

MAILED MARCH 4, 2022

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**BELOVED,**

We find ourselves once again at the crux of things, an intersection, a cusp. With Transfiguration Sunday just passed, we come to the end of another liturgical season. Having lived in the brightness of Epiphany, we prepare now for the holy darkness of Lent.

It may seem as though everything is at a crossroads right now, between dark and light, cold and warmth, and - yes - what was and what will be in our parish. We are in transition, there is no doubt.

Our holy texts and traditions honor these times as filled with power. The symbol of our faith is a cross, an intersection of divine and human where the powers of life and death converge to change the world. It is not a place to stay, nor are we asked to do so. But there is undeniable power in holding it with reverence, patience, and grace until God releases us for what is next. Any time we find ourselves straddling a line between the world as it was and the world as it is meant to be invites deep listening. Heartfelt presence. Tender awe.

I'm reminded of the Psalm 46:10 text, 'Be still, and know that I am God.' That is what we are invited to: to pause, to listen, and then (once we've held long enough in the waiting), to know fully. If we rush it, we will miss the beautiful gift coming toward us in the whirlwind of sheer, blinding activity.

In his letter to the church at Corinth, in a time when they were wrestling with the passing of an old way of being and facing an as-yet-unknown future, the apostle Paul reminded them: 'For now we see through a glass, darkly; but then face to face: now I know in part; but then shall I know even as also I am known.'

I hold this reminder close. I (we) don't know what will be next, but what was has already come and gone. We are assured of one absolutely, undeniably certain thing as we stand at the crossroads, waiting, however: We have been promised full knowing. Things will become clear. We'll see and be seen. All will be well, in the end. We have simply to listen to one another and to dive deep into our practices of prayer, service, and relationship. And in this crux, if we are still for a moment, an hour, a season... we will feel and know God's presence.

May you create and find space to do so this holy season, siblings.

Blessings,

Jules+

Julia Nielsen, Transition Minister	Ext. 312	Brian Fairbanks, Choir Director	Ext. 315
Sherman Hesselgrave, Interim Rector for Worship/Pastoral	Ext. 313	Hannah Brewer, Music Director/Organist	Ext. 315
Roberto Arciniega, Associate Rector	Ext. 316	Audrey Sackett, Associate for Music with Children	
Gloria Orellana, Office Administrator	Ext. 317	Leslie Sackett, Associate for Children & Families	Ext. 318
Jackie Van Anda, Bookkeeper	Ext. 320	Manuel Luna, Facilities Assistant	

## YOUR PRAYERS ARE ASKED . . .



- + for healing and comfort for **Joe Afryl, Liddy Curtin, Davis Fisher+, Christopher Foss, Lee Foss, June Gravengaard, Barack Holt Newton, Mark Jones, Caroline Litzenberger, Joan Meyerhoff, Mitch Oglesby, Thea Sanchez, Marlana Stoddard Hayes & Pat Wilson.**

*These prayers have been previously published in the Weekly Messengerleblast, but they are reprinted here for those without access to the eblast or who otherwise missed them.*

- + In thanksgiving for the baptism of **Ainsley Mae Page** on St. Michael's Day, September 26;
- + in thanksgiving for the XV Años of **Lesly Selena Carrillo Guzmán** on September 25, and **Betsy Granados** on October 30;
- + in thanksgiving for the birth of **Astrid Lila Puls**, who was born on January 21, and for her parents **Maika Horjus and Jim Puls**;
- + for the repose of the souls of **Thomas Hagar**, brother of **Cher Donnell**, who died on October 15; **Florentino I. Zurita Pas**, father of **Marcela Zurita Ruiz**; **Margaret Eunice Scruggs**, mother of **David Scruggs**; **Elizabeth Ann Jackson**, mother of **Sue McCoul**, who died on October 18; **Dwight Larry Davis**, father of **Mandy Davis**, who died on November 22; **Glen Martin**, who died on January 6; **Larry Street**, who died on January 9; **Mickey Harnage**, who died on January 24; and **Katie Reitel**, who died on February 22;
- + and for the health and safety of **the people of Ukraine**, who are standing up to Russian aggression with courage and solidarity.

## COVID PROTOCOLS RELAXING SOON

The vestry recently released a statement about the Covid protocols for the church. Part of that statement reads, "All people using the St. Michael & All Angels facility are required to be masked indoors in the facility until the local indoor mask mandate is lifted." Following the guidance of the diocese and the Governor's office, we are relaxing our masking requirement effective Saturday, March 12, and masking will be optional and honored for those that would prefer to continue to mask in group settings. Additionally, beginning Sunday, March 20, we will once again be using the chalice as the common cup for the wine during the Eucharist, in line with the direction of the diocese.

Thank you all for your patience and understanding during these difficult and confusing times.

— Rick Parker, Senior Warden

## INTERIM RECTOR FOR WORSHIP & PASTORAL CARE: A BRIEF BIO

My father was a Lutheran pastor, and my mother was a nurse. I am the eldest of four siblings. When I was 5, our parents accepted a call to be missionaries in Tanganyika (now Tanzania), East Africa. We were there for two four-year terms, with a furlough year in between back in the US. We moved back to the States permanently in 1967, and settled in suburban Pittsburgh, where my father returned to parish ministry.

I went to college in Pennsylvania, and graduate school for Library and Information Science at the University of Illinois, Champaign-Urbana. I worked for six years in the Music and Art Department of Carnegie Library in Pittsburgh, also completing a MA in Musicology. I was preparing for a career in academic music librarianship. But God has a sense of humor, and even though I never imagined ordained ministry to be in the cards, I took part in a nine-month Exploration in Ministry discernment process that resulted in my being made a postulant for Holy Orders.

I went to seminary in Berkeley, and expected to return East afterwards. But there were no openings in the Diocese of Pittsburgh, so I was released to look elsewhere, and that is how I wound up at St Michael & All Angels in the summer of 1985 as Assistant to the Rev. John Scannell. In 1989, I accepted a call to Holy Spirit on Vashon Island, in the Diocese of Olympia. That was not an entirely happy experience, and in November 1992, I accepted Bishop Ladehoff's appointment as Interim Rector of St George's in Roseburg. Through a bizarre set of circumstances, I ended up being called as rector of St George's and served there until 2003.

I returned to Portland, and for five years worked for Trinity Lutheran in Gresham as both a musician and pastor, until I was called to be the Incumbent of the Church of the Holy Trinity, Trinity Square in Toronto, Ontario, in June 2008. That required my leaving the Episcopal Church in order to serve in the Anglican Church of Canada. I retired from the Diocese of Toronto in June of 2020, and moved back to the Pacific Northwest, settling in Vancouver.

Although we are no longer married, Susan Hesselgrave and I have a daughter, Claire, who has a BFA in Acting from the University of British Columbia and an MFA in Acting from the Academy for Classical Acting at George Washington University. She is married to Sean Harris Oliver, a Canadian playwright and screenwriter. They live in Los Angeles. My domestic life is now ruled by a 13-year-old mackerel tabby named Simón.

It is a joy to be working with the St. Michael's community again, and I feel hopeful that this experiment in transition ministry might be a model for other congregations.

— Sherman Hesselgrave

## MUSIC PROGRAM UPDATE FROM HANNAH BREWER



As I reflect on my ten years at St. Michael's as of last month, I think of the shy 25-year-old who started here back in 2012, confident in her organ-playing abilities but otherwise rather quiet and nervous about her first long-term position post-grad school. These days, as I have expanded my position from Organist to Music Director & Organist, I voice my opinions, offer ideas and solu-

tions and try to remain flexible in the moment (this last was learned from Chris and James). I rely on Choir Director Brian Fairbanks for his experience, patience and expertise; but I have earned confidence in myself to organize and administer our music program so that we can honor the legacy of quality music-making while adjusting for speed bumps (like Covid) and new realities (such as addressing the disparity of under-represented composers).

I still miss Chris and James, of course, AND I am excited about the prospect of working with new clergy – learning how to adapt to different leadership styles and stepping up to make sure our music program remains consistent, flexible, creative and open to new ideas (and new music!).

Speaking of new ideas, during Lent, Brian, Leslie and I are planning on exploring the sacrament of Holy Communion with our young people as we meet most Sundays after the 11:00 am service to learn, create, sing and prepare for our Maundy Thursday service on April 14. There will be opportunities to learn to lead major parts of the service, including the readings, foot-washing, choral singing, and even bread-

making! Please reach out to Leslie Sackett if you know an interested young person (through grade 8 or so) who would like to be involved.

Also during Lent, there will be opportunities for meditative and reflective practices during weekday mornings. Please check page 8 (back page) for more information.

As for live and in-person musical events at St. Michael's, here are a couple in the coming months. Hopefully, we may be able to add more as Covid continues to come under control. The Portland Brass Quintet, for example, is indeed scheduled to join us in person on Easter morning!

**Saturday, March 26 at 4:00 pm** – Organ & harpsichord recital by Hannah Brewer. Music by J.S. and CPE Bach, Kuhnau, Frescobaldi, Sweelinck, Böhm and Ethel Smyth. Repeated in person and livestreamed on Sunday, April 3, at 4:00 pm at St. Paul's Episcopal Church in Salem (1444 Liberty St SE). Free and open to the public.



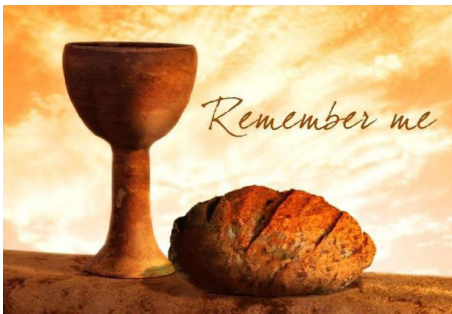
**Friday and Saturday, June 3-4 at 7:00 pm** – Broadway Night music fundraiser! In person and livestreamed in the church. No sit-down dinner but time for drinks, snacks, and dessert between acts.

Group numbers and solos from *Sister Act (The Musical)*, Monty Python's *Spamalot*, *Grease* and more, performed by St. Michael's choir members and friends. It's the entertainment event of the year, so get it on your calendar NOW!

— Hannah Brewer

## WELCOME TO GOD'S TABLE:

### A YOUNG PERSON'S GUIDE TO HOLY EUCHARIST



We are excited to announce that a brand-new class created especially for young people will be presented by Leslie Sackett, Brian Fairbanks and Hannah Brewer this Lenten Season. Students in

2nd through 8th grade are invited and encouraged to attend!

*Welcome to God's Table: A Young Person's Guide to Holy Eucharist* will meet on Sunday afternoons in the Nativity Hall

on March 6, 13, 20 and April 3rd from 12:30 to 1:30 pm.

Our gatherings will incorporate Godly Play stories, music and singing, bread-baking and more! We will explore the Circle of Holy Eucharist through an interactive learning experience that will culminate during Holy Week when class participants help provide musical and liturgical leadership for the Maundy Thursday evening service on April 14th.

Please let us know that you are coming! We look forward to creating and learning together! Contact Leslie Sackett, [leslies@stmaa.org](mailto:leslies@stmaa.org), to register or if you have any questions.

— Leslie Sackett, Associate for Ministry with Children & Families

— Brian Fairbanks, Choir Director

— Hannah Brewer, Organist & Music Director

## LIVING LENT GROUNDED IN LOVE

We continue to live in a world filled with chaos, uncertainty, fear, isolation and division. On a daily basis, we witness indifference, hatred and violence. As we begin Lent 2022, we ask:

*What do we need to survive the chaos?*

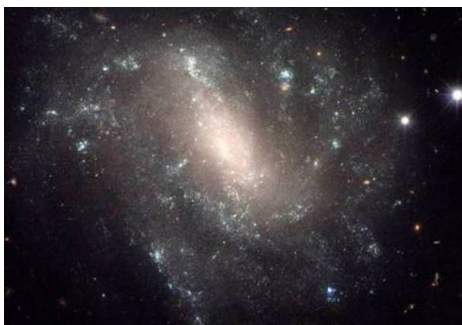
*What will ground us when we feel so uprooted?*

*What will steady us in the tossing waves?*

*What will nurture us, encourage us, heal and bless us during this Lenten Season that we might be readied to live and love more fully?*

When our first grandchild was born, I was given a refrigerator magnet that read, “Babies are bits of stardust blown from the hand of God.” I found that to be such a beautiful expression to reflect the awesome, elevated nature of each life born into this world.

Years later, I read Judy Cannato’s *Quantum Grace: Lenten Reflections on Creation and Connectedness*, in which she suggested a way to possibly reframe Ash Wednesday and our ritual of being signed on our foreheads with the words, “Remember you are dust and unto dust you shall return.” For some, the word dust reflected that we were less than we are and an invitation to humbly reflect on all that keeps us from becoming who we were created to be, to ponder what needs to change, to die within us that we might “return to God with our whole heart.” It may have seemed to many like a mark of sorrow or even shame that we carried for our faults and shortcomings as well as a call to repent through prayer, fasting and almsgiving.



We are dust to be sure – but stardust, if we are to believe what the new physics tells us.

Emerging scientific theories tell us that we are all one. We are one with the

Divine, all human beings, all creation, the entire universe. We are one with all that is living and all that has ever lived because all the matter that now exists was formed billions of years ago, and has been recycling since the beginning of time. Each of us is composed of the same matter and energy of all that has gone before us.

We are a part of but not completely separate from others and can only live through a complex set of connections and relationships. Such interdependent and mutual connections are integral to all life and woven together and sustained by the Divine Thread of Love at the heart of all creation. This is the Love that grounds our very being.

So, Lent is about more than our personal spiritual journey. We are invited to look at our beliefs, decisions and actions and how they affect not only our own life but the lives of all others. How do our choices impact our connectedness with all of creation? How do our choices bring greater peace, harmony and love into the world?

### Deny Yourself

*Abandon the illusion you're a self-contained individual.*

*Be a part of this wounded world,  
and find yourself in Christ.*

*Set aside your own desires,  
give yourself fully to others;  
be the hands and heart of Jesus.*

*Renounce self-protection,  
accept your brokenness,  
and reach out for love.*

*Let go of your own plans.  
Join in the healing of the world.  
You will not be alone.*

*Follow your soul, not your ego.  
Follow it right into people's suffering.  
Follow it right into the heart of God.*

*Pour yourself out;  
let the world pour in;  
then you are one with the Beloved.*

**by Steve Garnaas-Holmes**

What if our focus shifts a bit as we step forward to be signed with ashes this year and claim our identity as human beings with great dignity made in the image and likeness of God? What if we step forward claiming we are stardust, connected to all that is? What if we recognize this connection, reflect on it and strive to live it that it might be our guide through Lent this year? Our fasting will then consist of refusing to think of ourselves as too small or insignificant to matter. Our prayers and almsgiving will then flow out of our awareness and desire to live out the unity and love at the heart of all creation and restore hope to our broken world.

Creating hope is a collective responsibility, an act of radical neighborly love that won't let us give up during these trying times. During this Lenten Season, let us remember our immense power to change things, to be co-creators of a new more just and loving world. And who is to do this?

*You – special miraculous unrepeatable fragile fearful  
tender lost sparkling ruby emerald jewel,  
rainbow splendor person.*

*It's up to You.*

— Mary C. Myers, MEd, Spiritual Companion & Retired Chaplain

## PASTORAL CARE AT ST. MICHAEL'S

As the Interim Rector for Worship and Pastoral Care, I wanted to get up to speed with what has been happening, so we gathered some of the key players for a briefing on February 8th.

Pastoral care is like an iceberg – 10% is visible to everyone: like the sending of Eucharistic Visitors from the Sunday service, or the St Brigid's Guild offering healing prayers between the services on the second Sunday of the month. But most pastoral care takes place in more private settings: at home or in a hospital or care center, or on a Zoom call.



### *We pray for one another*

During the Prayers of the People, anyone can add intercessions or thanksgivings silently or aloud. You can also send prayer requests to Gloria Orellana in the office ([office@stmaa.org](mailto:office@stmaa.org)) or to me ([WSHesselgrave@gmail.com](mailto:WSHesselgrave@gmail.com)).

The St. Michael's Prayer Chain is a network of thirty-some members who offer prayers on behalf of the community. All prayer requests are kept confidentially by Prayer Chain members. Prayer requests can be sent to Marie Bagwell (email available in the directory) or Gloria Orellana. It would be helpful as well if people would let Marie know when someone/s should be removed from the Prayer Chain for whatever reason.

### *Keeping connected to the worshipping community*

If members are not able to attend worship and/or are homebound, a Eucharistic Visitor can bring communion from a Sunday celebration. This ministry is coordinated by Marla McGarry-Lawrence ([mmcgarrylawrence@gmail.com](mailto:mmcgarrylawrence@gmail.com)). Read more about this in the next column.

### *Prayer Shawl Ministry*

A prayer shawl is a tactile way of experiencing the prayer support of a community. These knitted or crocheted shawls are blessed and given as a gift from the community. Prayer shawls (tallitot) have been part of the Jewish tradition for a long time (see Numbers 15), where holding all four corners symbolizes holding the concerns of the whole world in your hands. Please contact Sue Harper ([jharpoon@comcast.net](mailto:jharpoon@comcast.net)) if you're interested in obtaining a prayer shawl or participating in this ministry.

### *Birthday Card Ministry*

For 35 years, Diane Walker sent birthday cards to those in the community who are 65 and older (whose birthdates we know), this ministry is now carried on by the BATs (Birthday Angel Team, formerly known as the Bulletin Assembly Team).

### *Memorial Receptions and Food Delivery Ministry*

A group of volunteers stands ready to provide receptions for funerals and memorial services, although during Covid times, we have only been able to do these out of doors. We hope that with the pandemic appearing to wane, we will once again be able to offer the bereaved family and friends a lovingly prepared memorial reception. In addition, from time to time, a person might need meals delivered following a hospital stay or other life disruption. Contact Gloria Orellana in the office to be directed to the person coordinating this ministry.

### *Other pastoral responses*

The St. Michael's community also responds in emergencies. For example, the community gathered necessities and provided care when Martha Martinez and her family lost everything in an apartment fire.

Pastoral care is also each person caring for others with a phone call or a hug, or staying connected in other ways. If you have questions about accessing pastoral care or would like to become involved with one of the ministries listed above, let us know.

— Sherman Hesselgrave

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## THE TRAVELING MERCIES OF EUCHARISTIC VISITORS

*For where two or three are gathered in my name, I am there among them.* — Matthew 18:20

Most every Sunday, near the end of communion at either the 9:00 or 11:00 liturgy, you have seen our Eucharistic Visitors approach the altar, receive a Home Communion kit and then be sent forth with these words: "You carry the prayers of us all as you take this Sacrament of Christ's presence. May those who receive it be strengthened and encouraged in the life we find together in our Lord Jesus Christ. Amen."

Eucharistic Visitors are lay persons who are licensed by the Bishop and commissioned to take communion to the sick and homebound following the principal celebrations of the Holy Eucharist on Sundays. This ministry serves an important role for our parish and our congregation to stay in communion and relationship, through the Holy Communion, with those who are unable to attend church due to illness, injury or physical incapacity.

Please contact Marla McGarry-Lawrence, our Eucharistic Visitor coordinator at 503/803-0028 or [mmcgarrylawrence@gmail.com](mailto:mmcgarrylawrence@gmail.com) if you are interested in having a Eucharistic Visitor come to your home or care center or if you might be interested in learning how to become a Eucharistic Visitor. Many thanks to all who currently serve as Eucharistic Visitors at St. Michael's: Sue Harper, Terrie Ingram, Gayle Morris, Mary Myers, Charlene Sabin, Tim Sackett and Henry Welch.

## OUTREACH & JUSTICE

Outreach & Justice Ministries, thanks to the generosity of the parish during Advent, was able to give \$690 in Target gift cards to the Refugee Care Collective for Afghan refugees coming to the Northwest with very little to make a home and settle into our neighborhoods. They were very grateful and want you to know how thankful they are for our help.

### BURRITO LOVE



Burrito Love, as a St. Michael's community outreach meal, recently received a grant from Central North-east Neighbors Coalition, which represents eight neighborhoods. CNN, in partnership with the Office of Community & Civic Life, provides small grants for community engagement. Burrito Love met the grant requirements from the start by supporting the nutri-

tional needs and resilience of the underserved, homeless and veterans, and by its volunteer involvement. That grant, plus online donations to meal ministry/Burrito Love, are helping to fund this outreach meal in 2022.

We appreciate the volunteers who have encouraged, participated, baked, cooked, donated and continue to be the angels making this meal ministry happen. We also offer a shout-out to Super Torta, owned by Kenya and Armando Cruz and operated by their son Christian, who provide the burritos at a large discount.

— Hjalmer Lofstrom

## LENTEN BOOK GROUP WITH THE IWC

One Lenten practice at St. Michael's has been to seek a deeper understanding how we can more fully live into our commitment to "Seek justice. Love Mercy. And Walk Humbly with God". With that in mind, the Immigrant Welcoming Congregation (IWC) team invites you, whether you speak English or Spanish, to participate in a Lenten book study group that will explore what it means to be "undocumented" in this country.

The book we have chosen (available in both English and Spanish) is *Dear America, Notes of an Undocumented Citizen* by Jose Antonio Vargas, a Pulitzer-prize winning journalist. Ever wondered what it is like to suddenly find out at age 16 that you can't get a driver's license because you don't have the proper paperwork? Or what it's like to climb to the top tiers of journalism while pretending to be a US citizen? This mem-

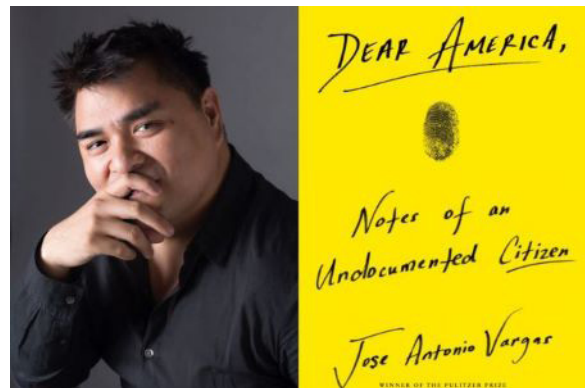
oir will give you an opportunity to reflect on what it means to belong, to be an outsider and to be a citizen.

Jose Antonio Vargas says, "This is not a book about the politics of immigration. This book—at its core—is not about immigration at all. This book is about homelessness, not in a traditional sense, but in the unsettled, unmoored psychological state that undocumented immigrants like myself find ourselves in. This book is about lying and being forced to lie to get by; about passing as an American and as a contributing citizen; about families, keeping them together, and having to make new ones when you can't. This book is about constantly hiding from the government and, in the process, hiding from ourselves. This book is about what it means to not have a home. After 25 years of living illegally in a country that does not consider me one of its own, this book is the closest thing I have to freedom."

If you don't have a copy, the English-language version will be available at St. Michael's, new copies for purchase and a small number of used copies at no cost. New and used copies are available online and from local bookstores, also. Be sure to check to see that the office is open before you stop by to pick up a copy.

Please join members of the IWC team and Fr. Beto Arciniega for five Wednesdays at noon from March 9-April 6 during Lent. The hour-long session (12:00 to 1:00 pm) will be held on Zoom. To sign up for this experience, email Gillian Butler at gibu7098@aol.com, and she will send you the Zoom link. If you have questions, please contact any member of the IWC team.

—Bev Hoeffler



### *Querida América, Notas de un ciudadano indocumentado*

"Este no es un libro sobre la política de inmigración. En realidad, no es un libro sobre inmigración en absoluto. Trata de la falta de un hogar, no en el sentido tradicional, sino en el de la inestable deriva psicológica en que nos hallamos los inmigrantes indocumentados como yo. Este libro cuenta lo que es mentir y verse obligado a mentir para sobrevivir; y cuenta lo que es pasar como estadounidense y ciudadano de pro..."

El libro en español estará disponible gratis de Padre Beto.

## ENHANCE YOUR PRAYER LIFE DURING LENT



If you're longing for more community or seeking inspiration for your prayer life during Lent, please consider being part of a small group. Our small scripture-reflection groups, which meet once a week for one hour,

are still open for new participants. Small groups meet by way of Zoom on Tuesdays at 9:30 am, on Wednesdays at 9:00 am (please note the time change from earlier publicity) and on Thursdays at 12:00 noon. These gatherings focus on the gospel reading for the upcoming Sunday and include scripture reading, reflection, sharing and prayer.

All are welcome! If you are unable to attend liturgies, this is a meaningful way to stay connected to community. If you have questions or wish to register, please email Mary Myers at [mcm Myers1@comcast.net](mailto:mcm Myers1@comcast.net).

— Mary Myers

## HISTORY SUNDAYS

### CANTERBURY TO THE PACIFIC NORTHWEST

All are welcome to attend or tune in for "History Sundays" at St. Michael's, a series of Zoom forums on the history of our church from when Christianity first reached England to the 1979 Prayer Book and beyond. The first session took place last month, but there are three more sessions in this series on the first Sundays of March, April and May. They are scheduled for the forum time between services, 10:15 to 10:55 am, and are led by the Rev. Dr. Caroline Litzenberger. All sessions will be presented on Zoom and available for later viewing.

The forums will also be presented in "hybrid" format. You may attend the presentation in the Nativity Hall in person while Caroline presents from her home via Zoom.

The remaining forum dates and subjects are as follows:

- March 6 Men (and Women) in Hats (The Reformation Begins – 1500 - 1547)
- April 3 Religious Identities (The Crown, The Church & The People – 1547 - 1603)
- May 1 Radicals, Restoration, & The American Revolution (1603 – 1779)

## WAR IN UKRAINE

### EXCERPTED FROM THE EPISCOPAL NEWS SERVICE:

"Episcopal churches in Europe and the United States are expressing solidarity with and praying for the people of Ukraine as Russian forces continue an invasion that has killed at least 136 civilians, has devastated Ukraine's two largest cities and threatens to topple the country's freely elected government.

"The Episcopal Church has been in Europe for more than two hundred years," Bishop Mark Edington of the Convocation of Episcopal Churches in Europe, said in a video message released Feb. 25. "Our churches have seen Europe's wars unfold. They've lived and endured in the midst of the destruction and depravity that war brings."

'We pray for a just peace. ... We pray that the lives of innocents and the lives of any human child of God will be spared,' Presiding Bishop Michael Curry said during the online event."



## A PRAYER FOR UKRAINE

Loving God,  
We pray for the people of Ukraine,  
for all those suffering or afraid,  
that you will be close to them and protect them.

We pray for all those with power over war or peace  
that they might do everything possible to avoid civilian  
casualties  
and strive for peace over conflict.

We pray for all world leaders,  
for compassion, strength and wisdom to guide their choices  
as they call for a just end to all civil strife.

We pray for the world  
that in this moment of crisis,  
we may reach out in solidarity  
to our brothers and sisters in need.

May we walk in your ways  
so that peace and justice  
become a reality for the people of Ukraine  
and for all the world.

Amen.

ST. MICHAEL & ALL ANGELS  
EPISCOPAL CHURCH

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Portland, OR 97213-1402

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CHURCH OFFICE HOURS

10:00 am - 5:00 pm, Monday through Thursday.  
Please call or email before coming over,  
503/284-7141 or office@stmaa.org.

# THE MESSENGER

## CALENDAR HIGHLIGHTS

MAR. 6	<b>Forum: History Sundays continue</b> <b>Welcome to God's Table begins</b>
MAR. 9	<b>Lenten Book Study begins</b>
MAR. 12	<b>Larry Street memorial service</b>
MAR. 26	<b>Hannah Brewer recital</b>
APR. 10	<b>Palm Sunday &amp; Holy Week begins</b>
APR. 17	<b>Easter Sunday</b>
APR. 23	<b>Katie Reitel memorial service</b>

## STATIONS OF THE CROSS

Padre Beto Arciniega is offering Stations of the Cross/Estaciones de la Cruz on Fridays in Lent beginning on Friday, March 4, at 7:00 pm. The Stations will be held in Spanish and will be available to watch on Zoom (ID# 462 225 0822, no pass-code needed) or on WhatsApp for those who are part of the St. Michael's Misa group. All are welcome!

PLEASE CHECK THE WEEKLY MESSENGER/BLAST FOR MORE INFORMATION ABOUT UPCOMING EVENTS.

## LENTEN DEVOTIONAL OFFERINGS



During the six weeks of Lent, there will be opportunities for meditative and reflective practices, including versions of

Morning Prayer offered by the clergy and music staff at St. Michael's every day Monday through Friday. Our Lenten devotions may take the form of informal musical offerings or more structured prayers from the BCP. Our weekly Lenten schedule will be as follows:

**Mondays:** Musical offering & reflection with Brian Fairbanks

**Tuesdays:** Morning Prayer with Rev. Sherman Hesselgrave

**Wednesdays:** Music and poetry with Hannah Brewer

**Thursdays:** Morning Prayer with Rev. Julia Nielsen

**Fridays:** A choral offering from our St. Michael's Singers

**Please find these videos on our YouTube channel, STMAA Connection, or our Facebook page, posted at 9:00 am each weekday during Lent, starting on Friday, March 4.**