

# MESSENGER

MAILED JUNE 30, 2022

#### CONTENTS

CHURCH

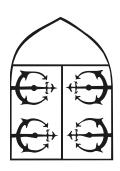
#### BELOVED.

In her work *Upstream*, the poet Mary Oliver tells us, "Attention is the beginning of devotion." A couple of weeks ago, I traveled to Topsail Island, North Carolina, for vacation with family. I walked the mid-Atlantic Ocean of my heart at sunrise, stooping to pick up shells and sea-worn stones. I was buoyed by warm waves. I watched my nephew dig holes with my brother, laughing as the water overtook their castles. Each moment felt precious – eternal and tenuous.

I found myself paying close attention to each moment, to the passing of time and tides. In and out, inhale and exhale. For that week, I found the attention I gave moved me toward devotion. To family, myself and Creation – to the great gifts God provides in small doses. I found that if I let my attention wander, it nearly always took me away toward worries, anxieties and things I cannot control.

God gives us so much to pay attention to, if we accept the holy invitations. This world is full of things that nibble at our attention, unworthy things. Not all things worthy of our attention are easy, like children building sand castles and warm ocean waves. Most often, we must pay attention to harder things like justice, mercy and suffering. These are also holy and essential to the moving of the universe.

Where our attention is, there our devotion will be, also.



Beloved, where is your attention right now? What are you devoted to? I pray that if you take a gentle audit of your life this summer, you'll make adjustments toward what actually deserves your devotion. I pray that this attention you give will be a blessing to yourself and to the world, whether it's toward beauty and Sabbath, or your baptismal vows of antiracism, inclusion and the other crosses Jesus invites us to take up.

Devotedly,

Jules+

Julia Nielsen, Transition Minister	Ext. 312	Jackie Van Anda, Bookkeeper	Ext. 320
Sherman Hesselgrave, Interim Rector for Worship/Pastoral	Ext. 313	Brian Fairbanks, Choir Director	Ext. 315
Roberto Arciniega, Associate Rector	Ext. 316	Hannah Brewer, Music Director/Organist	Ext. 315
Gloria Orellana, Office Administrator	Ext. 317	Leslie Sackett, Associate for Children & Families	Ext. 318
JT Quanbeck, Website & Livestreaming		Manuel Luna, Facilities Assistant	

#### YOUR PRAYERS ARE ASKED ...

for healing and comfort for Joe Afryl, Anabertha Alvarado, Mark Allen, Armando Cruz, Liddy Curtin, Davis Fisher+, Barack Holt Newton, Mark Jones, Caroline Litzenberger, Joan Meyerhoff, Mitch



Oglesby, Lin Robertson, Marlana Stoddard Hayes & Pat Wilson.

- + In thanksgiving for the baptisms of Mika Stanard at the Easter Vigil, April 16; Astrid Lila Puls on May 8; Jazz Antoinette Jagla on the Day of Pentecost, June 5; James Ray Jagla, also on Pentecost;
- + in thanksgiving for the XV Años of **Joceline Cortes** on June 4 and **Ashley N. Lopez** on June
  11:
- + for the repose of the soul of **Dick Huneke**, who died on March 6, and for his wife **Janet Robinson**;
- + for the repose of the soul of **Jim Livingston**, who died on March 11;
- for the repose of the soul of Evelyn Lavonne Carter, who died on March 15, and for her son Hans Carter;
- + for the repose of the soul of **Warren Peters**, who died on April 25, and for his sister **Jane Peters**;
- + for the repose of the soul of **Warren Hauser**, who died on June 6, and for his sister-in-law **Kenya Cruz**;
- + for the repose of the soul of **Tommy Green**, who died on June 11, and for his aunt **Marili Reilly**.

#### St. Michael & All Angels Fencing Project



#### THE CALLING OF THE VESTRY

The St. Michael's Vestry is called to make financial decisions on behalf of the congregation which voted for them to do so.

On Thursday, June 16, 2022, the Vestry voted to make St. Michael's House a safe place for people to use, and at the same time, to keep St Mi-



chael's property beautiful with the least restrictions possible to keep it safe.

This was due to the fact that there has been a noticeable increase in the number of houseless people sleeping and remaining on church property. Almost every day, staff and volunteers have had to be outside picking up syringes, cleaning up human feces, and noting where fires have recently occurred. Last year, the front porch of St Michael's house burned. The back porch of St Michael's house has also had numerous small fires. In addition, the chain link fence in the back of St Michael's House parking lot is only 4' high. It has been easy to jump over.

The Vestry voted to take the following step to improve the situation: Increase the lighting all around the church. This is currently in process. The plan includes replacing six current light fixtures with brighter bulbs and adding six or seven new fixtures in currently dark locations.

The Vestry also approved a plan to replace the short, 4-ft. chain-link fence on the back side of the St. Michael's House parking lot with 6-ft. high black chain-link fencing. Additional fencing will be added to provide discreet protection for the property from fire, syringes and feces. This will consist of a 6 ft. high wrought-iron gate across the driveway of St. Michael's House, a 6 ft. high black wrought-iron fence with a lockable gate between St. Michael's House and the Nativity Hall, and a 6 ft. high black-wrought iron gate across a small alcove to the right of the courtyard doors. The combination for the lock on the gates will be given to staff and others who have a reason to park in the St. Michael's House parking lot and to come in through the kitchen doors.

There will be NO fencing enclosure around the courtyard. Both the gate across the driveway and the fence between St. Michael's House and the Nativity are set well back from the street.

The total cost of the fencing is \$23,150. This was the lowest of two bids.

See drawing to the left.

— Rick Parker, Senior Warden

## MUSIC PROGRAM UPDATE FROM HANNAH BREWER

This summer, as we've moved to one main 10:00 am service and the choirs have the summer officially off, you can expect to hear a variety of soloists and instrumentalists. You'll hear some flute duets from Patti Evans and Brian Fairbanks, a clarinet solo from Emily Geoffroy (studying clarinet



performance at the University of Oregon), a piano and organ duet with Hannah and Sherman, some fine vocal solos and duets and more!

There will also be some fun pick-up choir opportunities coming up this summer. Email Hannah at hannahcbrewer@gmail.com if you are interested in joining in (if you're not already on the choir list).

If the above inspires you to seek out some more formal singing opportunities, consider joining one of our choirs in

#### TRANSITION CORNER

Over the past several weeks, the Profile Committee has gathered a great deal of information to use in writing a profile of the church. One of the objectives was to discover what qualities the congregation



of St. Michael's wanted to see in the new rector. This was accomplished through Listening Sessions, a survey that was sent to every parishioner, and the bulletin board in the Parish Hall that was available for anyone to write questions or concerns.

When the results of all this information gathering were tabulated, the ability to encourage and develop lay ministries was right in the middle of the top five. It was clear that increasing opportunities for the development of lay leadership is important to a large part of the St. Michael's congregation. How this could be accomplished remains to be seen. But a recent article written by Peter Chin that appeared in *Sojourner* magazine has some interesting ideas that parishioners might want to think about during this time of transition.

The article, which was read at a recent joint meeting of the Profile and Search Committees by Search Committee Chaplain Mary Myers, concerns the significant number of resignations by pastors in churches across the country during and following the pandemic.

the fall! The St. Michael's Singers rehearses every week on Wednesday nights September-May and sings each Sunday during the choir year, supplemented by four young professional singers. Previous choral experience and the ability to read music is recommended but certainly not required to join this group (no auditions ever!).

If you're looking for less of a commitment, the Saints & Singers Choir rehearses and sings only once per month in a more informal style, specializing in world folk music. Or, if you know a young person interested in music or singing, the Chorister youth choir will start up again in the fall as well. Contact Hannah or Brian for more information.

Speaking of opportunities for young people, join Hannah on Sunday, August 28, after the 10:00 am service for a hands-on exploration of the pipe organ! Community member Cliff Fairley (who is retired from the Portland-based Bond Organ Builders company) will also be on hand to show off some organ pipes and explain how this mysterious, mighty instrument works. We'll be sure to pull out all the stops!

Finally, you will be pleased to hear that the music program was able to raise between \$8,000 and \$9,000 at our Broadway Night fundraiser earlier in June, thanks to YOU and everyone who contributed their time, talents and/or money. These funds will help us to continue to support and inspire worship, pay our staff singers a competitive rate and enable the music program to plan, engage, and explore new avenues of growth over the next year. And YES, we already have dates for next year's Broadway Night: June 2 & 3, 2023.

- Hannah Brewer, Music Directory & Organist

"Pastors are often saddled with broad and unsustainable expectations: to teach, counsel, comfort, manage, catalyze, discipline, mop – you insert the verb, and there is someone in the church who expects the pastor to do it... The resignation of pastors isn't just about the pandemic. It's about an unhealthy paradigm of pastoring that predated the pandemic. Perhaps this disruption is an opportunity for the church to shift to a healthier model, one where more people use their God-given gifts to do what a single person was erroneously expected to accomplish alone...

"Pastors can continue to have a role of real significance but not one of dominance or saddled with unhealthy and lopsided expectations...Is this not what Christ had always intended for the church, not to be led by a priest but to be led by the priesthood of all believers?"

Something to consider as we look to the future of St. Michael's.

— Cheryl Braginsky, Communications Committee for the Transition

#### **LATINO ACTIVITIES IN DIOCESE**



The necessity for training lay leaders to be missionaries is imperative. The number of priests working with Latino Ministry at the present are few, not even the minimum necessary to attend

to the pastoral and sacramental needs of the different communities in the Diocese. For this reason, we are developing a training program—*Escuela para Ministerios*— with the ultimate goal of forming a missionary team that will work together to perform the functions of lay ministers.

Part of this process will be to combine formation with pastoral practice so that the lay person's ministry is an integral part of their formation.

In order to enter into this program, a commitment to serve in the life of their community and a commitment to serve in their home congregation will be requested. St. Michael's parishioners have been involved in the *Escuela para Ministerios* since 2017, including many who have participated since the inception of the program. Classes include theology, church history, BCP, scriptures, spirituality, and sacraments.

# UPGRADING ST. MICHAEL'S AV CAPABILITIES



A few weeks ago, I requested funds for some tech additions, upgrades and replacements for the church. Not long ago they were approved by the vestry, and last week I was quite busy adding them to the system.

One item is an additional streaming camera that is now mounted in the soffit space in front of the Narthex windows. It is a remote-controlled camera and provides another group of preset views for smoother camera movement from one scene to the next. We also replaced the original Lavalier mics we acquired when we were first streaming from a phone. They were not meant to be heavily used and were increasingly unreliable. The

new ones are professional-grade and should last for years and years.

The last item is an ADA compliant "Listening Assistance" system. As installed, this system has four sets of receivers and headphones but has the capability to add many more. We will be doing testing this week, and they should be available for use by July 3. In use, they will provide better clarity for listening to our clergy and readers during services. For the

The objectives of this program are:

- Renew our Baptismal Covenant in action Developing a lay ministry aimed at strengthening the unity, respect, and solidarity in their community and congregation.
- Congregations will have a team of Lay Missionaries committed to serve God from their culture, social, language, and expression in their settings or context.
- Enhance a congregation's strategy towards recognizing, developing, and nurturing emergent communities.
- Recognize the opportunity for dynamic growth in programs such as evangelism, stewardship, Christian formation, and different support programs.
- Padre Beto Arciniega

#### POSTCARDS FROM LATINO CAMP

Padre Beto is spending this week at Suttle Lake with Latino youth from around the Diocese of Oregon





most part, only speaking voices are amplified by our system. We use a couple of mics to enhance the choir for the streaming audience depending on the style of music and the numbers singing, but almost none of that sound finds its way through our speakers.

We should have the plaque up notifying of their availability this week as well. If you don't see it, please ask. Again, there are only four at this time as we test it out.

— JT Quanbeck

#### TENDING THE GARDEN IN CHILDREN'S MINISTRY

"THE HOLY SPIRIT IS THE GREENING POWER OF GOD.
OUR TASK IS TO BLOSSOM." HILDEGARD VON BINGEN



The quote by 12th-century mystic Hildegard von Bingen is a wonderful example of how important it is to pay attention to what is possible when we say, "I will, with God's help." As the long green growing season of the church year stretches out before us until we arrive at the first week of Advent (this year on November 28th), it's easy to imagine these green "ordinary Sundays" being less than the special Sundays in the church year when we celebrate with colors of white, blue, purple and the red-hot day of Pentecost. The gifts of The Holy Spirit live within us, not just on one day, but every day, all throughout the year – and those gifts sustain and empower us for the work God has given us to do.

I am reminded week after week, year after year, that there is no such thing as an ordinary Sunday in our Christian Formation journey. Every time we gather to share the sacred stories of our spiritual ancestors, every time we stop to listen to the heartfelt questions of our children, every time we welcome one another as a brother or sister in Christ, we tend a very special garden that has been entrusted to our care.

May the summer months be a journey of renewal and refreshment wherever your travels take you and your family. May you share the love of Christ with everyone you meet and may God's love sustain and nurture the garden you grow.

Leslie Sackett,
 Associate for Ministry with Children & Families

#### **OUTREACH & JUSTICE**



Outreach and Justice has given funds to varied ministries this year so far, with

an emphasis on differing ways to ameliorate houselessness. Our forum in March featured information about We Shine, a local group building small enclaves of low-barrier tiny houses, with neighborhood buy-in. We have been looking at Bybee Lakes and have been informed by management about what folks are best suited for the apartment-type high barrier living arrangement and the many services available to its residents. Our plan is to bring speakers from Bybee Lakes to a forum in the fall.

Other ministries receiving funds are dealing with environmental, racial-justice issues and street ministries caring for the houseless in Portland.

Meetings have all been on Zoom so far, and are at 7:00 pm every first Thursday. To join our discussions, let Lynn or Susan know and we will send you a link. All are welcome.

- Susan Barnett, Lynn Baker

#### **VOLUNTEER OPPORTUNITIES**

#### RAHAB'S SISTERS

Rahab's Sisters is a ministry offering radical hospitality and safety to women and gender-diverse individuals marginalized by poverty, houselessness, sex work, violence and substance abuse. It is housed at Sts. Peter and Paul Episcopal Church on NE 82nd, on-site every Friday evening and at other times as needed.

Opportunities to volunteer abound, some in-person offering food and friendship to drop-ins, and some in other ways – sorting, gathering, packing, gardening, shopping. Trainings for volunteers during Covid are scheduled on Zoom every second Thursday. The link is on the website https://rahabs-sisters.org/get-involved. You can get more information there.

#### NORTHEAST EMERGENCY FOOD PROGRAM

Northeast Emergency Food Program (NEFP) has been a community partner of St. Michael's for over 25 years. It continues to work to meet the urgent food needs of our Portland metro-area neighbors across the tri-county region and southwest Washington as well as those experiencing houselessness.

Covid has had a huge impact on their services, primarily in how we distribute food and how many people they serve. The method they now use allows the to serve more families in a shorter amount of time but also requires much more preparation and volunteer support.

Covid-19 has led to an exponential increase in the number of people seeking food assistance at NEFP. In 2019, they served 42,411 people. By the end of 2020, they had served over 500,000 people! Amazing volunteers make it possible for NEFP to sustain these numbers and continue to fight hunger in the community. Please check their website, https://emoregon.org/nefp/nefp-volunteer/ to learn how you can help.



#### SENIOR MOMENTS

For many years, we have celebrated our high-school graduates and other graduates in the June edition of the Messenger newsletter. This year, we are proud to include the bios of five accomplished young people from both the English- and Spanish-speaking services. We appreciate them sharing a little bit about their high-school experience and plans for the future, and we wish them well in their upcoming endeavors!

Many thanks to Christine Lentz and Susie Silva-Strommer who interviewed these young people (two by text!) and wrote up their bios.

We also want to congratulate Owain Herzog (pictured here), who graduated 8th grade from Laurelhurst with plans to attend Grant High School.



#### VIANEY GOMEZ ACOSTA

Vianey Gomez Acosta is graduating from Henrietta Lacks Health and Bioscience High School, commonly known as HeLa. HeLa is in Vancouver, Washington, and is the newest high school in the Evergreen School District. Viany attended all four years at HeLa and is graduating from their nursing program as a Certified Nursing Assistant (CNA). Viany's favorite class was nursing because she was able to get handson clinical experience working in nursing homes and helping out the residents. She added that this was a really valuable experience.

When not in school, doing her clinical rotations or studying, she helps her mom on the job at a gym in Vancouver where her two little brothers train in boxing.

In the fall, Viany will be attending Clark College to continue studying nursing. She is still undecided if she will start working once she earns her Associates Degree in Nursing or if she will continue to study at a four-year college.

Vianey has been a member of St. Michael's for the last eight years and was confirmed in 2018. She says she really likes the welcoming environment as well as the worship. She added that everyone is really nice and friendly.

We look forward to seeing what a great nurse Vianey becomes in the future.

#### ANDERSON CHAVEZ

Anderson just graduated from David Douglas High School. He lives with his mother Doris, father Marvin, sister Dayana and brother Ian.

Anderson says that going back to the classroom was the best experience at the end of high school. He was really looking forward to seeing his friends, and he also felt that learning from teachers in person was so much better than over a computer screen. He especially liked the interactions



and help that teachers offered in person.

Not until his senior year did Anderson like math, but his last teacher was so engaging and so much fun that he realized he really LIKED math! It became his favorite academic subject, thanks to his teacher. He also really enjoyed two physical education classes, *Strength and Conditioning*, and *Competitive Team Sports*. Anderson really enjoyed getting into shape using a combination of weight-training (weight-lifting and strengthening in a variety of ways) and cardio (jumping rope, running the track). He was involved in team sports which included volleyball, basketball, football, softball and soccer!

Since the age of thirteen, Anderson has been working really hard in his father's automotive-glass business and plans to continue to work with his father. He would like to have a gym membership someday, where he can stay in shape and hopefully enjoy some team sports like basketball, allowing him to socialize with his friends.

Anderson reflected on the importance of two pastors at St. Michael's, Father Gabriel (Lamazares), and Father Beto (Arciniega). He loved the way they told stories and encouraged the youth to share their own gifts. His favorite church camp experience was Latino Camp with Fr. Beto at Suttle Lake. Anderson also mentioned that he was overwhelmed with gratitude for the love and support that parishioners and clergy extended to his family, helping them in numerous ways. He just did not imagine a community would extend such support, and he felt it really helped him during very stressful times.

#### **CHARLOTTE ROBISON**

Charlotte graduated on June 4 from St. Mary's Academy. She chose St. Mary's after doing a "shadow visit" there and noticed how respectful and friendly the students were. McDaniel is her local PPS high school, (con't on the next page)

but it was being remodeled, and she decided St. Mary's was a good place for her to study. Charlotte enjoys all math courses, but this past year she really enjoyed an AP Physics class.

These academic interests have led her to plan to study mechanical engineering at OSU in the Honors College. In the future, Charlotte would like to pursue Sustainability Engineering, examining "from start to finish" processes and products that are assured to be sustainable for the environment. In addition to the sciences, Charlotte also enjoyed an advanced dance class, especially contemporary dance and choreography. She learned in a piano ensemble class how to play duets and how to accompany choirs and orchestras. She played on the McDaniel HS ultimate Frisbee team, as well as on the NYX (a city-wide gender-inclusive/female-identifying ultimate Frisbee team) which placed second in the state tournament.

Charlotte lives with her mother, Dr. Jennifer Kerns, a history professor at PSU, and her younger brother Samuel. Charlotte's father Eric works for a company which develops solar energy.

Charlotte says her academics have left her little time to participate very much at St. Michael's. However, she says her grounding was in 6th grade, when she was a part of the youth group under the leadership of the Rev. Chris Craun. She remembers the fun she had at Camp Collins



and said she was impressed with how easy it was to talk with and develop friendships with other youth. And she remembers the rope course, a great trust exercise. Charlotte says she really enjoyed watching the youth program at church evolve into a strong community.

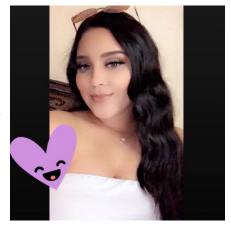
#### KIMBERLY DOMINGUEZ REYES

Kimberly Dominguez Reyes is graduating from Reynolds Learning Academy, where she attended her junior and senior years after spending her first two years at Reynolds High School. Upon graduation, Kimberly will attend Portland Community College. In college, she is considering studying to be an orthodontist assistant. Eventually, she'd also like to study cosmetology with a focus on being an esthetician and getting her license with the goal of owning her own business.

Recently, Kimberly has started working part time at Marshalls Department Store. At Marshalls, she is learning all of the different jobs, from staffing the dressing room to cashier

ing. She likes the job because it allows her to interact socially with lots of different kinds of people.

Kimberly was recently confirmed by Bishop Akiyama. She enjoys St. Michael's because of how inclusive it is. She feels like St. Michael's is accept-



ing and doesn't judge you when you can't attend something. Kimberly was raised in Portland and lives with her mom, dad and two older sisters. She also has a Pomeranian puppy! Even though Kimberly knows that a place like California probably has more opportunities for her as an esthetician, she is very close to her family and doesn't see herself leaving Portland without them. Kimberly says her parents are her biggest support system and have pushed her to pursue her dreams. She just couldn't imagine leaving them behind.

#### **CORDELIA ROUFFY**

Cordy graduated from Lincoln High School on June 5, very happy to have made it through online classes and the pandemic. Being a part of the Lincoln theater department and its choir program was the most rewarding part of her high school experience.

Cordy is so excited to extend her practice of theater as a student at California Institute of the Arts (CalArts) in the fall. She plans on investigating the local Episcopal parish in Santa Clarita, CA when she arrives.

Her favorite memories at St. Michael's are the times when everyone could gather to celebrate God, and not fear God; the Nativity plays, Broadway Nights and Liturgy of the Word took trust to happen. Cordy trusted the community, they trusted in her and together no one was afraid. She will always remember that.



Congratulations to all of the other graduates from middle school, high school, college of any level who are not included in this article. We're proud of all of you and wish you all the best next year and beyond!

### ST. MICHAEL & ALL ANGELS

**EPISCOPAL CHURCH** 

1704 NE 43rd Avenue Portland, OR 97213-1402 RETURN SERVICE REQUESTED

CHURCH OFFICE HOURS (SUMMER) 10:00 am - 3:00 pm, Monday through Thursday, 9:00 am - 12:00 noon on Fridays Best to call or email before coming over, 503/284-7141 or office@stmaa.org.

# THE MESSENGER

#### **CALENDAR HIGHLIGHTS**

JULY 3-24	Board game & jigsaw puzzle exchange and open play
JULY 31	Bilingual Worship in the Park & Parish Picnic (only service today)
AUG. 14	Recovery Sunday & Forum
AUG. 28	Organ Demo for children

PLEASE CHECK THE WEEKLY MESSENGER/EBLAST FOR MORE INFORMATION ABOUT UPCOMING EVENTS.

# RECOVERY SUNDAY AND FORUM, AUGUST 14, 2022

St. Michael & All Angels Recovery Ministry, a pastoral-care lay ministry, is celebrating recovery in sobriety with a Recovery Sunday Eucharist on Sunday, August 14.

Two St. Michael's parishioners will share their experience, strength and hope and provide witness of their journey during the sermon time. The Twelve Steps of Alcoholics Anonymous and the prayer for those suffering from addiction from our Book of Common Prayer will be included in the service

liturgy. Please join us this same Sunday as the Recovery Ministry hosts a forum to follow the 10:00 am service. We will be joined at the forum by the same parishioners who preached during the sermon. All are invited to attend. Please join us in support of those who are called to share their journey in recovery and sobriety with our parish community. This can be an opportunity for all to learn more and share in compassion, empathy, experience and fellowship.



St. Michael and All Angels Recovery Ministry exists to support those who desire a renewal of faith and life through recovery and understanding of drug, alcohol, and other addictions. Through education and trust building, we work to develop an environment where support, hope, and understanding are available to all.

God grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference. — Reinhold Niebuhr

— Kevin Warren, St. Michael's Recovery Ministry