fr. Sherman Hesselgrave
Interim Rector for Worship and Pastoral Care



CATECHUMENATE REUNION

After several years of not being able to offer the Catechumenate program due to Covid restrictions, a Reunion Tea was held at St. Michael's on Saturday, October 22. Close to 40 people attended and enjoyed wonderful fellowship and snacks. During our time together, we broke into small groups for Scripture reflection and sharing. We discussed how the Gospel reading was meaningful for us at this point in time and how we would center on it in the week ahead. It was clear from all who had gathered that the Catechumenate program had left an impact on their spiritual lives and had deepened relationships with those they gathered with. We hope that the program may be revived at some point in the near future.

— Jennie Street

DIOCESAN CONVENTION HIGHLIGHTS

The annual meeting of the Diocesan Convention took place via Zoom on Saturday, October 29. The delegation from St Michael & All Angels included Edith Arriaga, Marie Bagwell, Gillian Butler, Jana Gregory, Barb Mason, Karen Oglesby and Sherman Hesselgrave+.

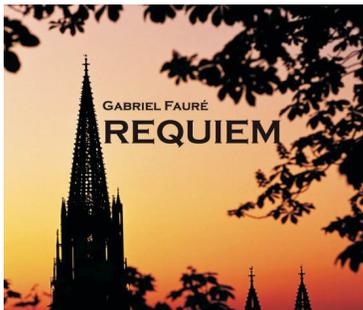


After Morning Prayer, there were five main components:

- Voting for members of Standing Committee, Trustees, Cathedral Chapter,

Diocesan Council and Deputies to General Convention. Tim Shields was elected to Diocesan Council, and Susie Silva-Strommer was elected Deputy to General Convention (congratulations!).

MUSIC PROGRAM HIGHLIGHTS FOR NOVEMBER & DECEMBER 2022



As the St. Michael's music program continues to bounce back from pandemic-level restrictions, we are excited to offer several more musical highlights before the end of the year.

On Sunday, November 6 (All Saints Sunday) at the

9:00 am service, the St. Michael's Singers will honor departed loved ones with excerpts from Gabriel Fauré's *Requiem*. The choir will sing three movements from this famous, powerful work during the service, including the "Sanctus" during the corresponding part of the liturgy. They will also sing the opening "Introit/Kyrie" during the offertory and the stunning "In paradisum" during communion. It will be a moving way to celebrate the angels and saints surrounding us.

On Sunday, November 27, at 4:00 pm, the newly formed duo called *Ensemble Boulanger*, consisting of pianist/organist Hannah Brewer and vocalist Emma Riggle, will perform a recital of music for autumn and Thanksgiving at St. Michael's. *Sérénade d'Automne* will feature works by Amy Beach, Cécile Chaminade, Nadia & Lili Boulanger and more, with delightful commentary to bring into focus the lives of these lesser-known composers. Brian Fairbanks may even make a cameo (or two) on flute! Admission is by freewill donation, and light refreshments will be provided. See ensembleboulanger.com for more info.

• Highlights of the Bishop's Address by our delegation

◇ Resourcing for transformation; received grant from Episcopal Foundation to conduct asset mapping of the Diocese.

◇ The Close is now listed for sale.

◇ New South Coast satellite diocesan office (Shepherd House) in Coos Bay

◇ St. Matthias, Cave Junction, has been dissolved

◇ Church is a wonderful and sacred mystery. Our ministries are signs pointing to the reign of God.

• Resolutions of Policy

◇ The first Resolution on an Official Youth Presence was deferred until the next convention.

◇ The second Resolution, regarding climate change, passed with 98% of the vote. Cheryl Braginsky is a member of the Creation Care group that sponsored this resolution.

◇ The third Resolution regarding Oregon's Measure 114 on Gun Violence passed with 97% of the vote.

• **Report on General Convention.** Alan Murray narrated a summary of the actions of General Convention. We are looking to make the video available at St Michael's. A couple of people remarked on Presiding Bishop Michael Curry's quote of Bishop Barbara Harris: "The God behind you is greater than any problem ahead of you."

• Treasurer's Report and Presentation of the 2023 Budget

— Fr. Sherman Hesselgrave

On Sunday, December 18, at 7:00 pm, we have our Advent service of Lessons & Carols, led by the St. Michael's Singers. We will explore the stories, songs and hymns of Advent and Christmas in this beautiful, traditional, candlelit service with highlights like Peter Warlock's *Bethlehem Down*, Rosephanye Powell's *The word was God*, and Harold Darke's classic *In the bleak midwinter*. Even our young Choristers are expected to make an appearance!

On Christmas Eve, the Saints & Singers Choir debuts a new arrangement of a Namibian Christmas carol called *Jesu Weja* at the 6:00 pm service, while the St. Michael's Singers offer a 30-minute choral prelude of Christmas carols and anthems at 10:30 pm before the 11:00 pm service, including Victoria's *O magnum mysterium* and Ola Gjeilo's arrangement of *Away in a manger*. A magical Christmas Eve is in store for you!

— Hannah Brewer, Music Director & Organist

TREASURER UPDATE

As the 3rd quarter comes to a close, I want to give an update on the finances of St. Michael's. The chart below reflects the numbers at September 30.

2022 has been a challenging year for many people and, as we emerge from the summer months when parish activity and giving is typically slower, our finances reflect those dynamics. In September, we saw an increase in monthly pledge giving, which is an encouraging sign as we reconvene and gather fully again in the worship and community life of St. Michael's.

At the end of September, our pledge income stood at 95% of what we budgeted for the year, or \$412,358 compared with our budget projection of \$433,503; and open offerings were under budget for the year, or \$12,752 received versus a budget of \$15,372. That puts our overall year-to-date income at around 94.7% of our budget through the end of September, or \$425,110 versus a budget of \$448,875.

On the expense side, operating expenses were 3.5% or \$15,999 over budget for the year. Property maintenance and parish administration expenses are up overall in line with increased use and needs of our building spaces, as well as our continued investment in technology improvements. This is a reflection of our increased activity together living and experiencing life in full again at St. Michael's.

We are so thankful for the generosity and continued faithful giving of our parish. We are deeply grateful for the designated gifts we've received for the Building, Music and Endowment Funds, and for the special gift to renovate the women's

(Below is the Treasurer's Report as of Sept. 2022.)

CELEBRATING THE FEAST OF ALL SAINTS

Come join us for a festive reception on November 6 from 10:00 to 11:00 am in celebration of All Saints Day. This event will feature wonderful treats and enticing activities for children and adults! The Immigrant Welcoming Congregation (IWC) Ministry is delighted to host this intergenerational event that will draw on customs of our members from Spanish-speaking countries for celebrations at this time of the year, such as El Día de Los Muertos. **¡Todos son bienvenidos! (All are welcome!)**



— Bev Hoeffler for the IWC

bathroom. Thank you in advance for helping us to finish the year strong. November and December are historically our biggest months of the year, so your faithful commitment to completing your pledge is very much appreciated.

Team L.I.F.E (Stewardship) is ready to launch things into gear for 2023, and we'll be preparing the budget for the exciting year ahead! The complete monthly Treasurer's Report is posted next to the Vestry Board in the Gallery. If you have any questions, you can reach me at 503/490-5767 or daryl-lorcoast@gmail.com.

— Gratefully,
Daryl Cole, Vestry Treasurer

	Account Name	Period Activity	Monthly Budget	YTD Balance	Budget YTD	% of Budget YTD	Annual Budget
Income	Open Offerings	579	1,708	12,752	15,372	83	20,500
	Pledge Income	47,499	48,167	412,358	433,503	95	578,000
	Total Income	48,078	\$49,875	425,110	\$448,875	95	\$598,500
Expense							
	Total Personnel Expenses	32,814	\$32,733	287,791	\$286,489	98	\$381,784
	Total Property Expenses	2,786	\$3,300	45,121	\$40,914	110	\$54,550
	Parish Administration	1,774	\$1,978	24,724	\$17,814	130	\$23,745
	Diocese of Oregon Program DPA	9,760	\$9,760	87,840	\$87,840	100	\$117,116
	Outreach	-	\$1,041	9,400	\$9,369	100	\$12,500
	Programs	1,298	\$733	10,157	\$6,609	152	\$8,805
	Total Expense	48,432	\$49,545	465,034	\$449,035	101	\$598,500
Difference		(\$354)	\$330	(\$39,923)	(\$160)		\$0

CHILDREN & FAMILIES MINISTRY



One of the great gifts of a Godly Play classroom is that it is designed after a Montessori classroom. Young people of different ages can share the same room and learn together – not just from the teacher but often from one another.

In Godly Play, children hear sacred stories, contemplate wondering questions, choose open-ended material to work with as they process the story and, at the end of class, come together again to pray and share a “feast.” The structure of Godly Play mirrors that of our liturgy where we gather, listen, respond and are fed for the journey. Just as a church full of people with different abilities and backgrounds attend a service to experience meaningful worship, so too can young people of varying ages come together for a meaningful time of learning in a Godly Play classroom.

As the number of children attending Godly Play grows, we look forward to expanding our program to grow alongside the children. Godly Play provides an incredibly rich foundation for a young person’s spiritual journey as they become familiar with their faith tradition and the stories that enrich their understanding of their relationship with God and what it means to be the people of God. It is equally powerful for the adult leaders who spend time to learn to tell the stories by heart and from their heart to the children gathered in the circle. In this year of transition and new possibility, we look forward to learning together, celebrating our gifts, serving our community, and sharing this journey with you!

Godly Play classes meet on the lower level Sunday mornings from 10:10 to 10:50 am.

— Leslie Sackett

Associate for Ministry with Children & Families

SPANISH PROGRAM IN CUERNAVACA

Have you thought about learning to speak Spanish or refreshing the Spanish you once knew? A wonderful opportunity awaits you in a two-week Spanish-language immersion program to be offered by the Anglican Diocese of Cuernavaca, Mexico, next summer, July 29 through August 12, 2023. Deacon Marla McGarry Lawrence, who shepherded this program since its inception in 2015, has handed off the reins to Sharon Rodgers, a fellow Episcopalian and faithful participant from Eugene, Oregon.

Most participants who attend are from the Diocese of Oregon. Previous participants from St. Michael’s would be happy to share their experiences with you, including Anna Zeigler, Gillian Butler, Beverly Hoeffler, Julie Romberg, Scott Dolph+ and Deacon Marla.

OUTREACH & JUSTICE MINISTRIES

The Outreach & Justice Ministries Council has been looking at houselessness in Portland and has scheduled three forums to look at several ways of ameliorating it. First it held a forum featuring We Shine, a micro-village concept consisting of small sleeping pods with electricity and heat, and with access to a community building with bathroom, kitchen, internet access and staff who help with needed services. It is being built on land owned by Parkrose United Church of Christ, and several pods are already occupied.

The second is Bybee Lakes Hope Village, a large building with room for 300 with specific needs as well as a large staff for counseling and access to services. It accepts women with and without children as well as men. Portland Public Schools sends a bus for the children each school day.

In November, in conjunction with Hjalmer Lofstrom, we will hear from the head of Titan Freight Systems, Keith Wilson, member of Shelter Now and inveterate traveler who will share his observations and interest in other places which have found ways to manage their homeless populations.

Outside In  This year, we can again offer an Advent Giving Tree with tags for items to support

three community needs. First, Outside In has operated since 1968 as a safe place for homeless youth and, more recently, all ages to get medical care, a pharmacy, tattoo removal, behavioral-health and harm-reduction services and vaccinations in a low-barrier setting. It operates a drop-in day center for food, showers, laundry and a place to check email.

Second, the Community Transitional School sends a bus around the area to pick up those who are sleeping with relatives, in cars, or elsewhere in order to keep a semblance of regularity and safety to their school experience. The school has recently realized that their children do not have regular holiday experiences like other children, and they have incorporated those into their teaching days. Many of these children must move often, and the school tries to keep track so that their school experience can be unbroken.

Finally, refugees from Venezuela and other areas of the world have recently arrived in our area, and we will endeavor to give them some necessities they left home without.

— Lynn Baker, Susan Barnett, co-convenors

Check the flyer in the Gallery to see a full description and photos from the program. For more information or to register, please contact Sharon L. Rodgers at slrogers@comcast.net or 541/515-3925.

— Bev Hoeffler



ADVOCACY ACTION

Between services on Sunday, November 13, the Advocacy Action committee will be in the Gallery with their November action table. They will have letters to Senators Wyden and Merkley asking them to support the Global Food Security Reauthorization Act of 2022 (S.4649).

The *2022 Global Report on Food Crises* highlighted an alarming increase in acute food insecurity. Nearly 193 million people were at crisis level or worse in 53 countries as a result of intensified conflict, significant economic shocks (such as COVID-19), and some of the most severe weather in recent years. The global figure is the highest in the report's six-year history, exceeding last year's figure by 25 percent.

The bill currently in the Senate would address this crisis. It provides Congressional authorization to *Feed the Future*, a U.S. government initiative charged with combating chronic hunger and food insecurity around the world. Through this program, the U.S. government works in low-income countries to enhance agricultural development, nutrition and overall food security.

The House has already passed this bill. It is time for the Senate to do the same.

— Cheryl Braginsky

CONVENTION RESOLUTION ADOPTED

On Saturday, October 29th, at the 134th Annual Meeting of the Convention of the Episcopal Church in Western Oregon, the convention adopted Resolution 3: Resolution Supporting Oregon 2022's Statewide Measure 114 regarding gun violence, in a 242 – 7 vote. This resolution follows the 80th General Convention of The Episcopal Church's Resolution B006: Investing in State-Level Gun Violence Prevention Advocacy, which urges "dioceses of The Episcopal Church to advocate for safe gun legislation with their state governments."

With the adoption of Resolution 3, the Episcopal Church in Western Oregon, through Lift Every Voice Oregon, a non-profit organization focused on reducing gun violence in Oregon, officially "endorses and urges all diocesan institu-

IT'S IN THE BAG UPDATE

I was unable to attend the Ministry Fair last month, but I'd like to share my reasons for volunteering with *It's in the Bag* lunch program. I have always felt called to the ministry of hospitality. Helping with the Community Meal and later as leader of the Second Saturday Lunch, as well as serving as reception coordinator in many places, has given me a feeling of joy. I want to be sure that everyone feels seen and appreciated. IITB is a new way to let the people around us who are often ignored or feared know that they are cared for. Putting a prayer card in the lunch bags was suggested by Dave Reilly, and we have gotten comments from our guests that they are appreciated.

It's in The Bag started feeding people in the neighborhood in August. We are averaging about 40 guests per day. Four volunteers show up every Thursday at St. Michael's House to make sandwiches and fill lunch



bags with fruit, trail mix, a card with a prayer or inspirational thought, a Purell wipe and either a peanut butter and jelly or a meat and cheese sandwich. We have purchased some personal items to give away. We need donations of things like toothbrush and toothpaste, underwear for both men and women, and other personal items as well as donations to cover the items that we have purchased.

If you want to donate money to IITB or Burrito Love, please mark your donation for the Community Meal Ministry, or you can donate through the website. We've also given away clothing, which has gone over well. We plan to have clothes available once a month. If you want to bring items, they can be left on the table at the back of the Gallery. For more information, please contact a member of the committee or any volunteer.

Committee members are Sheri O'Brien, Dave Reilly, Beth Ilem and Lynda Moses. Hjalmer Lofstrom is the contact for Burrito Love.

— Sheri O'Brien

tions and congregations to read and consider offering support of Ballot Measure 114."

The Convention of the Episcopal Church in Western Oregon is composed of 335 delegates representing 68 faith communities in the western part of Oregon, including the cities of Portland, Salem, Eugene, Ashland, and Medford.

(This information above is from a press release sent out by the Diocese of Oregon.)

BLESSING OF THE ANIMALS

Many thanks to Interim Rector Sherman Hesselgrave and to all who participated in this year's Blessing of the Animals on October 2. We are especially grateful to Sherman Hesselgrave for the blessings and Day Tooley for these wonderful photos.



ST. MICHAEL & ALL ANGELS
EPISCOPAL CHURCH

1704 NE 43rd Avenue
Portland, OR 97213-1402

RETURN SERVICE REQUESTED

CHURCH OFFICE HOURS

10:00 am - 5:00 pm, Monday through Thursday,
9:00 am - 12:00 noon on Fridays
503/284-7141 or office@stmaa.org.

THE MESSENGER

CALENDAR HIGHLIGHTS

NOV. 6	Feast of All Saints celebrated
NOV. 13	Pledge card ingathering
NOV. 20	Outreach & Justice forum
NOV. 23 & 25	Church office closed for Thanksgiving holiday
NOV. 27	1st Day of Advent; Advent Fair; Ensemble Boulanger recital with Hannah Brewer
DEC. 11	Our Lady of Guadalupe service
DEC. 17	Las Posadas
DEC. 18	Advent Lessons & Carols
DEC. 20	Longest Night service
DEC. 24	Christmas Eve services at 4:00 (Nativity Play), 6:00, 8:00 (<i>en español</i>) & 10:30 pm
DEC. 25	Christmas Day services at 7:30 & 10:00 am

VOLUNTEERS NEEDED

The vestry leadership is looking ahead and is seeking to fill some important positions at St. Michael's. More information is forthcoming, but the following are among those positions. Please consider how you might volunteer and share your time and talent.



- Treasurer of the Vestry
- Personnel Committee
(three people needed for three-year terms)
- Endowment Committee
(three people needed for three-year terms)
- Team L.I.F.E (one person for a three-year term)
- Convention Delegate (one person for a three-year term)
- Vestry Member (six people needed, four for a three-year term and two for a one-year term)

— Rick Parker, Senior Warden

PLEASE CHECK THE WEEKLY MESSENGER/EBLAST FOR MORE INFORMATION ABOUT UPCOMING EVENTS.